Influence of Hyperglycemia on Oxidative Stress and Matrix Metalloproteinase-9 Activation After Focal Cerebral Ischemia/Reperfusion in Rats

Relation to Blood-Brain Barrier Dysfunction

Hiroshi Kamada, MD, PhD; Fengshan Yu, MD; Chikako Nito, MD, PhD; Pak H. Chan, PhD

Background and Purpose—Hyperglycemia is linked to a worse outcome after ischemic stroke. Among the manifestations of brain damage caused by ischemia are blood-brain barrier (BBB) disruption and edema formation. Oxidative stress and matrix metalloproteinase-9 (MMP-9) activation are implicated in BBB dysfunction after ischemia/reperfusion injury. Our present study was designed to clarify the relation among hyperglycemia, oxidative stress, and MMP-9 activation associated with BBB dysfunction after transient focal cerebral ischemia (tFCI).

Methods—We used a model of 60 minutes of middle cerebral artery occlusion on the following animals: normoglycemic wild-type rats, wild-type rats with hyperglycemia induced by streptozotocin, and human copper/zinc superoxide dismutase (SOD1) transgenic rats with streptozotocin-induced hyperglycemia. We evaluated edema volume, Evans blue leakage, and oxidative stress, such as the carbonyl groups and oxidized hydroethidine (HEt), SOD activity, and gelatinolytic activity, including MMP-9.

Results—Hyperglycemia significantly increased edema volume and Evans blue leakage. Moreover, it enhanced the levels of the carbonyl groups, the oxidized HEt signals, and MMP-9 activity after tFCI without alteration in SOD activity. Gelatinolytic activity and oxidized HEt signals had a clear spatial relation in the hyperglycemic rats. SOD1 overexpression reduced the hyperglycemia-enhanced Evans blue leakage and MMP-9 activation after tFCI.

Conclusions—Hyperglycemia increases oxidative stress and MMP-9 activity, exacerbating BBB dysfunction after ischemia/reperfusion injury. Superoxide overproduction may be a causal link among hyperglycemia, MMP-9 activation, and BBB dysfunction. (Stroke. 2007;38:1044-1049.)

Key Words: blood-brain barrier ▪ cerebral ischemia ▪ hyperglycemia ▪ metalloproteinases ▪ oxidative stress

Hyperglycemia at the time of ischemic stroke is linked to an increased risk of mortality and poor functional recovery.1,2 Experimental studies have shown that preischemic hyperglycemia aggravates the development of damage after reperfusion.3,4 One of the manifestations of central nervous system damage caused by cerebral ischemia is the formation of brain edema, which is a result of the breakdown of the blood-brain barrier (BBB). Hyperglycemia has a deleterious effect on the BBB and causes edema formation after global ischemia.3,5

Oxidative stress is involved in the regulation of junctional proteins of endothelial cells.6,7 Reactive oxygen species (ROS), especially superoxide anions, are critical factors in BBB disruption and brain edema formation after transient focal cerebral ischemia (tFCI).8,9 In contrast, matrix metalloproteinases (MMPs), including MMP-2 (gelatinase A) and MMP-9 (gelatinase B), can degrade components of the extracellular matrix around the blood vessels.10 MMP-9 particularly plays a pivotal role in the proteolytic degradation of the BBB after tFCI, as demonstrated by an experiment in MMP-9–null mice.11 Moreover, oxidative stress activates MMP-9 to mediate the breakdown of the BBB after tFCI.10,12

Recent reports have shown that hyperglycemia enhances ROS that are associated with exacerbated neuronal damage after ischemia/reperfusion injury.13,14 However, the exact mechanisms between hyperglycemia and BBB disruption after tFCI are still unknown. In this study, we examined the hypothesis that hyperglycemia may enhance the oxidative stress and MMP-9 activation that are associated with increased BBB permeability after tFCI.

Materials and Methods

Focal Cerebral Ischemia

The experimental protocol and procedures were approved by the Administrative Panel on Laboratory Animal Care of Stanford Univer-
sity. Adult male Sprague-Dawley rats (250 to 280 g) were subjected to tICI by intraluminal middle cerebral artery blockade with a 22.0-mm 3-0 surgical monofilament nylon suture. The animals were anesthetized with a nitrous oxide/oxygen/isoflurane mixture (69%/30%/2%) during surgical preparation. After 60 minutes of middle cerebral artery occlusion (MCAO), cerebral blood flow was restored by removal of the nylon thread. The animals were divided into 3 groups: normoglycemic wild-type (WT) rats; hyperglycemic WT rats; and hyperglycemic human copper/zinc (Cu/Zn) superoxide dismutase (SOD)-transgenic (Tg) rats (SOD1).

