Effects of High Atmospheric Pressure and Oxygen on Middle Cerebral Blood Flow Velocity in Humans Measured by Transcranial Doppler

Tsuyoshi Omae, MD; Setsuro Ibayashi, MD; Kenji Kusuda, MD; Hidefumi Nakamura, BS; Hiroshi Yagi, MD; Masatoshi Fujishima, MD

Background and Purpose—There are several reports that have studied the effects of hyperbaric oxygen (HBO) on cerebral blood flow (CBF). However, most of the reports have been of animal experiments, and human studies are few so far. The aim of this study is to clarify the relationship between HBO and CBF in humans.

Methods—Middle cerebral arterial blood flow velocity (MCV) was measured using transcranial Doppler (TCD) technique in a multiplace hyperbaric chamber. The Doppler probe was fixed on the temporal region by a head belt, and the transcutaneous gas measurement apparatus (tcPO2 and tcPCO2) was fixed on the chest wall. MCV and transcutaneous gas were measured continuously in eight healthy volunteers under four various conditions: 1 atmosphere absolute (ATA) air, 1 ATA oxygen (O2), 2 ATA air, and 2 ATA O2. On the next step, the effect of environmental pressure was studied in another eight healthy volunteers, in whom the tcPO2 was kept at almost the same level under conditions of both 1 ATA and 4 ATA by inhaling oxygen at 1 ATA.

Results—MCV of 1 ATA O2, 2 ATA air, and 2 ATA O2 decreased, and tcPO2 increased significantly in comparison with that of 1 ATA air. A significant difference in MCV was observed between the O2 group and the air group under the same pressure circumstance. On the other hand, there were no differences in MCV or tcP O2 between 4 ATA air and 1 ATA plus O2, and the influence for the MCV of the environmental pressure was not observed.

Conclusions—We conclude that hyperoxemia caused by HBO reduces the CBF, but the high atmospheric pressure per se does not influence the CBF in humans. (Stroke. 1998;29:94-97.)

Key Words: cerebral blood flow • hyperbaric oxygenation • oxygen • ultrasonics
chamber. The MCV was measured under four various conditions: 1 ATA air, 1 ATA oxygen (O\textsubscript{2}), 2 ATA air, and 2 ATA O\textsubscript{2}, after the examinees were stable under each condition. In both groups of 1 ATA O\textsubscript{2} and 2 ATA O\textsubscript{2}, 20 L/min of oxygen was given to the examinees with a facial mask.

In the second series, we investigated the effect of high ambient atmospheric pressure on CBF. The MCV under 4 ATA air was compared with that measured under 1 ATA, which showed almost the same tcPO\textsubscript{2} level as that under 4 ATA by inhaling various volumes of oxygen with a facial mask at 1 ATA circumstance (1 ATA plus O\textsubscript{2}). Compression and decompression speeds in the chamber were 0.1 kg/cm\textsuperscript{2} per minute or less, and decompression time was slightly longer than compression time. These evaluations were monitored using a diving computer (ProAladin), and we followed its instructions during decompression. MCV of the examinees was measured after air breathing followed by O\textsubscript{2} inhalation under the same pressure circumstance. The MCV was recorded after the examinees’ condition became stable for at least 15 minutes.

Data presented in the text and tables are expressed as mean\pm SD, and comparative studies among the groups were statistically evaluated by ANOVA and Fisher’s protected least significance test. Results were considered significantly different at values of \(P<.05\).

**Results**

The mean MCV values under the conditions of 1 ATA air, 1 ATA O\textsubscript{2}, 2 ATA air, and 2 ATA O\textsubscript{2} were 65\pm15, 52\pm16, 61\pm13, and 50\pm13 cm/s, respectively. The mean MCVs of 1 ATA O\textsubscript{2}, 2 ATA air, and 2 ATA O\textsubscript{2} decreased significantly in comparison with that of 1 ATA air (the control group), and at the same time, a significant difference was observed between the O\textsubscript{2} group and the air group under the same pressure circumstance. The mean MCV values of 1 ATA O\textsubscript{2} and 2 ATA O\textsubscript{2} were essentially the same (Table 1, Fig 1).

On the other hand, the tcPO\textsubscript{2} increased significantly under conditions of 1 ATA O\textsubscript{2}, 2 ATA air, and 2 ATA O\textsubscript{2} in comparison with that in the control group, and those in the groups with O\textsubscript{2} inhalation were significantly higher than those breathing air at the same pressure. On the contrary, although the values of tcPCO\textsubscript{2} were not different among conditions of 1 ATA air (38\pm4 mm Hg), 1 ATA O\textsubscript{2} (37\pm4 mm Hg), and 2 ATA air (37\pm4 mm Hg), tcPO\textsubscript{2} under 2 ATA O\textsubscript{2} (33\pm5 mm Hg) decreased significantly (\(P<.05\)). Blood pressure and pulse rate showed no change during the experimental periods in all groups (Table 1).

