Endothelium-Dependent Relaxation of Canine Basilar Arteries
Part 2: Inhibition by Hemoglobin and Cerebrospinal Fluid From Patients With Aneurysmal Subarachnoid Hemorrhage

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The effects of hemoglobin and cerebrospinal fluid from patients with subarachnoid hemorrhage (CSF-SAH) on endothelium-dependent relaxation were studied. At $10^{-6}$ M, hemoglobin somewhat inhibited the endothelium-dependent relaxation induced by A23187 in rings of canine basilar artery. At $3 \times 10^{-6}$ M, it almost completely inhibited the same response. At $3 \times 10^{-6}$ M, hemoglobin did not significantly inhibit smooth muscle relaxation mechanisms as papaverine-induced relaxation was not inhibited by hemoglobin. It was also demonstrated that pretreatment of arterial rings with CSF-SAH resulted in a dose-dependent inhibition of relaxation induced by A23187. The inhibitory effect of CSF-SAH was prominent in the case in which a high oxyhemoglobin concentration was measured by spectrophotometry. Normal CSF from patients without SAH did not affect endothelium-dependent relaxation. These results suggest that hemoglobin released from lysed erythrocytes inhibits endothelium-dependent relaxation of canine basilar arteries and may also play an important role in the pathogenesis of cerebral vasospasm after aneurysmal subarachnoid hemorrhage. (Stroke 1987;18:938-943)

Delayed arterial spasm demonstrated angiographically following subarachnoid hemorrhage (SAH) is still a phenomenon of unknown cause. It has generally been accepted that some vasoactive substances in the extravasated blood might be closely associated with cerebral vasospasm. Among the many vasoconstrictors, hemoglobin has earned attention as a possible cause of spasm. Furthermore, it has been reported that lysed erythrocytes have vasoconstrictive capacity in vitro and that the breakdown product of erythrocytes may be the main factor in chronic vasospasm. Recent study suggests that hemoglobin inhibits acetylcholine (ACh)- or A23187-induced endothelium-dependent relaxation of rabbit aortas by an action that could be related to its binding of endothelium-derived relaxing factor (EDRF). This observation implies that the proposed role for hemoglobin in cerebral vasospasm may be related to its inhibition of an EDRF-dependent mechanism. Therefore, studies of the interaction of hemoglobin and EDRF in cerebral vascular preparations seem worthwhile. Although inhibitory responses to ACh are endothelium-dependent in large feline, porcine, and rabbit cerebral arteries, studies of the interaction of hemoglobin and EDRF in canine basilar arteries have not yet been reported. The present investigation was undertaken to demonstrate the effects of hemoglobin and cerebrospinal fluid (CSF) obtained from 5 patients with SAH on EDRF in canine basilar arteries.

Materials and Methods

Preparation of Basilar Rings and Tension Recording

Eleven mongrel dogs of either sex, weighing about 10 kg, were anesthetized with 30 mg/kg i.v. sodium pentobarbital and killed. After the basilar arteries were isolated from the brains, the experiments were carried out as previously described.

Clinical Materials and Assessment of Cases

Five patients with ruptured intracranial aneurysms were selected for this study; a summary of the cases is shown in Table 1. Angiography was performed within 5 days after SAH in all patients. Arterial spasm detected on angiography was classified into 3 groups according to the system of Fisher et al: 1) no vasospasm, 2) slight to moderate vasospasm, and 3) severe vasospasm. The clinical condition of the patients was graded according to the classification of Hunt and Hess. Four patients underwent craniotomy for clipping of their aneurysm; 1 underwent ventricular CSF drainage only and was treated conservatively. A lumbar CSF drainage system was placed in these patients at the time of aneurysm surgery, left there for 1–2 weeks,
Table 1. Summary of Cases With Subarachnoid Hemorrhage

<table>
<thead>
<tr>
<th>Case/age/sex</th>
<th>Clinical grade</th>
<th>Site of aneurysm</th>
<th>Vasospasm</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/49/F</td>
<td>V</td>
<td>ACoA</td>
<td>N</td>
<td>Dead</td>
</tr>
<tr>
<td>2/52/M</td>
<td>IV</td>
<td>R MCA</td>
<td>S</td>
<td>Disabled</td>
</tr>
<tr>
<td>3/69/F</td>
<td>IV</td>
<td>R VA-PICA</td>
<td>M</td>
<td>Severely disabled</td>
</tr>
<tr>
<td>4/60/F</td>
<td>IV</td>
<td>R MCA</td>
<td>S</td>
<td>Dead</td>
</tr>
<tr>
<td>5/49/M</td>
<td>III</td>
<td>ACoA</td>
<td>N</td>
<td>Excellent</td>
</tr>
</tbody>
</table>

