Cerebrovascular Complications Associated with Idiopathic Hypertrophic Subaortic Stenosis

ANTHONY J. FURLAN, M.D., ATANASE R. CRACIUN, M.D., NAMBURU R. RAJU, M.D.,* AND NEIL HART, M.D.*

SUMMARY One hundred fifty patients with idiopathic hypertrophic subaortic stenosis (IHSS) were followed-up for an average of 5.5 years. There were 95 males and 55 females with a mean age of 51 years. Patients usually presented with cardiac symptoms or syncope; no patient presented with stroke. Eight patients (5%) died during follow-up, all from cardiac causes. Eleven patients (7%) developed cerebrovascular complications; 5 (3%) had a stroke and 6 (4%) had TIA only. Patients with IHSS and atrial fibrillation have a much greater stroke risk. Mitral annulus calcification may also increase stroke risk in IHSS. However, stroke is almost never the presenting manifestation of IHSS, and the longterm risk of stroke for most patients with known IHSS is low.

THE LINK between mitral valve prolapse and stroke has key interest in other cardiac conditions not previously thought to increase stroke risk. In two recent studies of the role of echocardiography in the evaluation of stroke, 1, 2 no cases of asymmetric septal hypertrophy (ASH) or more severe forms of idiopathic hypertrophic subaortic stenosis (IHSS) were discovered. Nonetheless, we recently saw a patient with unexplained stroke in whom two-dimensional echocardiography revealed unexpected IHSS, and the question arose whether this was the cause of the event or a coincidental finding. Since the hemodynamic and myocardial changes associated with IHSS create potential conditions for cerebrovascular complications, we undertook this study to assess the risk of stroke in patients with this disorder.

Methods

Between 1967 and 1981, 180 patients with IHSS confirmed by cardiac catheterization were seen at the Cleveland Clinic. The catheterization criteria for diag-


From the Departments of Neurology and Cardiology,* The Cleveland Clinic Foundation, 9500 Euclid Avenue, Cleveland, Ohio 44106. Address correspondence to: Anthony J. Furlan, M.D., The Cleveland Clinic Foundation, 9500 Euclid Avenue, Cleveland, Ohio 44106. Received March 11, 1983; revision accepted June 20, 1983.

nnosis were: left ventricular hypertrophy; systolic anterior motion of the mitral valve; asymmetric septal hypertrophy; small left ventricular cavity; vigorous contraction of all wall segments. The presence of a ventricular outflow tract gradient at rest and after stimulation with isoproterenol or amyl nitrite was also recorded.

Follow-up dated from the time of cardiac catheterization and was accomplished using available medical records, telephone interviews and standardized questionnaires addressed to the patient and/or referring physician.

Results

An average follow-up of 5.5 years was achieved in 150 patients (83%). There were 95 males and 55 females with a mean age of 51 years (range, 7 months to 77 years). The clinical presentation included syncope or near syncope in 32 patients (21%), non-specific dizziness and/or lightheadedness in 31 patients (21%) and palpitations in 37 patients (25%). Two patients had a remote history of transient ischemic attacks and no patient presented with a stroke. A list of associated conditions is given in table 1. None of the patients had mural thrombus, including those with left atrial enlargement.
The IHSS subtypes were: obstructive, 135 patients (90%); nonobstructive, 13 patients (9%); simple ASH, 2 patients (1%).

Eight patients (5%) died during followup after an average interval of 3.8 years. All of the deaths were cardiac related (myocardial infarction, 4; congestive heart failure, 3; sudden death, 1). Eleven patients (7%) developed cerebrovascular complications during follow-up. Five patients (3%; 593/100,000 person years; 0.6%/year) had a stroke and 6 (4%) had transient ischemic attacks only. All of the stroke victims were men with a mean age of 49 years. It was difficult to assess other potential causes for stroke in this patient population, but a list of possible contributing factors in patients with cerebrovascular events is given in table 2.

**Discussion**

IHSS is a distinct form of non-dilated hypertrophic cardiomyopathy. It is characterized by disproportionate and asymmetric septal hypertrophy compared to the left ventricular free wall, systolic anterior motion of the mitral valve and myofibril disarray in the interventricular septum and ventricular wall.\(^1\)\(^4\) The hemodynamic features of IHSS include dynamic and variable left ventricular outflow tract obstruction which produces a systolic pressure gradient across the left ventricular outflow. The term asymmetric septal hypertrophy usually refers to the most benign end of the IHSS spectrum, although there are other cardiac conditions associated with an abnormal septal to left ventricular wall ratio.\(^5\) Autosomal dominant and sporadic forms of IHSS have been described, and there is no consistent sex predilection.

IHSS is usually diagnosed before the age of 40, although it may be more common in older age groups than previously believed.\(^6\) Patients usually present with a heart murmur, dyspnea, angina, palpitations, or syncope. Syncope is the predominant "neurologic" complication of IHSS, and reflects ventricular outflow tract obstruction resulting in global brain hypoperfusion. Focal brain infarction is not mentioned as a presenting manifestation of IHSS in any of the larger series.\(^7\)\(^8\) and none of our patients presented with stroke. Embolism is the probable mechanism of stroke in most patients with IHSS.

