Hyposthetic-Ataxic-Hemiparesis in Thalamic Hemorrhage

ASHOK K. VERMA, D.M. AND MOOL C. MAHESHWARI, M.D.

SUMMARY Acute onset hyposthetic-ataxic-hemiparesis is described in two hypertensive patients. Computed tomography (CT) showed an area of increased attenuation consistent with blood in contra-lateral thalamus. The pathophysiologic implications of the cerebellar and pyramidal system in thalamic hemorrhage is discussed.

Report of Cases

Case 1
A 50 year old right handed man was admitted with acute onset of numbness, heaviness and shaking of right arm and leg of one day duration. There was no headache, nausea, vomiting, vertigo, diplopia or speech difficulty. Past history revealed left ventricular aneurysm following a myocardial infarction two years earlier. He was not on anticoagulation. Physical examination revealed a BP of 170/105, pulse 82 per minute, regular. No ocular or carotid bruit were heard. He was fully alert and oriented and had normal speech. Cranial nerves and fundi were normal. There was mild right hemiparesis with brisk tendon jerks and extensor plantar response. He had marked difficulty in performing finger-nose and heel-knee-shin tests on the right. There was no incoordination on the left side. Intention tremors were noted in right arm. Touch and pain sensations were reduced on the right while normal on the left side. The gait was grossly ataxic. CT scan (fig. 2) revealed a small area of high attenuation consistent with blood in left thalamus. Over the ensuing week his weakness subsided and ataxia improved. However, numbness remained unchanged at discharge one week later.

Discussion
The term 'ataxic-hemiparesis' describes a clinical picture but implies neither localisation nor pathological process. Fisher and Cole in 1965 described a clinical stroke syndrome in which the main feature was a combination of pyramidal weakness and ataxia involving the limbs on the same side. Fisher coined the term of ataxic hemiparesis after pathological studies of three cases which revealed infarct cavities in the basis pontis on the side contralateral to the pyramidal and cerebellar signs. Ataxic hemiparesis has also been described as a result of lesions in midbrain, posterior limb of internal capsule and corona radiata. The syndrome is now recognised as one of the lacunar syndromes. Yet pontine hemorrhage, leukemic infiltration, tumour and possibly demyelinating disease could also be a cause of ataxic hemiparesis. To our knowledge this is first reported account resulting from hypertensive thalamic hemorrhage, thus widening the clinical spectrum of this commonly occurring process.

The symptoms and signs resulting from thalamic disease may be categorized into disturbances of sensation, motility, vegetative and mental functions. Speech abnormalities have been described in thalamic lesions of the dominant hemisphere. Further topo-
graphic syndromes — such as posterolateral, anterolateral, and medial thalamic syndromes arising from a more discrete lesion have also been mentioned. Posterolateral thalamic lesion, often due to a vascular cause, represents the classical thalamic syndrome of Dejerine and Roussy characterized by the following features: a rapidly regressive fleeting hemiparesis, a persistent hemihypesthesia, intolerable contralateral pains, mild hemiataxic and choreoathetotic movements on the involved side. Significant vegetative and mental dysfunctions may be present in the anterolateral and the medial thalamic lesions respectively. The hemiparesis described in Dejerine and Roussy syndrome, like in our cases, is transient and remains mild to moderate. Cooper concluded that the lesion responsible for ‘thalamic pain’ must include a portion of the internal capsule or part of the parietal lobe along with the thalamic lesion. Our cases did not have a CT demonstrable lesion outside the thalamus; nor did they have ‘thalamic pain’. The characteristic extrinsic and intrinsic oculomotor abnormalities, presumably due to affection of mesencephalic centres, have also been reported to be associated with a sizeable thalamic hemorrhage. However in our cases, clinically normal oculomotor system could possibly be due to a relatively small lesion in the thalamus. On the clinical grounds, although, falling short of so called ‘classical’ thalamic hemorrhage, CT could clinch the accurate diagnosis heretofore unattainable.