**SOD1 Tg Rats**

Heterozygous SOD1 Tg rats with a Sprague-Dawley background, carrying human SOD1 genes with a 4- to 6-fold increase in Cu/Zn SOD, were derived from the founder stock described previously. There were no observable phenotypic differences, including in the cerebral vasculature, between the Tg rats and WT littermates, as reported previously.

**Induction of Acute Hyperglycemia**

Hyperglycemia was induced by intraperitoneal injection of streptozotocin (60 mg/kg, Sigma-Aldrich) 3 days before MCAO. The serum glucose level was measured with a One Touch Ultra blood glucose monitoring system (LifeScan, Inc).

**Examination of Neurological Symptoms**

Neurological symptoms were examined in a blinded manner 24 hours after reperfusion, based on detection of hemiplegia and abnormal posture as follows: 0, normal; 1, forelimb flexion; 2, decreased resistance to lateral push and forelimb flexion; and 3, same behavior as grade 2, with circling (n = 7 each).

**Measurement of Infarct Volume and Edema Volume**

Coronal sections were cut into 2-mm slices (n = 7 each), which were immediately immersed in 2% 2,3,5-triphenyltetrazolium chloride at 37°C for 30 minutes. The infarct areas of each slice were separately summed and multiplied by the interval thickness to obtain infarct volumes. Edema volume was determined by subtracting the total volume of the nonischemic hemisphere from that of the ischemic hemisphere.

**Determination of BBB Permeability With the Use of Evans Blue**

Immediately after reperfusion, 4 mL/kg of 2% Evans blue (Sigma-Aldrich) in normal saline was injected into the right jugular vein (n = 6 each). The animals were killed 24 hours after reperfusion. For quantitative measurements, the brain hemispheres (ischemic side) were homogenized in 3 mL of N,N-dimethylformamide (Sigma-Aldrich), incubated for 18 hours at 55°C, and centrifuged. The supernatants were analyzed at 620 nm by spectrophotometry.

**Western Blot Analysis**

Whole-cell fractions were obtained from the entire MCA territory (ischemic side; n = 6 each). Equal amounts of samples were loaded per lane. The primary antibodies were an anti-Cu/Zn SOD antibody (1:8000, Nveta), an anti-manganese (Mn) SOD antibody (1:4000, Nveta), and an anti-β-actin antibody (1:10,000, Sigma-Aldrich) or an anti-cyclooxygenase (COX) antibody (1:2500, Molecular Probes, Inc). Western blotting was performed with horseradish peroxidase–conjugated immunoglobulin G (Amersham) with the use of enhanced chemiluminescence detection reagents (Amersham).

**Detection of Oxidative Protein Damage to the Brain**

Samples were prepared as described for Western blot analysis (n = 6). With the use of a commercial kit (Chemicon International), we observed the carbonyl groups as indicators of oxidative protein damage. The samples were incubated with 2,4-dinitrophenylhydrazine (DNP), and the DNP-derivatized carbonyl groups were specifically detected by Western blotting with an anti-DNP antibody. We analyzed the density of each lane by the total expression of DNP.

**SOD Activity Assay**

Samples were prepared as described for Western blot analysis (n = 6 each). Total SOD activity was measured with a commercial kit (Calbiochem) with a tetrazolium salt for detection of superoxide radicals generated by xanthine oxidase and hypoxanthine. One unit is defined as the amount of enzyme needed to exhibit 50% dismutation of the superoxide radical.

**Gel Zymography**

Extraction of MMP from the brains was performed as described previously (n = 6 each). Supernatants obtained from homogenized brain tissues were incubated with gelatin-Sepharose 4B (GE Healthcare). After incubation and centrifugation, the samples were resuspended in elution buffer. The same protein quantity from each sample was loaded and separated on 10% Tris-glycine gels with 0.1% gelatin (Invitrogen). A mixture of MMP-9 and MMP-2 (CC073, Chemicon International) was used as a gelatinase standard. Images of the gels were scanned with a densitometer (GS-700, Bio-Rad Laboratories), and quantification was performed with Multi-Analyist 1.0 software (Bio-Rad Laboratories).

**In Situ Zymography**

In situ gelatinase activity was detected on frozen brain sections 20 μm thick with the use of a commercial kit (Molecular Probes; n = 5 each). The sections were incubated with DQ gelatin (Invitrogen) fluorescent-conjugate at 37°C for 2 hours. Cleavage of DQ gelatin caused by MMPs resulted in green fluorescence, observed at an excitation of 495 nm and emission of >515 nm.

