A Phenothiazine Derivative Reduces Rat Brain Damage After Global or Focal Ischemia

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Background and Purpose: We previously reported that 2-(10H-phenothiazin-2-yl)-N,N-dimethylethanolamine hydrochloride is a potent inhibitor of iron-dependent lipid peroxidation in vitro and can protect primary cultures of rat hippocampal neurons from hydrogen peroxide–induced toxicity. Because oxidants may play an important role in mediating postischemic tissue injury, we evaluated this agent in two rat models of transient cerebral ischemia.

Methods: In a model of global forebrain ischemia, 23 male Wistar rats were subjected to 10 minutes of four-vessel occlusion followed by 72 hours of reperfusion. The rats received three intraperitoneal injections of either vehicle (2% aqueous acacia) or test agent (40 mg/kg). In a model of focal stroke, 19 spontaneously hypertensive rats were subjected to 2 hours of tandem middle cerebral and ipsilateral common carotid artery occlusion followed by 24 hours of reperfusion. The rats received three intraperitoneal injections of either vehicle (2% aqueous acacia) or test agent (40 mg/kg).

Results: In the global model, the phenothiazine significantly protected the CA1 layer of the hippocampus, with a reduction in mean damage score from 2.1 ±0.3 for control rats to 1.0±0.4 for treated rats (p<0.05). In the transient focal stroke model, the compound reduced cortical infarct volume from 130.1±10.3 mm³ for control rats to 95.2±24.5 mm³ for treated rats (p<0.02).

Conclusions: Although the primary mechanism responsible for the protective effect is unclear at the present time, our study is consistent with the hypothesis that oxidant-mediated lipid peroxidation may be involved in the pathophysiology of postischemic brain injury. (Stroke 1992;23:1287-1291)

KEY WORDS • cerebral ischemia • phenothiazines • rats

The phenothiazines represent an important class of agents possessing a spectrum of clinically useful properties. Although primarily used in the management of psychiatric disorders, a number of phenothiazines have also been studied in settings of hepatic, renal, and myocardial ischemia. In particular, chlorpromazine, the oldest member of the phenothiazine class of drugs, exhibits a variety of properties, including stabilization of biomembranes; inhibition of calmodulin; and reduction of rat liver microsome and myocardial membrane phospholipid peroxidation. While a combination of activities may be important for attenuating ischemia-induced damage, we chose to focus on the latter because oxidants such as oxygen-derived free radicals and hydrogen peroxide are believed to be important mediators in the acute stage pathology of ischemia and reperfusion injury.

We recently reported on the chemistry, electrochemistry, and structure–activity relation for a series of phenothiazines as in vitro inhibitors of iron-dependent lipid peroxidation. Although chlorpromazine inhibits lipid peroxidation in vitro, it is weakly active and may suppress cardiac phospholipid peroxidation by inducing lipid structural changes rather than by acting as a chain-breaking antioxidant. However, based on earlier polarographic studies, we hypothesized that lowering the oxidation potential of this agent through appropriate structural modifications may yield a potent antioxidant that may function as a more effective inhibitor of nonenzymatic lipid peroxidation. Using cyclic voltammetry, we examined a series of N-10 unsubstituted phenothiazines and found that these compounds exhibited an oxidation potential lower than that for chlorpromazine.