As the next step, we compared the pressure effect of 4 ATA with that of 1 ATA (control). As the environmental pressure rose from 1 ATA to 4 ATA, tcPO\textsubscript{2} increased, from 75.8\pm12.0 to 418.9\pm46.6 mm Hg. In order to get the same tcPO\textsubscript{2} level in 1 ATA as in 4 ATA, the examinees inhaled various volumes of oxygen at 1 ATA with oxygen (1 ATA plus O\textsubscript{2}).

**TABLE 1. Physiological Variables and Middle Cerebral Arterial Blood Flow Velocities**

<table>
<thead>
<tr>
<th></th>
<th>1 ATA Air</th>
<th>1 ATA O\textsubscript{2}</th>
<th>2 ATA Air</th>
<th>2 ATA O\textsubscript{2}</th>
</tr>
</thead>
<tbody>
<tr>
<td>SBP, mm Hg</td>
<td>115\pm11</td>
<td>112\pm11</td>
<td>115\pm11</td>
<td>117\pm13</td>
</tr>
<tr>
<td>DBP, mm Hg</td>
<td>71\pm6</td>
<td>73\pm9</td>
<td>71\pm9</td>
<td>75\pm9</td>
</tr>
<tr>
<td>MBP, mm Hg</td>
<td>86\pm7</td>
<td>84\pm10</td>
<td>86\pm9</td>
<td>89\pm10</td>
</tr>
<tr>
<td>PR, beats/min</td>
<td>65\pm6</td>
<td>63\pm5</td>
<td>62\pm5</td>
<td>62\pm5</td>
</tr>
<tr>
<td>tcPO\textsubscript{2}, mm Hg</td>
<td>77\pm15</td>
<td>413\pm124*</td>
<td>184\pm29†</td>
<td>893\pm47†§</td>
</tr>
<tr>
<td>tcPCO\textsubscript{2}, mm Hg</td>
<td>38\pm4</td>
<td>37\pm4</td>
<td>37\pm4</td>
<td>33\pm5§</td>
</tr>
<tr>
<td>MCVs, cm/s</td>
<td>90\pm21</td>
<td>79\pm23*</td>
<td>87\pm17†</td>
<td>74\pm22§</td>
</tr>
<tr>
<td>MCVd, cm/s</td>
<td>47\pm11</td>
<td>35\pm11*</td>
<td>42\pm9†</td>
<td>33\pm10*</td>
</tr>
<tr>
<td>MCVm, cm/s</td>
<td>65\pm15</td>
<td>52\pm16*</td>
<td>61\pm13†</td>
<td>50\pm13*</td>
</tr>
<tr>
<td>PI</td>
<td>0.67\pm0.08</td>
<td>0.84\pm0.03§</td>
<td>0.74\pm0.11†</td>
<td>0.82\pm0.05§</td>
</tr>
</tbody>
</table>

*SBP indicates systolic blood pressure; DBP, diastolic blood pressure; MBP, mean blood pressure; PR, pulse rate; MCVs, systolic middle cerebral artery flow velocity; MCVd, diastolic middle cerebral artery flow velocity; MCVm, mean middle cerebral artery flow velocity; PI, pulsatility index (MCVs–MCVm/MCVm). Values are means\pm SD.

*\(P<.05\) vs 1 ATA air; †\(P<.05\) vs 1 ATA O\textsubscript{2}; §\(P<.05\) vs 2 ATA air, by ANOVA and Fisher’s protected least significance test.
were not different among 1 ATA air (38 ± 3 mm Hg), 4 ATA air (37 ± 4 mm Hg), and 1 ATA plus O2 (37 ± 5 mm Hg). We compared the MCV of 4 ATA air with that of 1 ATA plus O2 (Table 2). MCVs of 4 ATA air and the 1 ATA plus O2 group were 64 ± 14 and 62 ± 13 cm/s, respectively, and there was no significant difference between the two groups (Table 2, Fig 2).

### Discussion

Kety and Schmidt first described a method to measure CBF in humans using nitrous oxide in a low concentration, although it was an invasive technique. As the next methods to measure CBF, techniques using radioisotopes, eg, 133Xe, 125I, 99mTc, or computed tomography with cold Xe, have been devised. These methods are noninvasive, but at the same time inadequate for detection of the CBF under a high pressure circumstance.

So far, there are several reports that have measured CBF under the HBO circumstance. However, almost all of those reports are on animal experiments and human studies are few. The results of the animal experiments have shown that HBO decreases CBF. Conditions such as hyperoxemia and hypocapnia due to hyperventilation have been considered as reasons for such a phenomenon, but a clear view is not yet estimated. Nowadays, it has been considered that the increase of arterial oxygen tension causes constriction of the superficial cortical arterioles, which leads to the decrease in the CBF.