In these cases, the site of lesion, CT morphology, accompanying hypertension and conspicuous sensory deficit left little doubt that this was indeed a fresh thalamic hemorrhage and coincided with the acute illness. How a thalamic hemorrhage explains the ataxic-hemiparesis is not certain, but the following formulation may apply. The cerebellofugal fibers from dentate nucleus ascend in superior cerebellar peduncle to midbrain and thalamus on its way to the cerebral cortex. At thalamic level, dentato-rubro-thalamo-cortical pathway is not far off from corticospinal tract residing in posterior limb of internal capsule. It seems, therefore, reasonable to postulate that thalamic hemorrhage, by impinging on both the pathways is responsible for the ataxia and pyramidal signs. Mild and evanescent pyramidal deficit favours this speculation. Involvement of corticopontine fibers in posterior limb of internal capsule might also contribute to the ataxia in our patients. However, pyramidal signs resulting from involvement of cerebral peduncle seems unlikely, especially when the intervening mesencephalic structures were not involved.

In our cases, as expected in a thalamic lesion, sensory deficit overshadowed the motor weakness. Such cases of hypesthetetic ataxic-hemiparesis may represent a clinicopathological entity different from that resulting from pontine lesions and perhaps from pure capsular lesions.

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**References**

Lobar Intracerebral Hemorrhage: Etiology and a Long-Term Follow-Up Study of 32 Patients

YASUFUMI TANAKA, M.D.,* MAKOTO FURUSE, M.D.,† HIDEAKI IWASA, M.D.,‡ TOSHIO MASUZAWA, M.D.,‡ KEN SAITO, M.D.,§ FUMIAMI SATO, M.D.,‡ AND YOSHIKUNI MIZUNO, M.D.*

SUMMARY Thirty-two patients with lobar hematoma were encountered during a period of six and a half years. Of these patients, 13 had arterial hypertension. 7 had other etiologies, and the remaining 12 were without apparent etiology. In 5 of these patients, cryptic angiomas were suspected from angiograms and CT scans. In one young patient, there was a later recurrence of hemorrhage that resulted in death. Our experience in this series and a review of the literature have led us to conclude that, in young normotensive patients with lobar hematoma, surgical intervention may be a reasonable consideration so that evacuation of the hematoma may be accomplished and a detailed search for small angiomatous malformations may be carried out with a view to preventing recurrences.

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Materials and Methods

This study consists of 32 patients admitted to either the neurology or neurosurgery service of Jichi Medical School Hospital during six-and-a-half-year period from September 1976 to March 1983. Hemorrhages in the basal ganglia and thalamic regions were excluded. Also excluded were patients with hematomas due to obvious cerebral trauma, hemorrhagic infarction, ruptured aneurysm, primary and metastatic brain tumors, bleeding diatheses and previously diagnosed arteriovenous malformation (AVM). One patient was initially diagnosed as having a brain tumor by CT scan, but only a hematoma was found at operation (fig. 1). This case was included in the study.

CT scans including intravenous contrast administration were performed in all patients on admission. EMI 1010 head and Toshiba 60 A body scanner were used with one cm interval from Reid’s base line to the parietal level. Cerebral angiography was performed in 28 patients, which confirmed the presence of the lesion. Angiography was also carried out with a view to preventing recurrences. Of the 32 patients, 28 were operated on. Of these, 17 underwent arteriography, usually within 4-6 hours of the onset of symptoms. The diagnosis was confirmed in 25 patients and atypical angiograms were found in 2 patients. In order to predict the site of the arterial bleeding, cerebral angiograms were performed in 28 patients with aneurysms of the vertebral artery or carotid system. This was performed in 20 patients who were later diagnosed as having a brain tumor by CT scan, but only a hematoma was found at operation (fig. 1). This case was included in the study.

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From the Departments of Neurology,* Radiology,† Neurosurgery,‡ and Pathology,§ Jichi Medical School Hospital, Tochigi 329-04, Japan.

Address correspondence to: Yasufumi Tanaka, M.D., Department of Neurology, Jichi Medical School, 3311 Yakushiji, Minamikawachi, Tochigi 329-04, Japan.
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A K Verma and M C Maheshwari

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