Continuous removal of amyloid β-peptide (Aβ) species from the central nervous system (CNS) is important for preventing their potentially neurotoxic accumulations in brain interstitial fluid (ISF). At the critical threshold concentrations in brain ISF, Aβ may initiate differential pathogenic cascades mediating neurovascular and neuronal dysfunctions associated with the development of cerebral β-amyloidosis and cognitive decline in patients with Alzheimer disease (AD) and with related familial cerebrovascular disorders. Whether Aβ-related pathology in the CNS is reversible or not and what key therapeutic targets are controlling Aβ/amyloid levels in the aging brain remain debatable. In this article, we summarize recent evidence why the receptor for advanced glycation end products and low-density lipoprotein receptor related protein 1 in the vascular CNS barriers are critical for regulation of Aβ homeostasis in the CNS and how altered activities in these 2 receptors at the blood–brain barrier may contribute to the CNS Aβ accumulation resulting in neuroinflammation, disconnect between the cerebral blood flow and metabolism, altered synaptic transmission, neuronal injury, and amyloid deposition into parenchymal and neurovascular lesions. We briefly discuss the potential of advanced glycation end products and low-density lipoprotein receptor related protein 1–based therapeutic strategies to control brain Aβ in animal models of AD and ultimately in patients with AD and related familial cerebrovascular β-amyloidoses.

Key Words: acute care ■ Alzheimer disease ■ amyloid β-protein ■ blood–brain barrier

CNS.5 Alternatively, an increased influx of circulating Aβ across the BBB may result in Aβ brain accumulation or its deposition in the CNS.3,4,6

Regulation of Aβ levels in Brain ISF
Normal Aβ concentrations in brain ISF are carefully maintained by numerous pathways including (1) Aβ production in peripheral tissues, its systemic clearance and production in the CNS; (2) rapid receptor-mediated transport exchanges of free unbound Aβ between brain and blood and across the BBB;7,8,9 (3) the ability of Aβ carrier proteins (eg, apolipoprotein E [apoE], apoJ, α2-macroglobulin, transthyretin, and albumin) to bind and sequester Aβ in different extracellular fluid compartments, including plasma, brain ISF, and cerebrospinal fluid (CSF), or to influence its transport across the biological membranes isolating these compartments, including the BBB;3,7,10,11 (4) Aβ degradation by a variety of proteases, including enkephalinase,12 insulinase, plasmin, tissue plasminogen activator, or matrix metalloproteinases;5 (5) continuous slow removal of Aβ through the ISF-CSF bulk flow into the bloodstream;13 and (6) oligomerization2 and aggregation14 of Aβ in the CNS.

Increased Aβ42 levels in brain ISF result in formation of neurotoxic Aβ oligomers and progressive synaptic, neuritic, and neuronal dysfunction.2 Alternatively, Aβ may form...
neurovascular or cerebral amyloid aggregates. In particular, missense mutations inside the Aβ sequence associate with vascular deposits and cerebral amyloid angiopathy. The development of cerebral amyloid angiopathy and parenchymal amyloid lesions in AD models is further substantially influenced by apoE and apoJ genes.

Studies in AD models suggested that Aβ brain efflux measurements may be useful for quantifying brain amyloid burden in patients at risk for or those who have been diagnosed with AD. For example, the intravenous administration of m266 monoclonal anti-Aβ antibody results in rapid efflux of Aβ from the CNS into plasma of plate-derived growth factor–driven mice increasing plasma Aβ to low nanomolar levels within 24 hours. The development of plaques in these mice and in senescent nonhuman primate models of cerebrovascular and parenchymal β-amyloidosis may shift the Aβ transport exchanges between the CNS and its peripheral pool toward the brain.

**Peripheral Aβ Pool**

Circulating Aβ pool reflects Aβ contributions from peripheral tissues and organs, on the one hand, and the CNS, on the other. Although the concentrations of free Aβ in brain ISF are 6-fold greater than in plasma under physiological conditions, the absolute amounts of free Aβ in body fluids available for transport exchanges at the BBB are 10-fold greater than the absolute amounts of Aβ in the brain ISF and CSF.

Increased levels of free Aβ in plasma have been reported in AD mouse models or after treatment with Aβ peripheral binding agents. In AD patients, plasma Aβ levels are elevated and mainly incorporated into lipoproteins and different plasma proteins. The levels of circulating Aβ42 and Aβ40, after acid denaturation and chromatographic separation of Aβ carrier proteins in AD, are 54 nmol/L and 8.6 nmol/L, respectively, whereas free Aβ in the peripheral venous blood represents only a minute fraction of total plasma Aβ (ie, between 60 and 120 pmol/L).

**Aβ Transport at the BBB is Dominated by Receptor for Advanced End Glycation Products and Low-Density Lipoprotein Receptor Related Protein 1**

The BBB in vivo does not allow free exchanges of polar solutes such as Aβ between brain and blood, or between blood and brain, because of the presence of a continuous monolayer of brain endothelial cells that are zipped by tight junctions which effectively isolate brain ISF-CSF compartments from the plasma compartment. Therefore, specialized receptors at the BBB must exist to shuttle Aβ across the brain endothelium from CNS into the bloodstream or from blood into the CNS. The receptor for advanced end glycation products (RAGE) and low-density lipoprotein receptor related protein 1 (LRP) remain the most interesting targets, as demonstrated by their ability to rapidly transport circulating free Aβ into the CNS and brain-derived Aβ into the blood (Figure 1).