Clinical grade according to Hunt and Hess.19 ACoA, anterior communicating artery; R, right; MCA, middle cerebral artery; VA-PICA, vertebral artery-posterior inferior cerebellar artery. N, none; S, severe; M, slight to moderate.

and then either removed or replaced by internal shunts. The outcome was described as "excellent" when the patient had no residual deficit and as "disabled" when the patient was dependent on help due to major deficits. Death resulted from rebleeding or cerebral infarction.

The CSF samples were preserved at — 20° C until used. Normal CSF samples were obtained at the time of lumbar anesthesia in a patient who was otherwise healthy.

Spectrophotometry of Cerebrospinal Fluid

To determine the concentration of oxyhemoglobin, spectrophotometry (Model U-3200 double-beam spectrophotometer, Hitachi Ltd., Tokyo, Japan) was performed on CSF from the 5 patients with SAH. The absorption spectrum was recorded between 350 and 600 nm. The results of spectrophotometry were also expressed according to the method of Kronholm and Lintrup,20 in which the concentrations of hemoglobin (methemoglobin and oxyhemoglobin) and bilirubin are estimated from absorption at 400, 412, and 480 nm.

Preparation of Hemoglobin

Bovine hemoglobin Type I, supplied by Sigma Chemical Co. (St. Louis, Mo.), contains a mixture of oxyhemoglobin and the oxidized derivative, methemoglobin. Pure hemoglobin (oxyhemoglobin) was prepared according to methods described in previous reports.11,12

Results

Effect of Hemoglobin on Endothelium-Dependent Relaxation Induced by A23187

Pretreatment of canine basilar arteries with $10^{-6}$ to $3 \times 10^{-6}$ M hemoglobin caused a dose-dependent inhibition of relaxation induced by A23187 (Figure 1). At $3 \times 10^{-6}$ M, hemoglobin significantly inhibited maximal relaxation to $16.16 \pm 11.88\%$ but did not alter the contractile responses to $3 \times 10^{-6}$ M PGF$_{2\alpha}$ (Table 2). The blockade induced with hemoglobin was not inten-

Table 2. Effect of Hemoglobin and CSF From Patients With SAH on PGF$_{2\alpha}$-Induced Contraction and A23187-Induced Relaxation in Canine Basilar Artery Rings

<table>
<thead>
<tr>
<th>Pretreatment</th>
<th>n</th>
<th>Developed tension (mg)</th>
<th>A23187-induced relaxation</th>
<th>Maximum (%)</th>
<th>pD$_{2}$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saline (control)</td>
<td>6</td>
<td>379.5 ± 88.7</td>
<td>78.51 ± 4.74</td>
<td>7.69 ± 0.19</td>
<td></td>
</tr>
<tr>
<td>$3 \times 10^{-6}$ M Hemoglobin</td>
<td>5</td>
<td>457.6 ± 90.5</td>
<td>16.16 ± 11.88*</td>
<td>—</td>
<td></td>
</tr>
<tr>
<td>SAH CSF (µl)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Case 1 (100)</td>
<td>5</td>
<td>326.5 ± 56.2</td>
<td>15.63 ± 2.96*</td>
<td>—</td>
<td></td>
</tr>
<tr>
<td>Case 2 (100)</td>
<td>5</td>
<td>467.3 ± 55.3</td>
<td>40.08 ± 6.42*</td>
<td>—</td>
<td></td>
</tr>
<tr>
<td>Case 3 (100)</td>
<td>5</td>
<td>467.4 ± 82.6</td>
<td>27.02 ± 3.59*</td>
<td>—</td>
<td></td>
</tr>
<tr>
<td>Case 4 (100)</td>
<td>9</td>
<td>510.4 ± 67.0*</td>
<td>29.12 ± 14.53*</td>
<td>—</td>
<td></td>
</tr>
<tr>
<td>Case 5 (100)</td>
<td>10</td>
<td>398.5 ± 57.3</td>
<td>57.35 ± 10.32*</td>
<td>—</td>
<td></td>
</tr>
<tr>
<td>Normal CSF (µl)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(500)</td>
<td>5</td>
<td>338.9 ± 40.7</td>
<td>72.83 ± 6.34</td>
<td>7.48 ± 0.20</td>
<td></td>
</tr>
</tbody>
</table>

SAH, subarachnoid hemorrhage; CSF, cerebrospinal fluid. PGF$_{2\alpha}$ at $3 \times 10^{-6}$ M.