**In Situ Detection of Superoxide Anion Production and Double Labeling With Gelatinase Activity**

The brain sections were prepared as for in situ zymography (n = 5). Superoxide anion production in the brain was measured as oxidized hydroethidine (HEt). The sections were immediately incubated with HEt (10 μmol/L, Sigma-Aldrich) in phosphate-buffered saline for 30 minutes at 37°C. After incubation, the sections were incubated with DQ gelatin fluorescein conjugate. Oxidized HEt fluorescence was observed at an excitation of 510 nm and emission of >580 nm.

**Physiological Data**

<table>
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<tr>
<th>Time Points</th>
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<th>NG, n=6</th>
<th>HG, n=6</th>
<th>HGT, n=6</th>
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<td></td>
<td>Po2, mm Hg</td>
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<td>30 minutes after MCAO</td>
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<td>86.7±8.5</td>
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MABP indicates mean arterial blood pressure; T, rectal temperature; NG, normoglycemic WT rats; HG, hyperglycemic WT rats; and HGT, hyperglycemic SOD1 Tg rats.
Quantification and Statistical Analysis

The data are expressed as mean±SD. Comparison between 2 groups was achieved with Student t test. Significance was accepted at P<0.05. Comparison between normoglycemic and hyperglycemic rats was achieved by ANOVA for repeated measures with Fisher protected least-significant difference post hoc analysis (StatView). Significance was accepted at P<0.05.

Results

Physiological Parameters

No significant difference was seen in physiological parameters, such as mean arterial blood pressure, rectal temperature, pH, Po2, and Pco2, among the normoglycemic WT rats, hyperglycemic WT rats, and hyperglycemic SOD1 Tg rats before, during, or after MCAO (Table). There was also no significant difference in regional cerebral blood flow among the groups (data not shown). Serum glucose levels were significantly higher in the hyperglycemic WT rats and in the hyperglycemic SOD1 Tg rats at each time point compared with the normoglycemic WT rats (P<0.05; Figure 1A). No difference in the level of serum glucose was observed between the hyperglycemic WT rats and the hyperglycemic SOD1 Tg rats at any time point (Figure 1A).

Hyperglycemia Aggravated Neurological Scores, Infarct Volumes, Edema Volumes, and BBB Permeability After tFCl

Hyperglycemia worsened the neurological scores after tFCl (P<0.05; Figure 1B) and significantly increased infarct volume

Figure 1. A, Serum glucose level in normoglycemic WT rats (NG), hyperglycemic WT rats (HG), and hyperglycemic SOD1 Tg rats (HGT) before, during, or after MCAO (*P<0.05). B, Neurological scores 24 hours after tFCl in NG and HG rats. Each symbol depicts the individual score of a single animal (*P<0.05). C, Representative photographs of 2,3,5-triphenyltetrazolium chloride staining 24 hours after tFCl in NG and HG rats. Bars=1 cm. D, Infarct volume 24 hours after tFCl in NG and HG rats (*P<0.05). E, Edema volume 24 hours after tFCl in NG and HG rats (*P<0.05). F, Representative photographs of Evans blue extravasation in the brains and coronal sections (bregma +0.70 mm) of NG and HG rats 24 hours after tFCl. Bars=5 mm. G, Quantitative assay of Evans blue leakage in NG and HG rats 24 hours after tFCl (*P<0.05).
and edema volume 24 hours after tFCI \((P<0.05\); Figures 1C through 1E). Moreover, hyperglycemia promoted Evans blue leakage after reperfusion \((P<0.05\); Figures 1F and 1G).

**Hyperglycemia Enhanced Oxidative Stress Without Alteration in SOD Activity After tFCI**

Hyperglycemia did not change the levels of the carbonyl groups in the sham control brains or the brains subjected to 7 hours of reperfusion but did significantly increase the levels 24 hours after tFCI \((P<0.01\); Figure 2A). In addition, hyperglycemia remarkably increased the oxidized HET signals in the ischemic area at 24 hours \((P<0.05\); Figure 2B). In contrast, hyperglycemia did not affect the levels of Cu/Zn-SOD, MnSOD immunoreactivity, or SOD activity in the sham control brains or the brains subjected to 7 or 24 hours of reperfusion after tFCI (Figures 2C and 2D).

**Hyperglycemia Promoted MMP-9 Activity After tFCI**

Zymography showed 2 MMP-9 bands (92 and 88 kDa). Total MMP-9 levels (ie, both bands together) were quantified. Hyperglycemia did not change MMP-9 activity in the sham control brains or the brains subjected to 7 hours of reperfusion but did markedly enhance MMP-9 activity 24 hours after tFCI \((P<0.01\); Figure 3A). No difference in MMP-2 activity (68 kDa) was observed between the normoglycemic WT rats and the hyperglycemic WT rats (Figure 3A). In situ zymography demonstrated that hyperglycemia did not change the level of gelatinase activity in the sham control brains or the brains subjected to 7 or 24 hours of reperfusion after tFCI (Figure 3C).

