Vinpocetine for Acute Ischemic Stroke

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Vinpocetine, a vasoactive vinca alkaloid, is claimed to be a neuroprotectant due to its sodium and calcium channel blocker and antioxidant effects. Vinpocetine decreased the size of cerebral infarction after middle cerebral artery occlusion in rats and mice. In controlled human studies, vinpocetine increased cerebral perfusion and oxygen extraction and prevented the worsening of attention in patients with multiple cerebral infarcts. Vinpocetine has been used to treat stroke in several countries in Europe (eg, Hungary, Poland, Germany, and Russia) and in Asia (eg, China and Japan).

Objective

The objective of this study was to determine if vinpocetine treatment decreases the rate of early (within 1 month) and late (between 3 and 6 months) case fatality and dependency if administered within 2 weeks of ischemic stroke onset.

Search Strategy

We searched the Cochrane Stroke Group Trials Register, MEDLINE (1966 to February 2007), and Scopus (1960 to February 2007). We also searched the Internet Stroke Center.
Stroke Trials Registry, Google Scholar, the science-specific search engine Scirus, and Wanfang Data, the leading information provider in China. We contacted researchers in the field and 4 pharmaceutical companies that manufacture vinpocetine. Searches are complete to February 2007.

**Selection Criteria**
Selection criteria were unconfounded randomized trials of vinpocetine compared with placebo or any other reference treatment in people with acute ischemic stroke. Trials were included if treatment started no later than 14 days after stroke onset.

**Data Collection and Analysis**
Two reviewers independently applied the inclusion criteria. One reviewer extracted the data that was then checked by the second reviewer. Trial quality was assessed. The primary outcome measure was death and dependency.

**Main Results**
Two trials involving 40 and 30 patients were included. Data of 63 patients were reported in the 2 trials combined. For early outcome (3 to 4 weeks after stroke), there was no significant difference between the treatment and control groups when dependency was measured by the modified Rankin Scale (Peto OR: 0.44; 95% CI: 0.06 to 1.79) or by the Barthel score (Peto OR: 0.63; 95% CI: 0.10 to 4.15). There was no statistically significant difference between the groups in case fatality (Peto OR: 7.94, 95% CI: 0.47 to 133.26 at 1 month, Figure B; Peto OR: 2.05, 95% CI: 0.20 to 21.36 at 3 months). No adverse effects were reported.

**Reviewers’ Conclusions**
The CIs for the outcome measures were wide and included the possibility of both significant benefit and significant harm. Therefore, there is no evidence to support the routine use of vinpocetine in all patients with acute ischemic stroke. Further trials are needed to decide if the routine application of vinpocetine decreases case fatality and the proportion of dependent survivors in acute ischemic stroke. This is a brief summary of our review with the full text available in the Cochrane Library.

**Disclosures**
One of the reviewers (DB) was supported by an unrestricted travel grant for a Cochrane training course, and both reviewers participated in clinical studies sponsored by one of the manufacturers of vinpocetine (Gedeon Richter Ltd, Budapest, Hungary). The company did not have any influence on selection of subject, on the design, conduct, analysis and reporting of this systematic review.

**Reference**

**Key Words:** ischemic stroke • vinpocetine • systematic review