Effect of Diabetes Mellitus on Flow-Mediated and Endothelium-Dependent Dilatation of the Rat Basilar Artery

Kenichiro Fujii, MD; Donald D. Heistad, MD; and Frank M. Faraci, PhD

Background and Purpose: Diabetes mellitus may impair endothelium-dependent responses in cerebral arterioles. The basilar artery dilates in response to increases in blood flow. The goal of this study was to examine effects of diabetes mellitus on "flow-mediated" and endothelium-dependent dilatation of the basilar artery.

Methods: Diabetes was induced in rats with 50 mg/kg streptozotocin. Six months later, vessel diameter and velocity of blood flow through the basilar artery were measured using a cranial window in anesthetized rats under baseline conditions and during occlusion of the carotid arteries. Changes in vessel diameter were also measured during topical application of acetylcholine and sodium nitroprusside.

Results: With aortic pressure maintained at baseline levels, blood flow velocity through the basilar artery increased similarly in control and diabetic rats during unilateral common carotid artery occlusion and during bilateral occlusion. In control and diabetic rats, diameter of the basilar artery increased by 10±2% and 10±4% during unilateral occlusion and by 27±5% and 31±4% during bilateral occlusion, respectively. Thus, diabetes did not impair flow-mediated dilatation of the basilar artery. In contrast, dilatation in response to 10⁻⁶ M topical acetylcholine was less in diabetic rats (13±2%) than in control rats (45±8%) (p<0.05). Dilator responses to nitroprusside were not impaired by diabetes.

Conclusions: The findings suggest that diabetes produces impairment of endothelium-dependent responses to acetylcholine, but not flow-mediated dilatation, in the basilar artery. (Stroke 1992;23:1494-1498)

KEY WORDS • acetylcholine • diabetes mellitus • endothelium • rats

Endothelium-dependent relaxation is impaired in the aorta and in pial arterioles in experimental models of diabetes mellitus.¹⁻³ Endothelial dysfunction also occurs in diabetic humans.⁴ In contrast to findings in cerebral arterioles, it has been reported that endothelium-dependent responses of the basilar artery are not impaired by diabetes.⁵

Increases in blood flow produce dilatation of blood vessels. The phenomenon of "flow-mediated dilatation" was first described in large peripheral arteries and generally appears to involve an endothelium-dependent mechanism.⁶⁻⁸ Recently, we have observed prominent flow-mediated dilatation of the basilar artery in vivo.¹⁰ The goal of this study was to examine effects of diabetes mellitus on endothelium-dependent and flow-mediated dilatation in the basilar artery in vivo. Large arteries are important resistance vessels in the brain.¹¹

Based on a previous study of cerebral arterioles,² we anticipated that endothelium-dependent responses of the basilar artery might be impaired during diabetes. If flow-mediated vasodilatation is endothelium-dependent, we expected that vasodilator responses to increases in blood flow might also be impaired in diabetic rats. Alternatively, responses of the basilar artery to increases in blood flow might be normal during diabetes if flow-mediated dilatation is not mediated primarily by an endothelium-dependent mechanism.¹²

Materials and Methods

Induction of Diabetes

Diabetes was induced in seven 2-month-old male Sprague-Dawley rats weighing 300–350 g with 50 mg·kg⁻¹ i.p. streptozotocin. Six rats injected with vehicle were used as normal controls. Blood glucose level was determined using the hexokinase method (Hitachi 737, Tokyo, Japan). All rats injected with streptozotocin had a blood glucose level of >300 mg/dl on the day of the experiment.

Animal Preparation

Approximately 6 months after injection of streptozotocin or vehicle, the rats were anesthetized with 50 mg·kg⁻¹ i.p. pentobarbital. The tracheas were cannula-
lated, and the animals were ventilated mechanically with room air and supplemental oxygen. Skeletal muscle paralysis was produced after surgery with 5–10 mg·kg⁻¹ gallamine tri chordide. Supplemental anesthesia was administered intravenously on a regular basis. Because the rats were paralyzed, we evaluated them approximately every 30 minutes for adequacy of anesthesia. When pressure to a paw evoked a change in blood pressure or heart rate, additional anesthesia was administered. On a body-weight basis, similar doses of supplemental anesthesia were administered in control and diabetic rats (20±1 [mean±SEM] and 23±2 mg·kg⁻¹·hr⁻¹, respectively).

Catheters were placed in both femoral arteries to measure systemic arterial pressure and to obtain arterial blood samples. A femoral vein was cannulated for infusion of drugs. Arterial blood gases were monitored and maintained within normal limits and were similar in control and diabetic rats: Pco₂ was 41±2 mm Hg, PaO₂ was 152±11 mm Hg, and arterial pH was 7.41±0.02 in control rats; values were 37±1 mm Hg, 161±16 mm Hg, and 7.46±0.01, respectively, in diabetic rats. Rectal temperature was monitored and maintained at 37°C with a heating pad. Both common carotid arteries were exposed through a ventral midline incision in the neck, separated from the vagosympathetic trunks, and loosely encircled with sutures for later occlusion.

