Cerebral Microbleeds Are Frequent in Infective Endocarditis
A Case–Control Study

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Background and Purpose—Cerebral microbleeds (CMBs) have been described using MRI in patients with cardiovascular risk factors or prior stroke and could be an indicator of small vessel disease. CMBs have been reported in isolated cases of infective endocarditis (IE), but their frequency and the association of CMBs with IE have not yet been studied.

Methods—A case–control imaging study in a referral institutional tertiary care center was conducted. Systematic brain MRIs, including T2*-weighted sequences, were performed in 60 patients with IE within 7 days of hospital admission and in 120 age- and gender-matched control subjects without IE. Two neuroradiologists, who were blinded to patient characteristics, independently assessed the presence, location, and size of CMBs using a standardized form.

Results—The interobserver agreement level on the presence of CMBs was high with a \( \kappa \) coefficient range (95% CI) of 0.70 (0.42 to 0.98) for subcortical regions to 0.91 (0.82 to 0.99) for cortical areas. CMBs were more prevalent in patients with IE (57% [n=34]) than in control subjects (15% [n=18]; matched OR, 10.06; 95% CI, 3.88 to 26.07). Moreover, the OR of IE increased gradually with CMBs number with an OR of 6.12 (95% CI, 2.09 to 17.94) for one to 3 CMBs and of 20.12 (95% CI, 5.20 to 77.80) for \( \geq 3 \) CMBs.

Conclusion—CMBs are highly frequent in patients with IE. The strong association found between IE and CMBs supports the need for further evaluation of CMBs as additional diagnostic criteria of IE. (Stroke. 2009;40:3461-3465.)

Key Words: cerebral microbleeds | infective endocarditis | mycotic aneurysm | T2* MRI
### Table 1. General Characteristics of IE Cases and Control Subjects

<table>
<thead>
<tr>
<th></th>
<th>Cases (n=60)</th>
<th>Control Subjects (n=120)</th>
<th>(p^*)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Demographics</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Age, median (range)</td>
<td>62 (24–87)</td>
<td>61 (22–87)</td>
<td></td>
</tr>
<tr>
<td>Male gender</td>
<td>40 (66.7)</td>
<td>80 (66.7)</td>
<td></td>
</tr>
<tr>
<td><strong>Risk factors</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hypertension</td>
<td>20 (33.3)</td>
<td>52 (43.3)</td>
<td>0.166</td>
</tr>
<tr>
<td>Diabetes mellitus</td>
<td>10 (16.7)</td>
<td>22 (18.3)</td>
<td>0.793</td>
</tr>
<tr>
<td>Current smoking</td>
<td>23 (38.3)</td>
<td>42 (35.0)</td>
<td>0.655</td>
</tr>
<tr>
<td>Hypercholesterolemia</td>
<td>12 (20.0)</td>
<td>53 (44.2)</td>
<td>0.003</td>
</tr>
<tr>
<td>Anticoagulation</td>
<td>17 (28.3)</td>
<td>60 (50.0)</td>
<td></td>
</tr>
<tr>
<td><strong>Imaging data</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ischemic lesion</td>
<td>28 (46.7)</td>
<td>66 (55.0)</td>
<td>0.309</td>
</tr>
<tr>
<td>Hemorrhagic lesion</td>
<td>1 (1.7)</td>
<td>5 (4.2)</td>
<td>0.360</td>
</tr>
<tr>
<td>Leukoaraiosis</td>
<td>27 (45.0)</td>
<td>58 (48.3)</td>
<td>0.617</td>
</tr>
<tr>
<td><strong>IE characteristics</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Valvular prosthesis</td>
<td>15 (25.0)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Native valves</td>
<td>45 (75.0)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Left-sided</td>
<td>41 (68.3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Right-sided (exclusive)</td>
<td>4 (6.7)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Micro-organism(s)</td>
<td>47 (78.3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Staphylococci sp.</td>
<td>18 (30.0)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Streptococci sp.</td>
<td>21 (35.0)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>8 (13.3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Definite IE†</td>
<td>43 (71.7)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Note: Values are expressed as no. (percentage) unless otherwise indicated.

*Conditional logistic regression analysis for matched sets.
†Duke modified criteria; other cases were possible according to this classification.

The ethics committee, were analyzed. All patients signed an informed consent. Clinical data included age, gender, presence of a prosthetic heart valve, type of micro-organism, Duke-modified criteria, anticoagulation, and vascular risk factors (Table 1). For all patients, echocardiography and brain MRI were performed within the first week after patient admission.

**Control Subjects**

Subjects were retrospectively selected from the local radiological database between July 2005 and July 2007. Because we wondered whether anticoagulation might influence CMB occurrence, we randomly selected for each case 2 age- and gender-matched control subjects, one under active anticoagulation therapy and the other not. For these subjects, brain MRI was prescribed in the context of clinical treatment. The same clinical data were collected as for cases. The final diagnosis classified in control subjects as vascular, degenerative in 6% (n=7), and epilepsy in 3% (n=4).