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Importantly, this lower redox potential was manifest functionally in that 2-(10H-phenothiazin-2-yl)-N,N-dimethylethanolamine hydrochloride (minimum inhibitory concentration, 0.093 μM), the prototype from this investigation, was more potent than chlorpromazine (minimum inhibitory concentration, 10 μM) in blocking iron-dependent peroxidation of rabbit brain vesicular membrane lipids in vitro. Using a whole cell assay, we evaluated representative examples from that study as cytoprotective agents and found that they protected primary cultures of rat hippocampal neurons from hydrogen peroxide–induced toxicity. Under these conditions, chlorpromazine was ineffective, which suggests that antioxidant capacity and in vitro cytoprotective efficacy may be related for this class of compounds.
Because oxidants such as hydrogen peroxide may be important causal factors in postischemic tissue injury, we investigated the activity of 2-(10H-phenothiazin-2-yl)-N,N-dimethylaniline hydrochloride as an anti-ischemic agent by intraperitoneal administration in two rat models according to a pretreatment protocol, a four-vessel occlusion model of transient global forebrain ischemia and a transient tandem middle cerebral artery (MCA) and ipsilateral common carotid artery (CCA) occlusion model of focal stroke. In connection with our chemical efforts to identify salt forms with continuous intravenous infusion using a rat model of permanent MCA occlusion.

Materials and Methods
We conducted the four-vessel occlusion study as previously described using male Wistar rats (Hilltop Laboratories, Scottsdale, Pa.) weighing 250-280 g, according to the method of Pulsinelli and Brierley. In the present study, however, the rats were subjected to a 10-minute period of four-vessel occlusion. Seventy-two hours after the ischemic period, the animals were killed; their brains were then perfused with 10% formalin, removed, sectioned through the hippocampus, mounted on glass slides, and stained with hematoxylin and eosin. Damage to the right and left hemispheres of the brain were scored histologically, and infarct volume was determined using image analysis. During the period of ischemia, the rat's body temperature was measured by means of a rectal thermistor when the temperature dropped below 37°C. Vehicle- and drug-treated groups was calculated using Student's t test.

Results
We initially prepared 2-(10H-phenothiazin-2-yl)-N,N-dimethylaniline hydrochloride as our prototype in connection with our chemical and structure-activity relation investigation into the phenothiazines as lipid peroxidation inhibitors. Because of limited saline solubility, this compound was administered intraperitoneally as a 2% aqueous acacia suspension in the four-vessel occlusion study according to the experimental protocol outlined in Figure 1A. As summarized in Table 1, pretreatment significantly attenuated damage to the CA1 layer of the hippocampus after a 10-minute period of global ischemia with 72 hours of reperfusion (p<0.05).

Two doses were examined in the spontaneously hypertensive rat MCA occlusion and reperfusion model. Pretreatment with 10 mg/kg i.p. 2-(10H-phenothiazin-2-yl)-N,N-dimethylaniline hydrochloride according to the experimental protocol outlined in Figure 1B did not result in a statistically significant reduction in cortical infarct size after 2 hours of tandem MCA and ipsilateral CCA occlusion with 24 hours of reperfusion (Table 2). Pretreatment with a higher dose (40 mg/kg), however, was associated with improved cerebral histology when administered according to an identical experimental protocol (p<0.02).

In connection with our subsequent efforts to develop an intravenous formulation for this agent, we prepared the corresponding mesylate salt and evaluated it according to the experimental protocol outlined in Figure 1C. As summarized in Table 3, administration of 2-(10H-phenothiazin-2-yl)-N,N-dimethylaniline methanesulfonate by an initial intravenous loading bolus injection followed by a continuous intravenous infusion was not effective in this model when infarct size was assessed 24 hours after reperfusion. Although the time course, pattern, and

Discussion
A 10-minute period of severe global forebrain ischemia (four-vessel occlusion) followed by reperfusion in the rat results in selective damage to the CA1 layer of the hippocampus that progresses over several days. A 2-hour period of focal ischemia (tandem MCA and ipsilateral CCA occlusion) in the spontaneously hypertensive rat, on the other hand, results in rapid nonselective cell necrosis that yields a moderate-sized cortical infarct when measured 24 hours after initiation of reperfusion. Although the time course, pattern, and
extent of cell death differ dramatically in the four-vessel occlusion and MCA occlusion rat models of transient cerebral ischemia, the present study demonstrates that the phenothiazine 2-(10H-phenothiazin-2-yloxy)-N,N-dimethylethanolamine hydrochloride is efficacious in both settings. Although the mechanisms underlying posts ischemic neuronal degeneration are likely to be multifactorial, oxidants have been proposed to be causative factors of cellular injury in animal models of global17,18 and focal19,20 cerebral ischemia. Lipid peroxidation inhibitors21–23 and free radical scavengers24,25 reportedly decrease ischemia-induced damage in the brain. The phenothiazine 2-(10H-phenothiazin-2-yloxy)-N,N-dimethylethanolamine hydrochloride exhibits a low oxida-

