Hypertension and Acute Focal Cerebral Ischemia

Infarction and Edema after Occlusion of a Middle Cerebral Artery in Cats

TORU HAYAKAWA, M.D., ARTHUR G. WALTZ, M.D., RONALD L. JACOBSON, PH.D.

SUMMARY Hypertension was produced in 8 cats by nephrectomy and wrapping the opposite kidney. Subsequent occlusion of one middle cerebral artery caused ischemic infarcts that were larger than those of 8 normotensive cats. The larger infarcts may have been caused by increases of ischemic cerebral edema resulting from changes in the cerebral endothelial barrier induced by hypertension. In addition to increasing the likelihood of strokes, hypertension in humans may predispose toward larger cerebral infarcts.

HYPERTENSION is recognized as the most important risk factor for the development of ischemic cerebral infarction in humans. Moreover, there is some evidence that in humans hypertension predisposes to cerebral infarcts that are larger and more severe than those occurring in normotensive patients. The present study is the first in which the influences of pre-existing hypertension on infarction and edema have been investigated in an experimental model of acute focal cerebral ischemia in animals.

Materials and Methods

Production of Experimental Hypertension

Eighteen unselected adult cats were used. Nine of the cats were anesthetized with sodium pentobarbital, 20 mg/kg injected intraperitoneally, and the right kidney was exposed retroperitoneally and removed. The left kidney also was exposed, and wrapped with a plastic film (Saran). After recovery from anesthesia the cats were provided with their usual food and water. No salt or adrenal corticosteroids were added.

Production of Acute Focal Cerebral Ischemia

Three to six months after nephrectomy each cat, and each of 9 additional cats used as controls, was sedated with phencyclidine hydrochloride, 1 mg/kg injected intramuscularly, and the skin over a femoral artery and vein was anesthetized with procaine hydrochloride injected in a 1% solution. Polyethylene catheters were placed through the femoral artery into the abdominal aorta and through the femoral vein into the inferior vena cava. Mean aortic blood pressure (MABP) was recorded with a strain gauge and polygraph. The cats then were anesthetized with sodium pentobarbital, 20 mg/kg injected intraperitoneally.

The left middle cerebral artery (MCA) was exposed transorbitally with the aid of an operation microscope and occluded by bipolar coagulation, except for one cat in each group in which the MCA was gently grasped with the forceps (sham operation).

Measurement of Neurologic Deficits, Infarction, and Edema

Twenty-four and forty-eight hours after MCA occlusion each cat that survived was anesthetized with sodium pentobarbital, 20 mg/kg injected intraperitoneally. Sodium pertechnetate containing 100 microcuries of technetium-99m was injected intravenously. Fifty-nine minutes later a sample of arterial blood was removed from the catheter in the abdominal aorta, and one minute after that the cat was killed by rapid exsanguination through the same catheter.

The brain was removed quickly (within 7 minutes) and two coronal sections approximately 3 mm thick were made at the levels of the tips of the temporal lobes and the medulla. The hemispheric section was cut into 38 samples weighing 10 to 50 mg (fig. 1) and the medullary section into 2 samples. Each sample was placed in a separate tared container and weighed immediately for determination of wet mass. The count rates for technetium-99m in each sample of brain and in the blood were measured in a well counter with appropriate corrections for background activity and natural decay. The samples then were heated in an oven at 60°C for 48 hours, exposed to a vacuum reaching 0.1 micron of mercury for at least 4 hours, and weighed again for determinations of dry mass. The difference between the wet weight and the dry weight of each sample was considered to be the water content, expressed as percent of wet weight. The relative concentration of pertechnetate in each sample was expressed as the brain-blood ratio, or the ratio of the count rate for technetium-99m per unit net weight of brain to the count rate per unit weight of blood.

The remaining brain tissue was fixed in a 10 percent solution of formaldehyde and histologic sections were prepared from the surfaces adjacent to the sections.
mm Hg ± 22 (standard deviation) for the hypertensive group and 134 ± 13 for the normotensive group; this difference was significant at \( P < 0.001 \).