The development of an ultrasonic technique has enabled us to measure CBF changes noninvasively without any hazard in humans. The TCD expresses the flow velocity of the middle cerebral artery, although it does not show real quantitative cerebral blood flow velocity. However, it has been reported that the changes in MCV obtained by TCD have an excellent correlation with the changes in CBF as measured with other techniques. Therefore, we accepted the TCD technique for evaluating cerebral hemodynamics under the HBO circumstance in humans.

In the present human study, CBF of 1 ATA O2, 2 ATA air, and 2 ATA O2 decreased significantly in comparison with that of 1 ATA air. The decrease of CBF was remarkable, especially under conditions of 1 ATA O2 and 2 ATA O2, although no significant difference was observed between the groups. Our results coincided with the results by Lambertsen et al who found a 25% reduction of CBF at 3.5 ATA in humans using the nitrous oxide method. Kanai et al reported the effect of HBO on blood flows in the common, internal, and external carotid arteries and the vertebral artery in humans by transcatheter ultrasonic blood rheography. They demonstrated the reduction of blood flow by HBO in the arteries except the vertebral artery.

In this series, although the tcPO2 in 2 ATA O2 was significantly higher than that in 1 ATA O2, the values of MCV were not different between 1 ATA O2 and 2 ATA O2. Otwa demonstrated a tendency toward an increase in CBF at the level of 2.5 ATA O2, following gradual decreases in CBF to the level of 2 ATA O2. These results suggested that the relation between tcPO2 and CBF is not linear. Further examination is needed to clarify the relation. Although low Pco2 conditions were sometimes encountered under the condition of HBO, our results suggested the reason for the MCV decrease under HBO conditions was mainly due to hyperoxemia. Although the tcPCO2 level may influence the MCV at 2 ATA O2 in the first series, the decrease of tcPCO2 level seems unlikely to be the only cause of the decrease in MCV because of the CO2 vasomotor reactivity level.

Although hyperoxemia due to inhalation of high doses of O2 reduced MCV under 1 ATA and 2 ATA in the first series, it remained unclear about the effect of the atmospheric pressure on CBF.

In our second series, we compared MCV of 4 ATA air with that of 1 ATA plus O2 and also found that ambient atmospheric pressure did not produce any influences on CBF in humans. In the animal study, Hordnes and Tyssen examined the relationship between partial arterial oxygen tension and CBF in rats, and reported that the ambient atmospheric pressure did not show any changes in CBF.

Although these results suggest that the changes in P O2 affect the CBF, the effect is much smaller than that in P CO2. The changes in P O2 may not influence the assessment of Pco2 reactivity in hyperventilation or CO2 inhalation tests except the O2 inhalation test.

In summary, oxygen inhalation reduced MCV under 1 ATA and 2 ATA, and there was no MCV difference between 4 ATA and 1 ATA when tcPO2 was kept at the same level by inhaling.

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**Table 2. Physiological Variables and Middle Cerebral Arterial Blood Flow Velocities**

<table>
<thead>
<tr>
<th></th>
<th>1 ATA Air</th>
<th>4 ATA Air</th>
<th>1 ATA + O2</th>
</tr>
</thead>
<tbody>
<tr>
<td>SBP, mm Hg</td>
<td>108±13</td>
<td>109±16</td>
<td>108±13</td>
</tr>
<tr>
<td>DBP, mm Hg</td>
<td>62±9</td>
<td>65±8</td>
<td>67±6</td>
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<tr>
<td>MBP, mm Hg</td>
<td>77±9</td>
<td>80±10</td>
<td>81±8</td>
</tr>
<tr>
<td>PR, beats/min</td>
<td>68±8</td>
<td>61±6*</td>
<td>62±6*</td>
</tr>
<tr>
<td>tcPO2, mm Hg</td>
<td>76±12</td>
<td>419±47*</td>
<td>416±46*</td>
</tr>
<tr>
<td>tcPCO2, mm Hg</td>
<td>38±3</td>
<td>37±4</td>
<td>37±5</td>
</tr>
<tr>
<td>MCVs, cm/s</td>
<td>105±17</td>
<td>91±18*</td>
<td>89±17*</td>
</tr>
<tr>
<td>MCVd, cm/s</td>
<td>55±10</td>
<td>45±12*</td>
<td>44±11*</td>
</tr>
<tr>
<td>MCMv, cm/s</td>
<td>75±12</td>
<td>64±14*</td>
<td>62±13*</td>
</tr>
<tr>
<td>PI</td>
<td>0.66±0.09</td>
<td>0.74±0.07*</td>
<td>0.73±0.09*</td>
</tr>
</tbody>
</table>

Abbreviations as in Table 1. Values are mean±SD. *P<.01 vs 1 ATA air by ANOVA and Fisher’s protected least significant difference test.
O₂ at 1 ATA. We conclude that the hyperoxemia causes CBF reduction under HBO conditions and that the ambient atmospheric pressure does not influence the CBF.

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References
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