**Brain Imaging Protocol**

For cases and control subjects, the same MRI sequences were performed on a 1.5-T GE system with GRE T2*- (TR/TE 750/17.3, flip angle 20, matrix 416×224, field of view 24×19.5, number of excitations 1), b1000 diffusion-, and T2 fluid-attenuated inversion-recovery-weighted sequences using a 5-mm slice thickness and 0.5-mm slice gap.

**MRI Reading**

Two neuroradiologists (I.K. and A.H.), blinded to patient characteristics independently reviewed and graded MRIs using a standardized form first tested on an independent sample to collect relevant information. Any disagreement was resolved by consensus. After MRI features were collected: (1) as previously described, CMBs were defined as round T2* hypointensities with diameter ≤5 mm or >5 mm and ≤10 mm. Number and localization were collected. For localization, cortical (ribbon or sulci), subcortical (white matter and basal ganglia), and posterior fossa were distinguished. Cortical ribbon localization comprised CMBs located at the cortical surface or within the cortical ribbon. For cortical sulci localization, we only considered CMBs >3 mm to avoid mistakes with 1.5-mm pial vessels. For basal ganglia, pallidal symmetrical hyposignals were excluded. Global shape and signal content of CMBs (homogeneous or heterogeneous) were noticed; (2) acute and chronic stroke, (3) parenchymal hemorrhage, (4) subarachnoidal hemorrhage with number (unique or multiple) and distribution; and (5) leukoaraiosis was graded with a modified Fazekas score.

### Statistical Analysis

Interobserver agreement was evaluated using the simple \(\kappa\) coefficient (for binary variables) and weighted \(\kappa\) coefficient (for ordinal variables). We compared CMB prevalence of between control groups with and without anticoagulant medication using McNemar exact test. Finding no difference between the 2 control groups, we compared CMB prevalence in IE cases with the 2 control groups pooled together using the conditional logistics regression analysis for matched sets. Sensitivity analysis was performed in matched pairs of cases and control subjects without anticoagulant medication. Finally, among the 60 IE cases, we used the \(\chi^2\) test to compare CMB prevalence according to patient characteristics. Statistical testing was done at the 2-tailed \(\alpha\) level of 0.05. Data were analyzed with the SAS package, release 9.1 (SAS Institute, Cary, NC).

**Results**

**Patients’ Characteristics**

IE case and control characteristics are summarized in Table 1. There was no relevant difference in patient characteristic distribution between cases and control subjects, except for a higher proportion of control subjects with hypercholesterolemia. IE was diagnosed according to the Duke criteria as definite in 43 cases (72%) and as possible in 17 (28%). In control subjects, the final diagnosis was vascular in 70% (n=84), infectious in 15% (n=18), cancer in 6% (n=7), degenerative in 6% (n=7), and epilepsy in 3% (n=4).

**Brain Microbleeds and IE**

Interobserver agreement about CMB presence was high whatever the localization with a \(\kappa\) coefficient (95% CI) ranging from 0.70 (0.42 to 0.98) for subcortical regions to 0.91 (0.82 to 0.99) for cortical areas and a CMB diameter with a \(\kappa\) coefficient (95% CI) of 0.92 (0.84 to 0.99) for CMB ≤5 mm and 0.79 (0.56 to 1.00) for CMB >5 mm. The weighted \(\kappa\) coefficient was 0.94 (95% CI, 0.89 to 0.99) after categorization of the number of CMBs into 3 groups (none, 1 to 3, >3). Similarly, interobserver reliabilities on other imaging data were high with a \(\kappa\) coefficient (95% CI) of 0.89 (0.74 to 0.90) for recent ischemic lesions, 0.84 (0.56 to 1.00) for old ischemic lesions, 0.83 (0.75 to 0.91) for leukoaraiosis score, and 0.72 (0.41 to 1.00) for hemorrhagic lesions.

Among the control group, CMB prevalence did not differ between anticoagulant-treated (11.7% [n=7]) and nonanticoagulant-treated patients (18.3% [n=11]; \(P=0.39\); the resulting CMB prevalence in the control group was 15.0% (95% CI, 8.6% to 22.7%). In IE cases, CMB prevalence was 57% (95% CI, 44.1% to 69.2%), significantly higher than the
**Discussion**

This study showed a previously unreported high prevalence of CMBs in patients with IE compared with a control group. The strength of the association between CMBs and IE increased with the number of CMBs.

To our knowledge, this is the first cross-sectional study that systematically analyzed MRI abnormalities including CMBs in IE. Minor or silent stroke is highly frequent during the acute phase of IE.\(^{16,17}\) In our study, CMBs were observed during the early phase of patient management. Although we cannot be sure that the presence of CMBs indicates early stages of infective endocarditis, the high frequency of CMBs suggests that they should be evaluated as new diagnostic markers of IE.