Based on transport modeling with Aβ40, one can calculate that in healthy brain, if influx shut down, LRP efflux could remove all soluble Aβ at physiological levels from brain ISF in 1 minute (Figure 1). On the other hand, if efflux shut down, RAGE influx could replace all soluble Aβ in brain ISF by plasma Aβ in 40 minutes. The high excess capacity demonstrated in the LRP efflux system casts general doubt on theories of increased brain production of Aβ as the genesis of late-onset AD.

The possible implications for AD can also be seen from similar transport calculations. For example, if influx shut down, LRP efflux (assuming it remains normal) will be able to remove all soluble Aβ from brain ISF at increased levels as seen in AD at 12 nmol/L in 40 minutes. If one speculates that all insoluble Aβ at pathological levels in the brain could be resolubilized, then based on the transport modeling with Aβ40, it would take 65 hours to remove 4 μmol/L per kilogram of resolubilized Aβ (Figure 1). On the other hand, if efflux shut down, RAGE influx (if not blocked) could at 2 nmol/L Aβ plasma levels replace all soluble Aβ in brain ISF (Alzheimer levels) in <2 hours and may create an increment in Aβ levels in brain ISF at a rate of 0.15 μmol/L per kilogram per day.

**RAGE/Aβ Interactions at the BBB**

RAGE is a multiligand receptor in the immunoglobulin (IgG) superfamily, which binds soluble Aβ and mediates pathophysiologically relevant cellular responses consequent to ligation by a variety of ligands. RAGE is implicated in development of Alzheimer neurovascular disorder by mediating Aβ transcytosis across the BBB by inflammatory and procoagulant responses in endothelium, and by promoting apoptosis through nuclear factor κB–dependent mechanism, as shown in Figure 2. Our recent study has demonstrated that RAGE mediates transport of pathophysiologically relevant concentrations of Aβ into the CNS. After
influence APP processing and metabolism and Aβ molecules vascular cell adhesion molecule and intercellular adhesion molecule-1,27 cytokines (eg, tumor necrosis factor-α, interleukin-1, vascular cell adhesion molecule; ICAM-1, intercellular adhesion molecule-1; TNF-α, tumor necrosis factor-α; and IL-6, interleukin 6).

BBB transport, circulating Aβ is rapidly taken up by neurons inducing cellular stress, whereas RAGE/Aβ interaction in brain endothelium results in elaboration of endothelin-1, a potent vasoconstrictor, and in suppression of the blood flow.9

**LRP/Aβ Interactions at the BBB**

LRP is a multiligand lipoprotein receptor which interacts with a broad range of secreted proteins and resident cell surface molecules (eg, apoE, α2M, tissue plasminogen activator, plasminogen activator inhibitor-1, APP, factor VIII, and lactoferrin), mediating their endocytosis or activating signaling pathways through multiple cytosolic adapter and scaffold proteins.30 LRP has been linked to AD genetically31 and may influence APP processing and metabolism and Aβ uptake by neurons through α2M.32 Because APP mice overexpressing functional LRP minireceptors in neurons have increased levels of soluble Aβ in the brain,33 it is unlikely that LRP on neurons in vivo mediates Aβ clearance.

Recent studies indicate that LRP is expressed in brain capillary endothelium,7,34 and that LRP along the brain capillary membranes in vivo clears Aβ40 into the blood.7 Because the formation of Aβ complexes with either apoE or α2M has not been shown in the CNS in vivo during rapid clearance transport studies,7 it is possible that LRP interacts directly with Aβ, and that this interaction may result in rapid clearance of Aβ on brain capillaries.35

**RAGE and LRP-Based Aβ-Lowering Strategies**

Drugs that downregulate RAGE and upregulate LRP at the BBB may have a capability to readjust the transport equilibrium for Aβ by promoting its efflux from brain into the bloodstream. In AD and in APP transgenic models of AD, RAGE is significantly upregulated at the BBB,7,29 whereas LRP is downregulated.7 Whether overexpression of RAGE influences the expression of LRP is currently unknown. Our recent findings demonstrate that RAGE-specific IgG can increase the expression of LRP in human brain endothelial cells exposed to Aβ-rich environment by blocking the effect of Aβ on RAGE receptor, suggesting the activities of the 2 receptors may be linked (Figure 3A). On the other hand, drugs that may upregulate LRP by acting directly on BBB endothelial cells, as we illustrate for the 2 statins (ie, simvastatin and lovastatin; Figure 3B and 3C), may also help in clearing Aβ from brain.

The high binding affinity of Aβ to RAGE and LRP may offer a basis for development of soluble products that can act as peripheral or central binding agents for Aβ. An example of this is sRAGE, a truncated form of the RAGE receptor that does not contain the cytoplasmic domain of the receptor but does contain the V-type binding domain and is able to significantly reduce development of cerebral β-amyloidosis in an AD mouse model.9 Another example could be soluble LRP fragments that bind directly Aβ.29 Thus, future preclinical studies in APP animal models of AD should show...
whether RAGE and LRP-based strategies to modify Aβ transport exchanges at the BBB will have a major impact on clearing Aβ/amyloid across the BBB, with an ultimate goal to provide a safe therapy to control cognitive decline in AD and related cerebrovascular disorders.

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