![Figure 1](image)

**Figure 1.** Panel A: Experimental protocol for 2-(10H-phenothiazin-2-yloxy)-N,N-dimethylethanolamine hydrochloride in a rat four-vessel occlusion model of transient global forebrain ischemia. The test agent or vehicle (2% aqueous acacia) was administered intraperitoneally at the indicated time points. The animals were subjected to 10 minutes of four-vessel occlusion followed by 72 hours of reperfusion. Body temperature was regulated at 37°C during and for 30 minutes after ischemia. Panel B: Experimental protocol for 2-(10H-phenothiazin-2-yloxy)-N,N-dimethylethanolamine hydrochloride in a rat model of permanent MCA occlusion and reperfusion studies 1 and 2). The test agent or vehicle (2% aqueous acacia) was administered intraperitoneally at the indicated time points. The animals were subjected to 2 hours of tandem MCA and ipsilateral common carotid artery occlusion followed by 24 hours of reperfusion. Panel C: Experimental protocol for 2-(10H-phenothiazin-2-yloxy)-N,N-dimethylethanolamine methanesulfonate in a rat model of permanent MCA occlusion. The test agent or vehicle (0.312 M aqueous mannitol) was administered as an intravenous bolus injection (20 mg/kg) 10 minutes before cauterization of the MCA. Immediately after cauterization, a continuous infusion of either drug (10 mg/kg per hour) or vehicle was administered for 24 hours through the jugular vein.

**Table 1.** Effect of 2-(10H-phenothiazin-2-yloxy)-N,N-dimethylethanolamine Hydrochloride on Hippocampal CA1 Damage in Rat Model of Transient Global Forebrain Ischemia

<table>
<thead>
<tr>
<th>Group</th>
<th>n</th>
<th>Damage score (hippocampus)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acacia vehicle</td>
<td>11</td>
<td>2.1±0.3</td>
</tr>
<tr>
<td>Treated</td>
<td>12</td>
<td>1.0±0.4*</td>
</tr>
</tbody>
</table>

n, Number of rats. Rats received three intraperitoneal injections of 2-(10H-phenothiazin-2-yloxy)-N,N-dimethylethanolamine hydrochloride (40 mg/kg) suspended in 2% aqueous acacia. First injection occurred 2 hours before ischemic period and second and third occurred at 4 and 24 hours, respectively, after initiation of reperfusion. Body temperature was regulated at 37°C during and for 30 minutes after ischemia. Values are mean±SEM. *p<0.05 by Mann-Whitney U test versus vehicle.

**Table 2.** Effect of 2-(10H-phenothiazin-2-yloxy)-N,N-dimethylethanolamine Hydrochloride on Cortical Infarct Size in Rat Model of Transient Focal Ischemia

<table>
<thead>
<tr>
<th>Group</th>
<th>n</th>
<th>Brain infarct volume (mm³)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Study 1 (10 mg/kg):</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Acacia vehicle</td>
<td>10</td>
<td>133.9±12.1</td>
</tr>
<tr>
<td>Treated</td>
<td>8</td>
<td>116.4±8.6</td>
</tr>
<tr>
<td>Study 2 (40 mg/kg):</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Acacia vehicle</td>
<td>10</td>
<td>130.1±10.3</td>
</tr>
<tr>
<td>Treated</td>
<td>9</td>
<td>95.2±24.5*</td>
</tr>
</tbody>
</table>

