Brain Tissue pH after Global Brain Ischemia and Barbiturate Loading in Rats

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SUMMARY Studies were done on rats to determine whether thiopental loading after complete, transient, global brain ischemia causes more rapid postischemic normalization of brain tissue pH. Fifteen halothane-anesthetized rats were subjected to 16 min of complete global brain ischemia by a combination of systemic arterial hypotension (40 torr) and a high pressure (1500 torr) neck cuff. Brain tissue pH was continuously monitored for up to 2 hour postischemia with microelectrodes (tip diameters of one to two ,m) inserted about 500 ,m into the parietal cortex. During ischemia, brain pH fell rapidly within the first 5 min from 7.0 to 6.2 and changed little thereafter. With restoration of arterial pressure and deflation of the neck cuff, pH did not immediately begin to rise back towards normal. Instead, after a few minutes, it transiently fell to even lower values before beginning to increase indicating increased tissue lactic acidosis when the brain is resaturated with glucose upon reperfusion. Beginning at 5 min postischemia, 7 of the 15 rats were infused with thiopental (90 mg/kg, IV over 60 min). At 30 min postischemia, brain tissue pH was similar in both groups and by 60 min, back to preischemic values. We conclude that thiopental loading postischemia does not improve normalization of brain pH. The transient decrease in brain pH with reperfusion is discussed.

Methods

Fabrication of pH Microelectrodes. Spear-type microelectrodes were fabricated according to the methods described by Hebert. Briefly, micropipettes were made from glass codes 0150 (pH sensitive) and 0120 (soft glass) (Corning Glass Works, Medfield, MA) using a double barreled microelectrode puller (Narishige, Inc., Tokoyo, Japan). The tips of the 0120 micropipettes were cut at a diameter of about 50 ,m. Sixty to 100 ,m sections of the tips of the 0150 micropipettes were lodged and heat-sealed in the 0120 micropipettes (fig. 1). Intact 0120 micropipettes were used as reference electrodes. Both pH and reference electrodes were filled by boiling in distilled, deionized water for 60 min. After cooling to room temperature, 2.5 M KCl was flushed into the microelectrodes which were then stored over distilled water. One to 2 days later, the microelectrodes were tested for pH sensitivity. Low sensitivity was usually corrected by immersion in Nochromix for several hours and a slow rotation in oxygen consumption has been suggested. Thiotpine loading after complete global brain ischemia in the rat did not improve normalization of brain Po, but a direct metabolic effect causing more rapid recovery of brain pH through a mechanism unrelated to brain oxygenation could not be excluded.

In normal brain, barbiturates increase pH and reduce lactate. The aim of this study was to determine whether postischemic thiopental loading of the rat brain subjected to 16 min complete, transient, global brain ischemia enhances normalization of brain tissue pH. Our findings show it does not.

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Figures 1 and 2. Correlation between prestudy (first calibration) and poststudy (second calibration) of pH microelectrodes. Correlation compared in terms of relative units of the first calibration to correct for variations in sensitivity between microelectrodes. pH sensitivity of the microelectrodes ranged between 55 and 65 mV/pH. The 95 percent response time of the microelectrodes was less than one second. All microelectrodes were calibrated before and after each study.

Global brain ischemia was induced by a method previously described in monkeys. Briefly, trimethaphan 0.2 mg, was injected intravenously to decrease abruptly mean arterial pressure (MAP) to 40 to 50 torr. Immediately thereafter, a high pressure neck tourniquet, loosely wrapped around the neck, was inflated to 1500 torr for 16 min. Throughout ischemia, MAP was maintained at 50 torr by manipulation of inspired halothane and positive end-expiratory pressure. After 15 min of ischemia, norepinephrine (0.016 mg/ml) was infused intravenously to restore MAP gradually to about 125 torr by the end of ischemia. All measurements were continued for up to 2 hours postischemia.

Statistical comparisons were done using t-tests for unpaired data. Unless stated otherwise, all significant differences have a p value of 0.05 or less.