*Different from control ($p<0.05$).
Relaxation

Relaxing Factor

Effect of Cerebrospinal Fluid From Patients With Subarachnoid Hemorrhage on Endothelium-Derived Relaxation Factor

The intense blockade of A23187-induced relaxation produced by hemoglobin prompted an attempt to determine whether the endothelium-dependent relaxation could be blocked by other materials, such as CSF from patients with SAH.

Pretreatment with CSF from Cases 1, 2, or 3 significantly inhibited maximal relaxation induced by A23187 without affecting the contractile responses to PGF$_2$α (Table 2). The dose–response curves for A23187 were suppressed by pretreatment with these samples of CSF (Figure 3a, b, and c).

Pretreatment with CSF from Case 4 significantly inhibited maximal relaxation induced by A23187 and significantly enhanced the contractile response to PGF$_2$α (Table 2). The dose–response curve for A23187 was also suppressed by this CSF pretreatment (Figure 3d).

Pretreatment with CSF from Case 5 significantly inhibited maximal relaxation induced by A23187 without affecting the contractile response to PGF$_2$α (Table 2). This inhibitory effect was apparently less than the effect of other CSF. The dose–response curve for A23187 was slightly suppressed by this CSF pretreatment (Figure 3e).

Pretreatment with 500 μl normal CSF did not affect the dose–response curves for A23187-induced relaxation (Figure 3f). There was no significant difference between the pD$_2$ for control (100 μl saline) and those for normal CSF (Table 2).

The amount of oxyhemoglobin in CSF estimated by the optical densities was greater in Cases 1, 3, and 4 than in Cases 2 and 5 (Figure 4). Maximal relaxation in the canine basilar artery rings pretreated with 100 μl CSF from each case is indicated in Figure 4. When Case 5 is compared with the other cases, we suggest that the important factor in the inhibition of EDRF may be the amount of oxyhemoglobin in the CSF. However, the number of patients is too small to determine a statistical significance; therefore, a correlation between the inhibitory effect of CSF from patients with SAH on EDRF and clinical outcome of the patients warrants further investigation.

Discussion

Reportedly, hemoglobin is a powerful inhibitor of the endothelium-dependent relaxation induced by Ach and A23187, as well as an inhibitor of the endothelium-independent relaxation induced by glyceryl trinitrate in rabbit aortas. Hemoglobin inhibits the stimulation of soluble guanylate cyclase in cell-free systems, and inhibition of this enzyme may be the basis for its blocking action in rabbit aortas since the increases in cyclic GMP content that normally accompany relaxation induced by Ach, A23187, and glyceryl trinitrate are abolished. The present experiments confirm that hemoglobin potentially inhibits endothelium-dependent relaxation in canine basilar artery rings. It is indeed of interest that the inhibition of endothelium-dependent relaxation by hemoglobin may be linked to cerebral vasospasm after SAH. In this regard, hemoglobin also appears to inhibit the action of a neurotransmitter of a nonadrenergic, noncholinergic nerve that relaxes certain smooth muscles in association with a rise in cyclic GMP levels. As a nonadrenergic, noncholinergic nerve appears to be present in cerebral vessels, blockade of neurotransmission by hemoglobin may also contribute to cerebral vasospasm.

Hemoglobin is also a relatively potent contractile agent in the isolated canine cerebral artery preparation. The vasoconstrictor effect of hemoglobin appears to depend on the oxidation state of the compound since ferrous hemoglobin (oxyhemoglobin) produces much greater contraction than does ferric.
hemoprotein (methemoglobin). Furthermore, oxy-
hemoglobin is a more potent inhibitor of EDRF than is
methemoglobin, suggesting that the oxidation state of
iron in the hemoprotein is important for inhibitory ac-
tivity. Therefore, we used bovine hemoglobin after
treatment with a reducing agent. It is unlikely that the
blocking action of hemoglobin is due to its vasocon-
strictive activity because pretreatment with $10^{-6}$ to
$3 \times 10^{-6}$ M hemoglobin did not affect the contractile
response to PGF$_2\alpha$ (Table 2) and because hemoglobin
did not affect relaxation stimulated by papaverine in
canine basilar arteries.