The natural history of IHSS has been incompletely studied, Hardarson et al\(^8\) estimated a mortality rate of 15% at 5 years and 35% at 10 years. Death was most often sudden, although one patient died from a subarachnoid hemorrhage due to a ruptured mycotic aneurysm secondary to bacterial endocarditis, and another died from cerebral embolism. We found a mortality rate of only 5% and there were no stroke-related deaths. Our 3% stroke rate agrees closely with the 2.4% rate reported by Glancy et al.\(^9\) Hardarson et al\(^8\) found a 9.2% frequency of systemic or pulmonary embolism but they did not report a separate rate for brain embolism.

Atrial fibrillation occurs in 5–10% of patients with IHSS and is associated not only with cardiac deterioration but also a markedly increased risk of stroke.\(^8\)\(^9\) Atrial fibrillation tends to develop late in the course of IHSS and is often associated with left atrial enlargement.\(^10\) One of our stroke victims had mitral valve annulus calcification in addition to atrial fibrillation. Tajik et al\(^11\) have reported a relation between mitral annulus calcification and IHSS, and a relation between isolated mitral annulus calcification and stroke has been suggested.\(^12\)

The available data suggests that echocardiographic evidence of isolated ASH should be viewed as a coincidental finding in patients with unexplained stroke, and that stroke is almost never the presenting manifestation of IHSS. Such patients should be monitored for unsuspected atrial fibrillation, but other etiologies for stroke should be avidly sought. The long-term stroke risk in most patients with known IHSS is low. However, consideration should be given to prophylactic antiplatelet or anticoagulant therapy in the IHSS subgroup with atrial fibrillation, left atrial enlargement and/or mitral annulus calcification since their stroke risk is much greater.

**References**


<table>
<thead>
<tr>
<th>TABLE 1</th>
<th>Associated Conditions in 150 Patients with IHSS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Condition</td>
<td>Patients (#/%)</td>
</tr>
<tr>
<td>Hypertension</td>
<td>43 (29)</td>
</tr>
<tr>
<td>Coronary artery disease</td>
<td>33 (22)</td>
</tr>
<tr>
<td>Left atrial enlargement</td>
<td>21 (14)</td>
</tr>
<tr>
<td>Conduction block</td>
<td>11 (7)</td>
</tr>
<tr>
<td>Atrial fibrillation</td>
<td>10 (7)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TABLE 2</th>
<th>Possible Contributing Factors among IHSS Patients with Cerebrovascular Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Factor</td>
<td>Stroke (n = 5)</td>
</tr>
<tr>
<td>Atrial fibrillation</td>
<td>2</td>
</tr>
<tr>
<td>Conduction block</td>
<td>1</td>
</tr>
<tr>
<td>Left atrial enlargement</td>
<td>1</td>
</tr>
<tr>
<td>MV regurgitation</td>
<td>1</td>
</tr>
<tr>
<td>MV annulus calcification</td>
<td>1</td>
</tr>
<tr>
<td>Hypertension</td>
<td>2</td>
</tr>
<tr>
<td>Coronary artery disease</td>
<td>0</td>
</tr>
</tbody>
</table>
Effects of Calcium Channel Blockers on Pial Vascular Responses to Receptor Mediated Constrictors

WILLIAM I. ROSENBLUM

SUMMARY Published studies have seldom examined the in vivo effect of calcium channel blockers on the contractile response of cerebral vessels to receptor mediated constrictors, and have had little success in demonstrating any effect of a single systemic dose of the channel blockers in contrast to the effects of continuous infusions. The present study examines the effect of topical norepinephrine, prostaglandin F_20 and serotonin on pial arterioles of the mouse, in the presence of locally applied channel blockers and also continuous intravascular infusion of CCB. The data not only indicate that single systemic doses can effectively alter contractile behavior of cerebral vessels to receptor mediated constrictors whose effects, alone or in combination, may be important during initiation or maintenance of cerebral vasospasm.
Cerebrovascular complications associated with idiopathic hypertrophic subaortic stenosis.
A J Furlan, A R Craciun, N R Raju and N Hart

Stroke. 1984;15:282-284
doi: 10.1161/01.STR.15.2.282

Stroke is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231
Copyright © 1984 American Heart Association, Inc. All rights reserved.
Print ISSN: 0039-2499. Online ISSN: 1524-4628

The online version of this article, along with updated information and services, is located on the
World Wide Web at:
http://stroke.ahajournals.org/content/15/2/282

Permissions: Requests for permissions to reproduce figures, tables, or portions of articles originally published in
Stroke can be obtained via RightsLink, a service of the Copyright Clearance Center, not the Editorial Office.
Once the online version of the published article for which permission is being requested is located, click Request
Permissions in the middle column of the Web page under Services. Further information about this process is
available in the Permissions and Rights Question and Answer document.

Reprints: Information about reprints can be found online at:
http://www.lww.com/reprints

Subscriptions: Information about subscribing to Stroke is online at:
http://stroke.ahajournals.org/subscriptions/