Coactivation of GABA\textsubscript{A} and GABA\textsubscript{B} Receptor Results in Neuroprotection During In Vitro Ischemia

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**Background and Purpose**—The possible neuroprotective effect of endogenous \(\gamma\)-aminobutyric acid (GABA) on the irreversible electrophysiological changes induced by in vitro ischemia on striatal neurons was investigated. In particular, the aim of the study was the characterization of the neuroprotective action of 2 antiepileptic drugs increasing GABAergic transmission such as tiagabine, a GABA transporter inhibitor, and vigabatrin, an irreversible inhibitor of GABA transaminase.

**Methods**—Extracellular field potential recordings were obtained from rat corticostriatal slice preparations. In vitro ischemia was delivered by switching to an artificial cerebrospinal fluid solution in which glucose was omitted and oxygen was replaced with \(\text{N}_2\).

**Results**—An irreversible loss of the field potentials recorded from striatal neurons was observed after 10 minutes of ischemia in control solution. Conversely, tiagabine and vigabatrin partially prevented the ischemia-induced field potential loss. Surprisingly, both GABA\textsubscript{A} and GABA\textsubscript{B} receptor antagonists blocked these effects. Accordingly, neuroprotection could be obtained only when GABA\textsubscript{A} and GABA\textsubscript{B} receptor agonists were coapplied, but not when a single agonist was given in isolation.

**Conclusions**—Antiepileptic drugs targeting GABAergic transmission can exert neuroprotective effects against ischemia by increasing endogenous GABA levels and via the activation of both GABA\textsubscript{A} and GABA\textsubscript{B} receptors. *(Stroke. 2004;35:596-600.)*

**Key Words:** anticonvulsants ■ corpus striatum ■ electrophysiology ■ ischemia ■ receptors, GABA
**Materials and Methods**

Preparation and maintenance of rat corticostriatal slices have been previously described. B Briefly, corticostriatal coronal slices were prepared from 2- to 3-month-old Wistar rats (thickness, 270 to 300 μm). All the experiments were conducted in conformity with the European Communities Council Directive of November 1986 (86/609/EEC). Slices were kept in artificial cerebrospinal fluid, whose composition was as follows (in mmol/L): 126 NaCl, 2.5 KCl, 1.2 MgCl₂, 1.2 NaH₂PO₄, 2.4 CaCl₂, 11 glucose, and 25 NaHCO₃. Artificial cerebrospinal fluid temperature was maintained at 34 °C for all). D, The neuroprotective effect of tiagabine was antagonized by either bicuculline, a GABA_A receptor antagonist, or CGP 46381, a GABA_B receptor antagonist (**P<0.01 compared with tiagabine alone; n=4 for both).

**Results**

**Neuroprotective Effect of Tiagabine and Vigabatrin During In Vitro Ischemia**

Excitatory glutamatergic field potentials were recorded from the striatum of corticostriatal rat slices. In electrophysiological experiments (n=97), the white matter between cortex and striatum was stimulated to obtain field potentials of 1.2±0.3 mV in amplitude and 2±0.5 ms in duration. Stimuli (0.03±0.01 ms and 1 to 5 V) were delivered at a frequency of 0.1 Hz to monitor the time course of field potential amplitude. After 10 to 15 minutes of stable baseline recording, ischemia was applied for 10 minutes. This treatment progressively reduced the amplitude of the field potential, which was completely suppressed in approximately 5 minutes. After the washout of the ischemic medium, the field potential did not recover (P<0.001; n=20) (Figure 1A).

The application of 30 μmol/L tiagabine for 10 minutes did not alter per se the amplitude of the field potential. However, in the presence of tiagabine, the field potential partially recovered 10 to 20 minutes after the washout of the ischemic solution (Figure 1A), reaching 41±5% of the preischemic value (P<0.01 compared with control; n=12). Similar results were obtained by the application of 10 μmol/L vigabatrin, which had a neuroprotective effect on field potential even stronger than tiagabine (Figure 2A). In fact, in the presence of vigabatrin, the field potential recovery after in vitro ischemia was approximately 53±6% of the preischemic value (P<0.01 compared with control; n=12).