n, Number of rats. Rats received three intraperitoneal injections of 2-(10H-phenothiazin-2-yloxy)-N,N-dimethylethanolamine hydrochloride (10 mg/kg and 40 mg/kg for studies 1 and 2, respectively) suspended in 2% aqueous acacia. First injection occurred 2 hours before ischemic period and second and third occurred at 2 and 4 hours, respectively, after initiation of reperfusion. Values are mean±SEM. *p<0.02 by Student's t test versus vehicle.
tion deficits were reduced by these agents, an effect attributed to inhibition of calcium-dependent kinases. Thus, multiple mechanisms in addition to in vitro lipid peroxidation inhibition and biomembrane stabilization may contribute to neuronal protection by chlorpromazine in vivo. However, the relative importance of these potential mechanisms as a basis for the salutary effects of 2-(10H-phenothiazin-2-yl)-N,N-dimethylethanamine hydrochloride in our global and focal models of transient cerebral ischemia remains to be established. Additional studies are needed to fully evaluate the properties of this agent and to help clarify its mechanism of action in vivo.

It is noteworthy that the corresponding mesylate salt was not protective in the permanent MCA occlusion model when administered by continuous intravenous infusion (10 mg/kg per hour) throughout the infarction experiment. A higher dose (20 mg/kg per hour) produced toxic effects. Although the basis for this observation is unclear, the mesylate salt at a maximal tolerated dose was not effective under the conditions of the model. Although potential differences in pathophysiology of the ischemic insult when not accompanied by reperfusion may account for this discrepancy, it is possible that other factors such as dose, vehicle, or route of administration may not have been optimal for this compound. Further experiments with more detailed monitoring of physiological variables may help address these issues and lead to a clearer understanding of the role that oxidants may play in mediating posts ischemic tissue injury.

In summary, the described phenothiazine derivative attenuated posts ischemic damage in two rat models of transient cerebral ischemia when administered by intraperitoneal injection according to a pretreatment protocol. This primary mechanism responsible for the cerebral protective effect is unclear at the present time because multiple factors may influence the cascade of events leading to posts ischemic brain damage. However, the in vitro profile of 2-(10H-phenothiazin-2-yl)-N,N-dimethylethanamine hydrochloride supports the possibility that antioxidant mechanisms may underly its ability to ameliorate brain damage when administered before and after a transient ischemic insult. Our study is therefore consistent with the hypothesis that oxidant-mediated lipid peroxidation may be involved in the pathophysiology of posts ischemic brain injury.

References


Editorial Comment

The generation of reactive products of univalent reduction of oxygen is an important mechanism for tissue injury in ischemia.1 Antioxidant therapy to minimize ischemic injury to the central nervous system has received accelerated attention in recent years. The first antioxidant drugs (superoxide dismutase and the 21-aminosteroid tirilazad mesilate) are already in clinical trials. Yu et al, in the study reported above, found that a phenothiazine derivative reduces brain damage from global or focal ischemia in rats. Studies such as this have important clinical significance for two reasons. The obvious one is the establishment of an experimental database for selecting agents suitable for testing as therapeutic agents in humans. A second reason, equally important, is the identification of the mechanism by which ischemia injures neurons or blood vessels. Although the most popular mechanism thought to be involved in the damage induced by oxidants is lipid peroxidation,2 with the consequent dysfunction of cell membranes, it is important to remember that oxidants have multiple effects. They are capable of inactivating enzymes,4 damaging important tissue components such as DNA,5 and interacting with biologically active tissue products such as endothelium-derived relaxing factor.6 As Yu et al correctly point out, other important processes that take place during and after central nervous system ischemia may also contribute to cell injury and death. Some of these processes may interact with the oxidants in complex ways. By using a variety of agents and identifying precisely their mechanism of action, we may learn much about the process by which tissues deteriorate and die as a result of ischemia.

Hermes A. Kontos
Associate Editor, Stroke Journal

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