It is unlikely that CMBs could be signs of previous emboli from diseased valves before IE occurred. CMBs are hemorrhagic signal abnormalities that are easily differentiated from acute or old ischemic infarcts with MRI.\(^6\)–\(^8\) In our study, CMBs were not associated with ischemic lesions. In patients with IE, CMBs were mostly homogeneous, \(< 5\) mm, and predominantly located in cortical areas rather than subcortical areas. Although similar morphological and topographical differences were found in control subjects, CMBs were observed in cortical sulci and tend to be larger and more heterogeneous in patients with IE. Asymptomatic CMBs, common MRI features in elderly patients with cerebrovascular disease, might be markers of microangiopathy.\(^8\)–\(^14,18\) Similarly in IE, CMBs may reflect a subacute microvascular process leading in some cases to the development of mycotic aneurysms on distal or pial arteries. Consistently, in a previous report, a mycotic aneurysm was found to be associated with a CMB located in a cortical sulcus and the number of CMBs was greater at follow-up MRI.\(^5\) CMBs were also detected in association with a ruptured aneurysm.\(^4\) Additionally, our results suggest that CMB prevalence might vary with the type of micro-organism.

In non-IE patients, previous series have shown that CMBs are strongly associated with intracerebral hemorrhage\(^10\)–\(^14,19\) and that CMBs increased the risk of cerebral bleeding in patients under warfarin.\(^20,21\) but it is unclear whether anticoagulation increased CMB prevalence.\(^13,14\) In our series, anticoagulation was associated with CMBs in patients with IE but not in control subjects. However, in sensitivity analysis restricted to nonanticoagulant-treated patients, CMB prevalence was higher in IE cases than in control subjects.

Our study suffers from limitations. Because control subjects were not matched to cases by all vascular risk factors known to be associated with CMBs, we could not exclude a residual confusion bias. However, it seems unlikely that this would cause a significant bias in the association we found between IE and CMBs, in particular because control subjects were mainly patients admitted for acute stroke with multiple brain abnormalities. The strength of the association between CMBs and IE was systematically analyzed MRI abnormalities including CMBs in IE. Minor or silent stroke is highly frequent during the acute phase of IE.\(^{16,17}\) In our study, CMBs were observed in cortical sulci and tend to be larger and more heterogeneous in patients with IE. Asymptomatic CMBs, common MRI features in elderly patients with cerebrovascular disease, might be markers of microangiopathy.\(^8\)–\(^14,18\) Similarly in IE, CMBs may reflect a subacute microvascular process leading in some cases to the development of mycotic aneurysms on distal or pial arteries. Consistently, in a previous report, a mycotic aneurysm was found to be associated with a CMB located in a cortical sulcus and the number of CMBs was greater at follow-up MRI.\(^5\) CMBs were also detected in association with a ruptured aneurysm.\(^4\) Additionally, our results suggest that CMB prevalence might vary with the type of micro-organism.

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vascular risk factors hence with increased CMB risk. Indeed, we found a higher prevalence of CMBs in control subjects (15%) than expected in the normal population (5% to 6%). Thus, there were no relevant differences in predictive factors of CMBs between cases and control subjects as shown in Table 1. Due to the relatively small sample size, our results should be interpreted with caution, especially for subgroup analyses. We cannot exclude the possibility that some associations could have been overlooked as well as the presence of false-positive findings, especially in the context of multiple

Figure 1. T2*-weighted gradient recalled echo images showing representative distribution and morphological patterns of CMBs in 10 patients with IE (A–B, arrows) compared with 10 control subjects (C–D, arrows).

Figure 2. Matched OR of IE associated with CMB load.
comparisons. Finally, our control group did not include patients with cardiac prostheses. Extrapolation to this population would require further studies.

In conclusion, this study shows a particularly high frequency of cerebral microbleeds in infective endocarditis as compared with a hospital age-/gender-matched group. The strength of this association raises the question of the additional diagnostic value of CMBs for IE, which needs to be addressed by further specifically designed studies.

Appendix

IMAGE Study Group

Scientific Committee

Independent Committee
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Monitoring and Statistical Analysis

Working Group and Clinical Investigators

Sponsor
Assistance Publique, Hôpitaux de Paris, Direction de la Recherche Clinique, N. Best, and O. Chassany.

Acknowledgments
We acknowledge Nadine Azjenberg for providing assistance in collection of laboratory data.

Source of Funding
This study was supported by Programme hospitalier de recherche clinique (AOM 04-076).

Disclosures
None.

References
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Stroke. 2009;40:3461-3465; originally published online September 17, 2009;
doi: 10.1161/STROKEAHA.109.562546

Stroke is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231
Copyright © 2009 American Heart Association, Inc. All rights reserved.
Print ISSN: 0039-2499. Online ISSN: 1524-4628

The online version of this article, along with updated information and services, is located on the World Wide Web at:
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