The efficacy of tiagabine increased from 10 to 30 μmol/L (P<0.01, n=5; P<0.01, n=12, respectively), whereas at lower (3 μmol/L) or higher (100 and 300 μmol/L) doses it had no significant effect on posts ischemic field potential recovery (P>0.05; n=4 for all) (Figure 1C). Similarly, vigabatrin had a maximal neuroprotective effect at 10 μmol/L (P<0.01; n=12), while it decreased at 30 μmol/L (P<0.05, n=7). Doses of 3 or 100 μmol/L had no significant effects on posts ischemic field potential recovery (P>0.05; n=4 for both) (Figure 2C).

**Coactivation of GABA_A and GABA_B Receptor Is Required for Neuroprotective Effects Against In Vitro Ischemia**

Both tiagabine and vigabatrin are known to act on synaptic GABA levels with different mechanisms. Thus, to verify whether their neuroprotective effects were mediated by an...
increased GABA\(_A\) and/or GABA\(_B\) receptor function, we applied these drugs in combination with either bicuculline (3 to 10 \(\mu\)mol/L), a GABA\(_A\) receptor antagonist, or CGP 46381 (100 \(\mu\)mol/L), a GABA\(_B\) receptor antagonist. Surprisingly, the neuroprotective effects of both tiagabine (30 \(\mu\)mol/L) (Figure 2D) and vigabatrin (10 \(\mu\)mol/L) (Figure 2D) were largely reduced by both of these GABA receptor antagonists. In particular, the tiagabine-mediated field potential recovery was reduced to 1.5\% and 3.5\% of preischemic values by bicuculline and CGP 46381, respectively (\(P<0.01\) compared with tiagabine alone; \(n=4\) for both), while the vigabatrin-mediated field potential recovery was reduced to 5\% and 4.5\% (\(P<0.01\) compared with vigabatrin alone; \(n=4\) for both).

Exogenous GABA and Direct GABAergic Agonist Mimic the Neuroprotective Effect of Tiagabine and Vigabatrin

We also measured the possible neuroprotective action caused by exogenous GABA. In the presence of GABA (100 \(\mu\)mol/L), the field potential partially recovered 10 to 20 minutes after the washout of the ischemic solution (Figure 3A), reaching 36\% of the preischemic value (\(P<0.01\) compared with control; \(n=5\)).

However, while GABA was protective at 100 \(\mu\)mol/L (\(P<0.01\), \(n=5\)), lower (30 and 50 \(\mu\)mol/L) or higher (200 and 300 \(\mu\)mol/L) doses of this transmitter had no significant effect on postischemic field potential recovery (\(P>0.05\); \(n=4\) for both) (Figure 3B).

**Figure 2.** Neuroprotective effect of vigabatrin. A, Under control conditions, in vitro ischemia caused an irreversible field potential loss evoked by corticostriatal stimulation. Incubation of the slices in 10 \(\mu\)mol/L vigabatrin partially prevented the ischemia-induced effect (\(**P<0.01\) compared with control; \(n=12\)). B, Upper tracings show a single experiment in control conditions in which the ischemic period (10 minutes) produced an irreversible loss of field potential. Lower tracings show another experiment in which preincubation with vigabatrin was able to partially reverse the effect of ischemia. C, The neuroprotective effect of vigabatrin is dose dependent. A significant recovery was observed in the presence of 10 \(\mu\)mol/L vigabatrin (\(**P<0.01\); \(n=12\)), while it decreased at 30 \(\mu\)mol/L (\(P<0.05\); \(n=7\)). Doses of 3 or 100 \(\mu\)mol/L had no significant effects on postischemic field potential recovery (\(P>0.05\); \(n=4\) for both).

**Figure 3.** Neuroprotective effect of exogenous GABA. A, Exogenous GABA partially prevented the irreversible field potential loss induced by ischemia (\(**P<0.01\) compared with control; \(n=5\)). B, The neuroprotective effect of GABA is dose dependent (\(**P<0.01\); \(n=5\)). C, Both bicuculline and CGP 46381 block GABA-induced neuroprotection (\(**P<0.01\) compared with GABA alone; \(n=4\) for both).
Interestingly, the neuroprotective effect of 100 μmol/L GABA (Figure 3C) was largely reduced by either bicuculline (3 to 10 μmol/L) or CGP (100 μmol/L). In particular, the GABA-mediated field potential recovery was reduced to 5±3% and 5±2.5% of preischemic values by bicuculline and CGP 46381, respectively (P<0.01 compared with GABA alone; n=4 for both).