A craniotomy was prepared over the ventral brain stem as described in detail previously, and a portion of the dura mater was opened. The cranial window was suffused with artificial cerebrospinal fluid (CSF) warmed to 37°C and bubbled continuously with a gas mixture of 5% carbon dioxide and 95% nitrogen to produce normal levels of pH and PaCO₂. Gases and pH in CSF sampled from the craniotomies were similar between control and diabetic rats: Pco₂ was 35±2 mm Hg, PaO₂ was 96±4 mm Hg, and pH was 7.44±0.02 in control rats; values were 37±1 mm Hg, 89±3 mm Hg, and 7.40±0.02, respectively, in diabetic rats. Diameter of blood vessels was measured using a microscope equipped with a television camera coupled to a video monitor and image-shearing device (model 908, Instrumentation for Physiology and Medicine, Inc., San Diego, Calif.). The images were recorded on videotape for later analysis. With this system, the standard deviation of 10 consecutive measurements of a basilar artery with a diameter of approximately 250 μm was <2.0 μm.

Velocity of blood flow through the basilar artery was measured with a method described in detail previously. Briefly, a pulsed Doppler crystal (0.3x0.4 mm) was placed perpendicularly next to the basilar artery using a micromanipulator. The crystal was rotated until a maximum Doppler shift was obtained. The Doppler shift is proportional to the velocity of blood flow. Under baseline conditions, the Doppler output in millivolts was not different in control and diabetic rats (342±96 and 372±66 mV, respectively).

### Experimental Protocol

Vessel diameter and velocity of blood flow through the basilar artery were measured under baseline conditions, during unilateral common carotid artery occlusion, during bilateral occlusion, and after recovery from occlusion. Velocity of blood flow through the basilar artery increases with no detectable delay after unilaterial and bilateral occlusion. Diameter of the basilar artery increases after a delay of 10–15 seconds after the onset of an increase in blood flow velocity. As we have done previously, systemic arterial pressure was maintained at baseline levels by withdrawal of arterial blood.

Changes in diameter of the basilar artery in response to topical application of 10⁻⁴ to 10⁻³ M acetylcholine and 10⁻⁴ to 10⁻⁸ M sodium nitroprusside were also examined. Drugs were dissolved in saline and superfused over the craniotomy by adding them to the constantly flowing artificial CSF. Saline vehicle did not significantly alter vessel diameter. Steady-state responses to the agonists were reached within 1–2 minutes after application, and recordings were started 3 minutes after application.

### Statistical Analysis

All values are expressed as mean±SEM. An unpaired t test was used for comparison of the responses in diabetic and control rats; p<0.05 was considered to be significant.

### Results

#### Baseline Conditions

Blood glucose concentration was higher and body weight was lower in diabetic rats than in control rats (Table 1). We did not observe lesions on the skin of diabetic rats. The fur of diabetic rats was consistently soiled, perhaps because the animals were polyuric. Some diabetic rats appeared to have cataracts. Behavior of both groups of animals appeared similar. Mean arterial pressure tended to be higher in diabetic rats, but the values were not significantly different (p>0.05).

#### Responses to Carotid Artery Occlusion

Baseline diameter of the basilar artery was slightly greater in diabetic rats (260±9 μm) than in control rats (233±6 μm, p<0.05 versus diabetic). Velocity of blood flow through the basilar artery and diameter of the basilar artery increased in a graded manner during unilateral and bilateral occlusion in both control and diabetic rats (Figure 1). There were no significant differences in changes in flow velocity or diameter between control and diabetic rats. Systemic arterial pressure was maintained at baseline levels during carotid artery occlusion. These findings suggest that dilatation of the basilar artery in response to increases in blood flow is not impaired during diabetes.

#### Responses to Agonists

Acetylcholine produced dilatation of the basilar artery in both control and diabetic rats, but the dilatation

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Control (n=6)</th>
<th>Diabetic (n=7)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean arterial pressure (mm Hg)</td>
<td>114±7</td>
<td>129±4</td>
</tr>
<tr>
<td>Blood glucose (mg/dl)</td>
<td>141±5</td>
<td>487±29*</td>
</tr>
<tr>
<td>Body weight (g)</td>
<td>647±58</td>
<td>412±39*</td>
</tr>
</tbody>
</table>

Values are mean±SEM. p<0.05 versus control.
was significantly less in diabetic rats \((p<0.05)\) (Figure 2). Nitroprusside produced similar dilatation of the basilar artery in control and diabetic rats \((p>0.05)\) (Figure 3). The findings indicate profound impairment of dilator responses of the basilar artery to the endothelium-dependent agonist acetylcholine in diabetic rats.