The 8 hypertensive cats all had large infarcts. Smaller infarcts were found in 4 of the normotensive cats (fig. 1); the other 4 had large infarcts. The mean infarct size was 71.8 ± 10.4 percent in the hypertensive group and 44.6 ± 29.1 percent in the normotensive group; this difference was significant at \( P < 0.05 \) using the Welch approximation.7

Within the 2 groups there were no clear or consistent relationships between the sizes of the infarcts and preoclusion MABP. No infarcts were hemorrhagic.

Neurologic deficits were slightly more severe in the hypertensive cats, and generally in keeping with the sizes of the infarcts (table). Four hypertensive cats and 2 normotensive cats died within 48 hours of MCA occlusion.

The water content and pertechnetate content of samples from the hemispheres on the side of the occluded artery were consistently greater in the 4 hypertensive cats that survived for measurements than in the 6 normotensive cats (fig. 2). The pertechnetate content of samples from the hemispheres opposite occluded MCAs likewise was consistently greater in the hypertensive group of cats, but there were no differences in water content, or in medullary pertechnetate or water (fig. 2). Larger numbers of samples of brain were infarcted or ischemic in the hypertensive cats, accounting for the major differences that were observed. When only ischemic or only infarcted samples were compared, differences in water content and pertechnetate content did not reach statistical significance \( (P \leq 0.05) \), but the values still were consistently greater in the hypertensive group.

No relationships between pre-oclusion MABP and water or pertechnetate content were identified in either group. The distribution of increased water and pertechnetate content in ischemic hemispheres were

### Table 1: Neurologic Deficits, Graded 0 (none) to 4 (maximum)

<table>
<thead>
<tr>
<th>Size of infarct</th>
<th>24 Hours</th>
<th>48 Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hypertensive group</td>
<td></td>
<td></td>
</tr>
<tr>
<td>82.2 percent</td>
<td>Dead</td>
<td>Dead</td>
</tr>
<tr>
<td>80.5</td>
<td>Dead</td>
<td></td>
</tr>
<tr>
<td>80.1</td>
<td>Dead</td>
<td></td>
</tr>
<tr>
<td>78.5</td>
<td>1 3 2 2 3 2</td>
<td></td>
</tr>
<tr>
<td>68.7</td>
<td>3 3 1 3 3 1</td>
<td></td>
</tr>
<tr>
<td>68.7</td>
<td>4 3 2 3 3 2</td>
<td></td>
</tr>
<tr>
<td>59.7</td>
<td>2 2 2 1 1 1</td>
<td></td>
</tr>
<tr>
<td>54.6</td>
<td>Dead</td>
<td></td>
</tr>
<tr>
<td>78.5 percent</td>
<td></td>
<td></td>
</tr>
<tr>
<td>67.8</td>
<td>3 3 2 3 3 2</td>
<td></td>
</tr>
<tr>
<td>64.9</td>
<td>3 3 2 3 3 2</td>
<td></td>
</tr>
<tr>
<td>62.9</td>
<td>4 3 1 3 3 1</td>
<td></td>
</tr>
<tr>
<td>45.7</td>
<td>3 3 2 3 3 2</td>
<td></td>
</tr>
<tr>
<td>28.1</td>
<td>1 2 2 2 2 2</td>
<td></td>
</tr>
<tr>
<td>4.9</td>
<td>1 1 1 1 0 1</td>
<td></td>
</tr>
<tr>
<td>4.2</td>
<td>1 1 0 0 1 0</td>
<td></td>
</tr>
</tbody>
</table>

| C = Disturbance of Consciousness |
| W = Focal Weakness |
| F = Forced Motor Activity |

Results

The values for MABP recorded before MCA occlusion are given in figure 1. The mean MABP was 182

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*Size of infarct per cent
**MABP before occlusion, mmHg
D=Dead before 48 hours

**Figure 1.** Pre-oclusion MABP and sizes of infarcts in the hypertensive and normotensive cats. Dotted lines indicate locations of individual samples of brain.
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FIGURE 2. Mean values for water content and pertechnetate content of samples of brain from 4 hypertensive cats and 6 normotensive cats. Most large differences are due to the larger infarcts in the hypertensive cats.

related to the sizes of the infarcts (fig. 3) but not to pre-occlusion MABP.