Thus, our hypothesis was that the neuroprotective effect of tiagabine and vigabatrin is mediated by the activation of both GABA_A and GABA_B receptors. To further investigate the receptor mechanisms of the neuroprotective action, we used 2 GABA agonists: muscimol (1 μmol/L), acting on the GABA_A receptor, and baclofen (1 μmol/L), acting on the GABA_B receptor (Figure 4). According to previous data, both of these agonists showed a neuroprotective effect only when coapplied (P<0.01 compared with control; n=4). Conversely, coadministration of these agonists caused partial neuroprotection (**P<0.01 compared with control; n=4).

Discussion
The data in the present study provide further support for the hypothesis that, by increasing GABAergic transmission, it is possible to counteract the neuronal death consequent to an ischemic insult. However, we also found that coactivation of both GABA_A and GABA_B receptors is required to achieve the GABA-mediated neuroprotection during energy deprivation.

Tiagabine and vigabatrin are 2 currently used antiepileptic drugs that are indicated against focal seizures with or without secondary generalization. Both drugs have been tested in experimental ischemia models. Vigabatrin showed protection of the hippocampal CA1 region and substantia nigra reticulata in a gerbil model of repetitive forebrain ischemia. Tiagabine significantly reduced the ischemic-induced elevation of glutamate levels in CA1 area during the posts ischemic period and protected the CA1 pyramidal cell layer in a gerbil model of transient ischemia. In these in vivo experiments, however, posts ischemic hypothermia occurred, and it may have played a role in the obtained results. Hypothermia is a well-known protective factor against cell damage. In our model, however, we found that both drugs were able to protect the field potential amplitude from the irreversible damage induced by ischemia independently from hypothermia. In our experimental condition the temperature of the slices was constantly maintained at 34°C. Preliminary in vitro experiments performed in our laboratory at 36°C showed that both drugs are neuroprotective even when given at “physiological temperature” (C. Costa, MD, et al, unpublished data, 2003).

In the presence of exogenous GABA, we obtained a neuroprotective effect that was similar to that obtained with tiagabine and vigabatrin. The effect of tiagabine, vigabatrin, and GABA was largely reduced in the presence of the GABAAergic antagonist such as bicuculline (a selective antagonist of GABA_A receptor) or CGP 46381 (a selective antagonist of GABA_B receptors).

GABA may protect neurons not only by directly inhibiting neurons but also by exerting an inhibitory influence on glutamate-mediated neuronal activity. In agreement with this hypothesis, it has been shown that the GABA_A agonist muscimol inhibits N methyl-D-aspartate-induced neurotoxicity in primary cell cultures. Conversely, less clear is the protective role induced by activation of GABA_B receptors.

Our data support the view that the neuroprotective effects of tiagabine, vigabatrin, and GABA itself are mediated by the activation of both GABA_A and GABA_B receptors. To further explore the potential role of presynaptic and/or postsynaptic mechanisms of action in the pharmacological neuroprotection of the striatum after ischemia, we used 2 GABA agonists: muscimol, a GABA_A agonist, and baclofen, a GABA_B agonist. These agonists showed a neuroprotective effect only when coapplied.

Interestingly, we did not observe a linear relationship between the dose and the protective effect. In fact, for these drugs we obtained a bell-shaped dose-response curve. This finding may have different explanations. It is possible to speculate that high drug concentrations facilitate brain damage. It has been reported that endogenous GABA controls its own release via GABA_A autoreceptors. Thus, high levels of GABAmimetic drugs reduce the release of endogenous GABA. Alternatively, it can be speculated that excessive activation of GABA_A receptor may cause an overload of chloride ions into the neurons, leading to cell swelling.

The role of GABA in brain damage after energy deprivation has been investigated by using several experimental approaches. A number of studies demonstrated a neuroprotective role exerted by enhancing GABAergic transmission. Conversely, some in vitro studies found that GABA receptor agonists worsen the cerebral damage caused by energy deprivation.

Previous in vivo studies showed neuroprotective effects of GABA_A and GABA_B agonists given in isolation. Conversely, other studies either failed to show such neuroprotection or found relevant side effects associated with the administration of these agonists. Since our in vitro study clearly shows that coactivation of GABA_A and GABA_B receptors is required for GABA-mediated protection, future in vivo investigations should be performed to explore this issue further. It is possible that concomitant activation of both receptors would allow achievement of clinically relevant therapeutic effects even with low doses of agonists.
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