A Comparison of Transesophageal Echocardiography and Transcranial Doppler Sonography With Contrast Medium for Detection of Patent Foramen Ovale

M. Jauss, MD; M. Kaps, MD; M. Keberle; W. Haberbosch, MD; W. Dorn dorf, MD

Background
Patent foramen ovale as a possible stroke risk factor can be diagnosed with transcranial Doppler sonography (TCD) by detecting intravenous contrast medium crossing from the right to the left atrium. The present study evaluates the reliability of this method.

Summary of Report
We performed TCD and transesophageal echocardiography simultaneously in 50 patients using galactose microbubbles. We observed bubble signals passing the middle cerebral artery in 7 patients less than 20 seconds after injection; we found positive TCD tests in 14 patients using the Valsalva maneuver. With transesophageal echocardiography patent foramen ovale could be detected in 15 patients (sensitivity, 0.93; specificity, 1; P<.01).

Conclusions
TCD with echo contrast is a reliable screening tool for patent foramen ovale. A standardized procedure including the Valsalva maneuver is essential to prevent false-negative results. (Stroke. 1994;25:1265-1267.)

Key Words • contrast media • foramen ovale, patent • risk factors • ultrasonics

Subjects and Methods
In a prospective study we examined 40 consecutively admitted stroke patients (mean age, 54.3±14.6 years; 26% female) simultaneously with TCD and TEE (transient ischemic attack [TIA] or prolonged reversible ischemic neurological deficit [PRIND], 15 patients; completed stroke, 25 patients). Ten additional patients received TEE because of cardiac disease. None had a history of pulmonary disease; three stroke patients had a history of deep venous thrombosis. The TEE/TCD examination in patients with TIA, PRIND, or stroke was performed during neurological workup fewer than 10 days after the ischemic event.

The patients gave informed consent. Before injection of contrast medium, TEE examination was routinely performed to exclude other reasons for cardiac embolism.

TEE was performed using a color-coded Doppler system (Sonos 1000, type 77030A, Hewlett-Packard) with a uniplanar, two-dimensional, 5-MHz TEE probe (type 21362C). Basal short-axis views and four-chamber views were obtained. For transcranial examination we used a 2-MHz pulsed-Doppler device (TCD2-64B, EME) and output power of 100 mW/cm². Patents were supine with the left side down. The head was slightly elevated to protect the patient from aspiration during insertion of the TEE probe.

We used a commercially available galactose particle suspension as contrast medium (Echovist 300, SH U 454, Schering). This agent contains 5-μm galactose microparticles with adherent air bubbles on their surfaces. The contrast medium was delivered in two bottles, one containing the galactose particles and the other the galactose solution. They were mixed together and were injected into the right cubital vein when the Doppler sample volume was adjusted to the M1 segment of the MCA and the heart was imaged in a four-chamber view to determine bubbles crossing through the PFO. We injected 5 mL of the galactose particle suspension during 5 seconds.
The injection was repeated after 3 minutes, and the Valsalva maneuver was performed when bubbles appeared in the right atrium and was continued for 5 seconds. TEE and TCD examinations were performed simultaneously, and both displays were recorded on video for off-line evaluation.

We considered TEE positive when direct crossing of bubbles through the PFO could be observed and lung passage could be excluded by observation of pulmonary veins. Echocardiographic signals were identified by the typical overloading spike artifact in the frequency spectrum of fast Fourier-transformed video display. The bubble artifact was usually accompanied by a chirp that indicated a power amplitude of short duration in a high-frequency spectrum. When at least one spike appeared less than 25 seconds after injection, we considered TCD positive and assumed direct passage through the PFO. When the onset of bubble shower was later than 25 seconds, pulmonary passage was assumed.

For statistical purposes, TEE served as the "gold standard." Statistical significance for distribution in cross tables was calculated using Fisher's exact test because of low sample size (n=50).

### Results

We detected PFO with TEE in 6 of the 25 stroke patients (24%), 4 of the 15 TIA/PRIND patients (27%), and 5 of 10 patients with cardiac disease (50%) confirmed by transmigration of bubbles from the right to the left atrium. Entrance of bubbles to the left atrium through pulmonary veins was not observed. In addition, we found a severe morphological defect with B-scan that indicated an atrial septal defect in 2 of the stroke patients. The average time when bubbles appeared in the right atrium was 5.1±1.4 seconds without the Valsalva maneuver and 5.2±1.2 seconds with the Valsalva maneuver. There was no significant difference (P>.05).

The delay until the first bubbles were observed in the right MCA in the case of PFO (both with and without the Valsalva maneuver) is shown in the Figure. When bubbles passed the sample volume later than 25 seconds after injection, TCD was considered negative and pulmonary passage was assumed. Using this criterion, TCD and TEE revealed concordant findings in 13 patients. One patient with chronic cardiac failure who exhibited PFO on TEE as well as on TCD, phlebography was performed immediately. There was no evidence of deep venous thrombosis. Later evaluation of this patient revealed a protein C deficiency.

### Discussion

TEE with contrast medium is a reliable method for detection of PFO and can detect shunting even in the absence of pulmonary hypertension. The higher sensitivity of TEE compared with transthoracic echocardiography for detection of PFO may be responsible for the high concordance between TCD and TEE findings.

![Graph showing time course of first bubbles after injection detected in right middle cerebral artery.](http://stroke.ahajournals.org/content/cm/1266/F1407/F1266.png)

**Without Valsalva**

<table>
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</tr>
<tr>
<td>1</td>
<td>2</td>
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<td>2</td>
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Table 1: Cross Table for Transesophageal Echocardiography Compared With Transcranial Doppler Sonography Without Valsalva Maneuver

<table>
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<th>TCD</th>
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</tr>
<tr>
<td>Sum</td>
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<td>50</td>
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</tbody>
</table>

TCD indicates transcranial Doppler sonography; TEE, transesophageal echocardiography; +, detection of patent foramen ovale; −, no detection of patent foramen ovale. Sensitivity=0.47, specificity=1; P<.01, Fisher’s exact test.
TABLE 2. Cross Table for Transesophageal Echocardiography Compared With Transcranial Doppler Sonography With Valsalva Maneuver

<table>
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<th>Sum</th>
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<tbody>
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<tr>
<td>TCD -</td>
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<td>36</td>
</tr>
<tr>
<td>Sum</td>
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<td>35</td>
<td>50</td>
</tr>
</tbody>
</table>

TCD indicates transcranial Doppler sonography; TEE, transesophageal echocardiography; +, detection of patent foramen ovale; -, no detection of patent foramen ovale. Sensitivity=0.93, specificity=1; P<.01, Fisher’s exact test.

We suggest that an examination should be performed immediately after stroke onset to hasten further diagnostic evaluation. Other diagnostic procedures, such as phlebography, may follow in the early stages to detect possible sources of venous clots to confirm the mechanism of crossed embolism.

Acknowledgments

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References

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