**Discussion**

There are two major new findings in the present study. First, diabetes mellitus is not associated with impairment of flow-mediated dilatation of the basilar artery. Second, diabetes produces profound impairment of responses of the basilar artery to the endothelium-dependent agonist acetylcholine, but not to the endothelium-independent agonist sodium nitroprusside. These findings suggest that diabetes produces a selective defect in endothelium-dependent responses to acetylcholine without impairing dilator response of the basilar artery to increases in blood flow.

**Consideration of Method**

We used streptozotocin to induce diabetes. This experimental model has been widely used to examine physiological alterations during diabetes, including studies of pial arterioles in rats and mice. Although control and diabetic rats had similar body weights initially, diabetic animals gained weight at a slower rate than control animals. As a result, body weight at the time of study was approximately one third lower in diabetic rats than in control rats. We assume that differences in vascular responses in the two groups of animals in this study were due to the presence of diabetes, but we cannot exclude a nonspecific effect of illness.

**Responses to Acetylcholine**

Studies of systemic arteries and cerebral arterioles have demonstrated impairment of endothelium-dependent responses by diabetes. Endothelial dysfunction may also occur in diabetic humans. In studies of cerebral arterioles, vascular responses to endothelium-independent agonists were preserved during diabetes, suggesting that there is selective impairment of endothelial function.

The present study is the first to examine the effect of diabetes on responses of the basilar artery to an endothelium-dependent agonist in vivo. Dilatation of the basilar artery in response to acetylcholine is dependent on production of an endothelium-derived relaxing factor (nitric oxide or a nitric oxide-containing substance) in vivo. The finding in this study that dilator responses of the basilar artery to acetylcholine are reduced during diabetes extends the previous finding that dilatation of pial arterioles in response to endothelium-dependent agonists is impaired by diabetes. In addition, recent findings suggest that increases in cerebral blood flow in response to intravascular administration of muscarinic agonists, which presumably release endothelium-derived relaxing factor, are impaired during diabetes.

Responses of the basilar artery to the endothelium-independent agonist sodium nitroprusside were not altered significantly during diabetes. This finding excludes the possibility that diabetes produces nonspecific impairment of dilator responses of the basilar artery. Similar responses of the basilar artery to sodium nitroprusside in control and diabetic rats suggest that activity of guanylate cyclase and responsiveness of vascular
smooth muscle to nitric oxide are not altered during diabetes.

Removal of endothelium or inhibition of synthesis of endothelium-derived relaxing factor tends to increase responsiveness of the basilar artery to sodium nitroprusside.\textsuperscript{17,18} The finding that responses of the basilar artery to nitroprusside during diabetes were not increased but tended to be reduced suggests that there may have been modest impairment of guanylate cyclase.

Endothelium-dependent relaxation of the rabbit basilar artery to substance P is not altered by alloxan-induced diabetes.\textsuperscript{5} The explanation for the conflicting findings in the previous\textsuperscript{5} and present study is not clear but may relate to species differences, use of different endothelium-dependent agonists, differences in the duration of diabetes (10 weeks versus 6 months), or methodological differences (in vitro versus in vivo). In addition, because only a single high concentration of substance P was used in the previous study,\textsuperscript{5} it is possible that the concentration was supramaximal and relaxation of the basilar artery is impaired to lower concentrations of the peptide.

Mechanisms that account for impairment of responses of the basilar artery to acetylcholine during diabetes are not clear. In some studies, including one of cerebral arterioles, impairment of endothelium-dependent responses appears to be related to production of an endothelium-derived cyclooxygenase constrictor substance that activates a prostaglandin H\textsubscript{2}/thromboxane A\textsubscript{2} receptor.\textsuperscript{2,3} Other recent findings suggest that accumulation of superoxide anion, which inactivates endothelium-derived relaxing factor, may account for impairment of endothelium-dependent responses.\textsuperscript{19} The findings that impairment of endothelium-dependent responses in this model of diabetes can be restored essentially to control with indomethacin or superoxide dismutase\textsuperscript{2-19} suggest that a specific vascular defect involving endothelium is responsible for altered responses to acetylcholine. We cannot exclude the possibility that alterations in responses to acetylcholine are due to a nonspecific effect of illness.

A recent study suggested that impairment of endothelium-dependent responses during diabetes is due to accumulation of advanced glycosylation products that inactivate nitric oxide.\textsuperscript{20} This mechanism appears to be a post-endothelial cell defect because responses to nitroglycerin, which relaxes smooth muscle by generation of nitric oxide, were also impaired.\textsuperscript{20} The finding that responses to sodium nitroprusside, which releases nitric oxide, were not impaired in the present study suggests that this mechanism is not a major contributor to impairment of responses of the basilar artery to acetylcholine during diabetes.