Results

Physiological variables in control (table 1) and thiopental (table 2) groups were similar. PaO₂ was maintained well above 300 torr while PaCO₂ was controlled between 35 and 45 torr. A preischemic base deficit of about minus 5 mEq/l increased to minus 9 mEq/l at 15 min postischemia. Hematocrits were constant throughout the studies in both groups. Rectal temperatures were regulated at about 37°C.

Preischemia, mean brain tissue pH ranged between 7.03 and 7.06 (figs. 3, 4). A slight fall in brain pH oc-
curred with trimethaphan arterial hypotension. With ischemia (cuff on), brain pH fell rapidly and within 5 min, attained near minimum plateau levels ranging between 6.1 and 6.2. Little further decrease occurred between 5 and 16 min of ischemia.

With restoration of MAP in control rats, mean brain pH remained unchanged for the first one to 3 min, rapidly increased when MAP rose to 90 and 155 torr and continued to rise until 5 min postischemia. Between 6 and 10 min, it plateaued at about 6.5 which seemed to correlate with a slight fall in MAP from about 115 to 105 torr. A second plateau at pH 6.8 occurred between 15 and 30 min postischemia before gradually rising to or slightly higher than preischemic levels by 60 min.

In thiopental rats, MAP was 120 torr within one min after recirculation, resulting in an early increase in brain pH from 6.1 to 6.3. Between one and 10 min postischemia, brain pH plateaued at about 6.3 which again appeared to correlate with a slight transient fall in MAP as observed in the control rats. However, these transient reductions in MAP were not statistically significant ($p > 0.05$). After 10 min postischemia, brain pH increased linearly and by 60 min was back to preischemic values.

In each of the studies of both control and thiopental groups, brain pH remained unchanged for the first one to 3 min after restoration of MAP then transiently decreased by 0.2 to 0.6 pH before beginning to increase (figs. 5-7). However, these changes were not reflected in the mean data (figs. 3, 4) because of slight variations in time course in each rat.

Discussion

Whether barbiturates are beneficial in the treatment of global ischemic brain damage warrants some dis-
discussion in light of the current controversy.\textsuperscript{11, 20} Wright and Ames\textsuperscript{9} and Goldstein, Wells and Keats,\textsuperscript{10} reported that barbiturate anesthesia increased the tolerance of the cat and dog, respectively, to global brain ischemia, but their studies were criticized for the lack of monitored postischemic physiologic variables.\textsuperscript{11} Bleyaert et al\textsuperscript{8} provided 24 hour intensive care and life support for 7 days in monkeys subjected to 16 min global brain ischemia and found that thiopental loading early postinsult markedly improved neurologic recovery.

Steen and Michenfelder\textsuperscript{11} were unable to reproduce the results of Goldstein et al.\textsuperscript{10} possibly because they prevented stress-induced hyperglycemia and cerebral hypermetabolism\textsuperscript{22} with 70 percent \textsuperscript{3}O\textsubscript{2} analgesia in addition to lidocaine infiltration of surgical sites in control dogs, while Goldstein et al. used only the latter with immobilization. Glucose loading of the brain worsens neurologic deficit after cerebral ischemia anoxia\textsuperscript{2} and hypermetabolism probably accelerates pathologic changes during ischemia. The degree of neurologic damage observed by Steen and Michenfelder was less than observed by Goldstein et al. resulting in a reduction in the severity of neurologic damage between control and pentobarbital dogs. Snyder et al.\textsuperscript{20} reported that postinsult thiopental administration after asphyxial arrest in dogs failed to improve neurologic recovery. However, thiopental treated dogs suffered episodes of severe arterial hypotension with MAPs as slow as 20 torr during thiopental infusion. Also, it is likely that at 3 to 4 hours postresuscitation, the adequacy of spontaneous ventilation and maintenance of arterial pressure in thiopental dogs was less than in control dogs. For these reasons we do not believe that their study was a valid evaluation of the efficacy of thiopental in the treatment of global ischemic anoxic damage. It should also be mentioned that in our experience, dogs are much more sensitive to thiopental than monkeys, resulting in severe cardiac abnormalities with thiopental loading.