There were no infarcts and no side-to-side differences in water content in the sham-operated cats. Pertechnetate content was slightly greater in the left hemisphere of the sham-operated cat with the nephrectomy.

Discussion

In this experimental model of acute focal cerebral ischemia in cats, pre-existing hypertension produced by unilateral nephrectomy and wrapping the remaining kidney with plastic film was associated with larger cerebral infarcts and somewhat more severe neurologic deficits. Moreover, edema and a breakdown of the blood-brain barrier to pertechnetate (perhaps bound to serum albumin\(^8\)) were greater in the hypertensive cats than in a normotensive group without nephrectomy or wrapping. The increased edema and disruption of the cerebral endothelial barrier was not due solely to the larger infarcts in the hypertensive cats; in nonischemic, ischemic, and infarcted samples of brain, water and pertechnetate content were consistently greater in the hypertensive group although the differences did not reach statistical significance perhaps because of the small number of animals.

These results indicate that hypertension modifies the cerebral endothelial barrier even in normal, nonischemic brain, and that because of this modification endothelial structures are less able to withstand the deleterious effects of ischemia to prevent the transendothelial distribution of water and larger molecules.\(^5\)\(^,\)\(^6\) Increased edema with swelling, caused by increased "leakiness" of the endothelial structures in the hypertensive cats, perhaps was responsible in part for the larger infarcts, because of increases of local tissue pressure or general intracranial pressure producing increases of vascular resistance and secondary decreases of perfusion.\(^6\)\(^,\)\(^8\)\(^,\)\(^9\) Greater decreases of regional cerebral blood flow (CBF), caused by differences in pressure-flow relationships, also may have occurred in the hypertensive as opposed to the normotensive cats after MCA occlusion.\(^1\)\(^2\) The sizes of the infarcts in the hypertensive cats were near the maximum expected from occlusion of one MCA.\(^13\)\(^,\)\(^14\)

In squirrel monkeys, nephrectomy alone without
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perhaps hemorrhagic infarction is related more
to early reperfusion of an ischemic zone than to pre-
existing hypertension.

Extension of the results of studies of experimental
models of cerebral ischemia to the clinical situations
of strokes in humans may not be fully justified or ad-
visable. However, the results of the present study
suggest that hypertension may not only increase the
likelihood of an ischemic cerebral infarct in humans,
but it may also predispose toward an increased extent
and severity of infarction.

**Acknowledgment**

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and Margaret Jordan.

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A New Model of Bilateral Hemispheric Ischemia in the Unanesthetized Rat

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SUMMARY A new model of transient, bilateral hemispheric ischemia in the unanesthetized rat is described. During ether anesthesia the rat's vertebral arteries were electrocauterized through the alar foramina of the first cervical vertebra and reversible clamps placed loosely around the common carotid arteries. Twenty-four hr later, the awake rats were restrained and the carotid clamps tightened to produce 4-vessel occlusion. The carotid clamps were removed after 10, 20 or 30 min of 4-vessel occlusion and the animals killed by perfusion fixation 72 hr later. Rats which convulsed during the ischemic period were excluded from further study. All rats subjected to 20 or 30 min of 4-vessel occlusion demonstrated ischemic neuronal damage. The HI and paramedian hippocampus, striatum and layers 3, 5 and 6 of the posterior neocortex were the regions most frequently damaged. The advantages of this model are the ease of preparation of large numbers of animals, a high rate of predictable ischemic neuronal damage, a low incidence of seizures and the absence of anesthesia.

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