The present study demonstrates that the CSF ob-
tained from patients with SAH significantly inhibits
endothelium-dependent relaxation of canine basilar
arteries. The concentration of oxyhemoglobin in the
CSF was determined by spectrophotometry. Several
authors have demonstrated that the maximum absorp-
tion of oxyhemoglobin is near 412 nm. The greater the concentration of oxyhemoglobin, the more
inhibited the EDRF becomes (Figure 4). Although the
mechanism of this inhibition is not fully understood, it
is postulated that the release of oxyhemoglobin from
lysed erythrocytes in the CSF might be involved in the
genesis of the inhibition.

Clinically, it is well known that vasospasm is most
frequently observed in the arteries near ruptured intra-
cranial aneurysms. In addition, computed to-

cmography strongly suggests the close relation of the
incidence and location of vasospasm to the size and

![Dose-response curves showing effects of cerebrospinal fluid (CSF) from patients with subarachnoid hemorrhage on endothelium-dependent relaxation of canine basilar artery rings induced by A23187.](http://stroke.ahajournals.org/)

**Figure 3.** Dose-response curves showing effects of cerebrospinal fluid (CSF) from patients with subarachnoid hemorrhage on endothelium-dependent relaxation of canine basilar artery rings induced by A23187: a: Control (●), pretreatment with 100 µl CSF (○) from Case 1. b: Control (●), pretreatment with 100 µl CSF (○) from Case 2. c: Control (●), pretreatment with 100 µl CSF (○) from Case 3. d: Control (●), pretreatment with 100 µl CSF (○) from Case 4. e: Control (●), pretreatment with 100 µl CSF (○) from Case 5. f: Control (●), pretreatment with 500 µl normal CSF (○). *p<0.05.
distribution of subarachnoid clot.\textsuperscript{18,34} To prevent spasm, some neurosurgeons have emphasized the necessity of early surgical removal of periarterial blood clots.\textsuperscript{35,36} It has been demonstrated that oxyhemoglobin, bilirubin, and methemoglobin are the pigments that most commonly develop in colored CSF and that oxyhemoglobin appears at the onset of SAH, reaches a maximum during the first few days, and then gradually decreases.\textsuperscript{22} Moreover, it has been generally accepted that late vasospasm usually develops several days after SAH and persists for a few weeks or more.\textsuperscript{37-39} These findings may indicate that the progressive release of oxyhemoglobin from a blood clot during the hemolytic process in the subarachnoid space coincides with the time course of chronic vasospasm.

However, in most SAH patients, blood is found in the adventitia of the constricted vessels.\textsuperscript{40} This blood may be simply an indicator of extensive hemorrhage or also may be important for the pathogenesis of vasospasm.\textsuperscript{41} Zervas et al\textsuperscript{41} postulated that adventitial channels found on ultrastructural examination may act as a nutritional or waste disposal pathway in cerebral vessels. It was also demonstrated that horseradish peroxidase or tritiated leucine injected into the ventricles readily enters cerebral vessel walls via the vessel's adventitial surface and that a large molecular weight plant enzyme (horseradish peroxidase) penetrated as far as the endothelial cell basal lamina.\textsuperscript{41} Therefore, hemoglobin or other breakdown products of red blood cells may use these channels to enter the vessel wall and thus regulate EDRF.

Finally, our experiments have led us to the conclusion that hemoglobin released from lysed erythrocytes inhibits endothelium-dependent relaxation of canine basilar arteries and may be one of the causative factors for cerebral vasospasm in SAH patients.

Acknowledgment
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References

FIGURE 4. Relation between concentration of oxyhemoglobin as absorption and maximal relaxation induced by A23187. Numbers are cases.


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41. Zervas NT, Liszczak TM, Mayberg MR, Black PM: Cerebrospinal fluid may nourish cerebral vessels through pathways in the adventitia that may be analogous to systemic vasa vasorum. *J Neurosurg* 1982;56:475–481

**Key Words** • endothelium-derived relaxing factor • subarachnoid hemorrhage • hemoglobin • cerebrospinal fluid • cerebral vasospasm
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