Complete global brain ischemia produced by arterial hypotension and the high pressure neck cuff was verified in the monkey\textsuperscript{19} and evaluated in the rat by visual inspection and biochemically (unpublished observations). Removal of the brain from the calvarium during neck cuff ischemia in heparinized rats revealed that blood trickled into the calvarium only when systolic arterial pressure exceeded 150 torr. Thus, an MAP between 40 and 50 torr should ensure complete ischemia. Comparison of the rate and magnitude of brain cyclic-AMP changes during global ischemia by decapitation and the neck cuff indicates that the latter produces complete ischemia. Finally, the rapid fall and plateau in brain pH indicates complete ischemia since continued perfusion would have resulted in a protracted decline.

The duration of ischemia and effects of thiopental loading in monkeys may not be comparable to their effects in rats. However, 15 min of complete global ischemia in the rat results in prolonged stupor or coma and a sustained significant decrease in brain energy charge potential with severe EEG abnormalities.\textsuperscript{21} Thus, 16 min of ischemia should result in severe neurologic dysfunction. Although unknown for thiopental, the pentobarbital requirement for surgical anesthesia in monkeys and rats is similar at 30 mg/kg IV.\textsuperscript{22} Thus, our study should reveal whether thiopental loading improves normalization of brain pH after transient global ischemia.

During one percent halothane anesthesia, brain extracellular pH was about 7.1. This value is similar to that reported by other investigators a) using microelectrodes with tip diameters of one to 5 \textmu m,\textsuperscript{4, 7} b) calculated,\textsuperscript{15, 16} c) DMO\textsuperscript{28} and d) pH indicator\textsuperscript{29} estimated brain pH values suggesting a small pH gradient across brain cell membranes. During ischemia, the fall in brain pH approximates the time course of the rise in brain lactate and fall in brain glucose and high energy phosphates.\textsuperscript{15, 30} After the first 5 min of ischemia, little further change occurred indicating that the acidosis was almost entirely due to
The transient fall in brain pH with recirculation reflects the relative permeabilities of the blood-brain barrier (BBB) to glucose and lactate and the status of brain oxidative metabolism early postischemia. The BBB is 5 to 6 times more permeable to glucose than to lactate. Recirculation rapidly resaturates the brain with glucose. It is quickly converted to lactate by activated glycolytic enzymes, causing a further fall in brain pH. The severe tissue acidosis during ischemia and early posts ischemia impedes lactate clearance from the brain, while inhibition of brain oxidative metabolism retards oxidation of accumulated lactate. When high energy phosphates and ionic homeostasis are restored, glycolytic activity falls and brain pH gradually returns to normal.

Postischemic thiopental loading did not accelerate brain pH normalization. Unless attributable to the insignificant and transient decreases in MAP, it even appeared to delay pH normalization while in normal brain it increases brain pH and reduces lactate. During ischemia, lactate rapidly accumulates due to a combination of arrested oxidative metabolism and activated glycolytic enzymes attributable to a release of ATP inhibition, activation by ADP and Na+ and K+ intracellular-extracellular shifts. With recirculation, energy charge potential is restored to 99 per-
percent of normal within 5 min postischemia. Subsequent restoration of ionic homeostasis inhibits glycolysis, phosphofructokinase activity. Barbiturates apparently only inhibit oxidative metabolism associated with neuronal activity. 11, 12 Thiopental may inhibit ATPase activity, the restoration of ionic homeostasis and, therefore, the inhibition of glycolysis. These effects may explain the delay in brain pH normalization and greater brain lactate excretion with thiopental infusion early postischemia. 12, 13 In summary, barbiturate loading after global brain ischemia does not result in more rapid normalization of brain pH. The administration of thiopental in large doses early postischemia appears to delay the normal- ization of brain pH at least in the first 30 min postischemia. In addition, our results show that the initial reaction of brain pH to recirculation following global ischemia is a further fall in brain pH presumably attributable to rapid conversion of glucose to lactate.

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