Baseline diameter of the basilar artery was approximately 10% greater in diabetic rats than in control rats. The reason for this difference in vessel size is not clear. Rubin and Bohlen\textsuperscript{21} have observed that baseline diameter of pial arterioles is larger in diabetic rats than in control rats. We considered the possibility that responses of the basilar artery to vasodilators might be reduced in diabetic animals because baseline diameter is larger. Dilatation of the basilar artery to sodium nitroprusside, however, was not impaired in diabetic rats.

Responses to Increases in Blood Flow

Endothelial cells appear to sense changes in shear stress or blood flow,\textsuperscript{6,9,22} but the role of endothelium in flow-mediated dilatation is controversial. Endothelium-derived relaxing factor appears to play a crucial role in the response to an increase in flow in the aorta and some large extracranial arteries.\textsuperscript{9,23,24} In the cremaster microcirculation, endothelium-derived relaxing factor does not appear to mediate dilator responses to increases in blood flow.\textsuperscript{25} In the rabbit ear artery studied in vitro,\textsuperscript{12} approximately half of flow-mediated relaxation still occurs after removal of endothelium.

Mechanisms that account for flow-mediated dilatation of the basilar artery are not clear. Because branches of the basilar artery do not dilate during increases in blood flow velocity,\textsuperscript{10} it is unlikely that ischemia or ascending dilatation contribute to increases in diameter of the basilar artery. Flow-mediated dilatation of the basilar artery does not appear to be dependent on production of endothelium-derived relaxing factor or activity of cyclooxygenase.\textsuperscript{10} In the present study, flow-mediated dilatation was preserved while dilator responses to acetylcholine, which produces dilatation by release of endothelium-derived relaxing factor,\textsuperscript{15} was profoundly impaired. These findings suggest strongly that different mechanisms mediate responses of the basilar artery to increases in blood flow and to acetylcholine. Responses of the basilar artery to increases in blood flow may nevertheless be endothelium-dependent, perhaps involving activation of a potassium channel.\textsuperscript{22}

Implications

Flow-mediated dilatation appears to minimize the drop in perfusion pressure that occurs along large cerebral arteries during increases in blood flow.\textsuperscript{10} Thus, preservation of flow-mediated dilatation of large cerebral arteries during diabetes indicates that an important homeostatic mechanism is not impaired.

The functional importance of impairment of agonist-induced endothelium-dependent responses of cerebral blood vessels during diabetes is not clear. One role for endothelium-derived relaxing factor under normal conditions may be to inhibit contractile responses of blood vessels in response to platelet products such as serotonin and thromboxane that are released during aggregation.\textsuperscript{26} Inhibition of synthesis of endothelium-derived relaxing factor augments constrictor responses of large cerebral arteries to serotonin.\textsuperscript{27} We speculate that impaired endothelium-dependent responses of the basilar artery may contribute to the increased incidence of stroke during diabetes mellitus.

References

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**Editorial Comment**

Circulating blood exerts continuous directional shear stress on vascular endothelial cells. This physical force is a potent vasodilator, and a number of in vitro and in vivo studies have demonstrated that flow-induced vasodilatation is mediated by activation of endothelial cells. In peripheral arteries shear stress may stimulate endothelial production of prostacyclin and/or endothelium-derived relaxing factor (EDRF), causing vasodilatation.1

The study by Fujii and colleagues demonstrates that in an experimental model of diabetes mellitus, flow-induced vasodilatation of cerebral arteries is preserved, whereas endothelium-dependent relaxations to acetylcholine are impaired. Previous studies from the same group provided evidence that flow-induced vasodilatation in cerebral arteries appears to be independent of EDRF or prostacyclin production. In contrast, the inhibitory effect of acetylcholine is mediated by activation of the endothelial L-arginine pathway and production of nitric oxide or closely related molecule (EDRF). These observations imply that different mechanisms must be responsible for flow- and agonist-induced dilatation of cerebral arteries. Furthermore, it appears that the endothelial L-arginine pathway is selectively impaired by diabetes mellitus. However, the cellular sequence of events leading to this impairment is unknown. In peripheral arteries, a high concentration of circulating glucose may lead to activation of endothelial protein kinase C, with subsequent impairment of agonist-induced endothelium-dependent relaxations.2 The protein kinase C hypothesis needs to be tested in cerebral arteries. Further studies should also focus on the mechanisms responsible for flow-induced vasodilatation as well as the cellular effects of high concentrations of glucose on cerebral arterial endothelial cells. These experiments will clarify the nature of selective endothelial dysfunction, which may be the major underlying factor in increased incidence of cerebral vascular disease in diabetes.

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