**Overexpression of SOD1 in Hyperglycemic Rats Reduced BBB Permeability and MMP-9 Activation After tFCI**

The level of SOD activity was prominent in the hyperglycemic SOD1 Tg rats compared with the hyperglycemic WT rats \((P<0.01\); Figure 4A). MMP-9 activity and Evans blue leakage were significantly reduced in the hyperglycemic SOD1 Tg rats compared with the hyperglycemic WT rats 24 hours after tFCI \((P<0.05\); Figures 4B and 4C).

**Discussion**

The present study demonstrated that hyperglycemia significantly aggravated BBB permeability, edema formation, and neurological symptoms after tFCI. We believe that this model is ideal for investigating the mechanisms of hyperglycemia-enhanced BBB breakdown after ischemia/reperfusion injury. When BBB integrity is lost, inflammatory cells and fluid penetrate the brain, causing edema and cell death. Moreover, brain edema is known to be an important factor in the acute phase of mortality because of the development of severe brain swelling and herniation. Therefore, these findings suggest that hyperglycemia worsens outcome by increasing BBB permeability during reperfusion.

Hyperglycemia is thought to enhance the generation of ROS, such as hydroxyl radicals and superoxide, during reperfusion. In this study, hyperglycemia significantly raised the level of the carbonyl groups, ie, oxidized proteins, after tFCI. During reperfusion, production of ROS and the activity of antioxidants are implicated in oxidative stress–induced injury. The present study demonstrated that hyperglycemia increased oxidized HET signals after tFCI, suggesting that hyperglycemia enhances superoxide production during reperfusion. Pro-oxidant enzymes, such as COX-2 and NADP oxidase, generate superoxide in the later stage of ischemic reperfusion. Hyperglycemia has been shown to
increase the expression of COX-2 and NADP oxidase.\textsuperscript{24,25} Moreover, hyperglycemia is believed to be related to higher lactic acid accumulation, leading to mitochondrial dysfunction.\textsuperscript{26} Mitochondria may also be the sites of hyperglycemia-enhanced superoxide production. Although we cannot rule out the possibility that hyperglycemia exerts deleterious effects on other antioxidants, we demonstrated that hyperglycemia caused no significant change in SOD activity after tFCI. This finding is consistent with the view that SOD, Cu/Zn SOD in particular, is highly resistant to acidic pH.

In this study, the activity of MMP-9 (but not MMP-2) in the ischemic area was preferentially enhanced by hyperglycemia during reperfusion. Increased MMP-9 activity reduces a junctional protein in endothelial cells, which results in BBB disruption after tFCI.\textsuperscript{11} This information, taken together, suggests that hyperglycemia may aggravate BBB disruption partly through increased MMP-9 activity after ischemia/reperfusion injury. ROS, especially superoxide anions, are implicated in MMP-9 activation, BBB disruption, and edema formation after cerebral ischemia, as demonstrated by experiments in \textit{SOD1}-deficient or MnSOD (\textit{SOD2})–deficient mice.\textsuperscript{8,9,12} In the present study, we also showed that overexpression of \textit{SOD1} attenuated MMP-9 activation and BBB permeability, enhanced by hyperglycemia. Furthermore, a double-fluorescence study showed the clear spatial relation between gelatinase activation and superoxide production in vessels and cells. These findings suggest that superoxide overproduction is a causal link among preischemic hyperglycemia, MMP-9 activation, and BBB dysfunction after tFCI.

In conclusion, hyperglycemia increases oxidative stress and MMP-9 activity, aggravating BBB dysfunction, after ischemia/reperfusion injury. Antioxidant agents may help to prevent hyperglycemia-enhanced BBB dysfunction, edema formation, and a worse outcome in patients with ischemic stroke.

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**Disclosures**

None.
Figure 4. A. Assay of SOD activity in hyperglycemic WT rats (HG) and hyperglycemic SOD1 Tg rats (HGT) (**P<0.01). B. Zymographic analysis in HG and HGT rats 24 hours after tFCI. MMP-9 activity was significantly reduced in the HGT rats compared with the HG rats (*P<0.05). C. Quantitative analysis of Evans blue leakage in the HG and HGT rats 24 hours after tFCI. The level of Evans blue leakage was remarkably decreased in the HGT rats compared with the HG rats (*P<0.05).

References
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