When cerebral perfusion pressure (CPP) is reduced by increasing intracranial pressure (ICP) instead of lowering arterial blood pressure, the critical CPP of cerebral blood flow (CBF) autoregulation decreases from 60 mm Hg to 30 mm Hg. The reason for this decrease in critical CPP was unknown but might be interpreted as improved CBF autoregulation at high ICP. We hypothesized instead that the decrease in critical CPP at high ICP was attributable to a pathologically maintained CBF caused by microvascular shunting (MVS). We tested this hypothesis by decreasing CPP in rats by either increasing ICP or decreasing arterial pressure stepwise from 70 mm Hg to 50 mm Hg and 30 mm Hg while measuring microvascular flow in capillaries (3–7 μm diameter), microvascular shunts, or thoroughfare channels (8–15 μm diameter). Nicotinamide adenine dinucleotide (NADH) for tissue hypoxia, fluorescein dye transcapillary extravasation for blood–brain barrier (BBB) permeability, and brain water content were also measured. Decreasing CPP by increasing ICP caused a transition from capillary to MVS flow that did not occur when CPP was decreased by lowering arterial pressure. This transition was clearly associated with the development of tissue hypoxia, brain edema, and increased BBB permeability, which are hallmarks of nonnutritive shunt flow.

In the clinical management of patients with high ICP (>20 mm Hg), the optimal CPP remains a matter of dispute. Nevertheless, recommendations are CPP values between 50 and 60 mm Hg and even up to 70 mm Hg without excessive use of hypertensive agents or fluids. There are 2 schools of thought on the management of CPP in patients with high ICP. One is a CPP-directed approach, suggesting maintenance of CPP of up to 80 mm Hg and even higher. The other is an ICP-directed therapy using pharmacologic agents while maintaining CPP between 50 and 60 mm Hg. Our aim in this study was to evaluate the transition from capillary to MVS flow at high ICP as a function of CPP.

**Background and Purpose**—Recently, we showed that decreasing cerebral perfusion pressure (CPP) from 70 mm Hg to 50 mm Hg and 30 mm Hg by increasing intracranial pressure (ICP) with a fluid reservoir induces a transition from capillary (CAP) to microvascular shunt (MVS) flow in the uninjured rat brain. This transition was associated with tissue hypoxia, increased blood–brain barrier (BBB) permeability, and brain edema. Our aim was to determine whether an increase in CPP would attenuate the transition to MVS flow at high ICP.

**Methods**—Rats were subjected to progressive, step-wise increases in ICP of up to 60 mm Hg by an artificial cerebrospinal fluid reservoir connected to the cisterna magna. CPP was maintained at 50, 60, 70, or 80 mm Hg by intravenous dopamine infusion. Microvascular red blood cell flow velocity, BBB integrity (fluorescein dye extravasation), and tissue oxygenation (nicotinamide adenine dinucleotide) were measured by in vivo 2-photon laser scanning microscopy. Doppler cortical flux, rectal and cranial temperatures, ICP, arterial blood pressure, and gases were monitored.

**Results**—The CAP/MVS ratio increased ($P<0.05$) at higher ICP as CPP was increased from 50 to 80 mm Hg. At an ICP of 30 mm Hg and CPP of 50 mm Hg, the CAP/MVS ratio was 0.6±0.1. At CPP of 60, 70, and 80 mm Hg, the ratio increased to 0.9±0.1, 1.4±0.1, and 1.9±0.1, respectively (mean±SEM; $P<0.05$). BBB opening and increase of reduced form of nicotinamide adenine dinucleotide occurred at higher ICP as CPP was increased.

**Conclusions**—Increasing CPP at high ICP attenuates the transition from CAP to MVS flow, development of tissue hypoxia, and increased BBB permeability. (Stroke. 2013;44:177-181.)

**Key Words:** blood–brain barrier ■ cerebral blood flow ■ cerebral perfusion pressure ■ hypoxia ■ intracranial pressure ■ microvascular shunts

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**Effect of Cerebral Perfusion Pressure on Cerebral Cortical Microvascular Shunting at High Intracranial Pressure in Rats**

Denis E. Bragin, PhD; Rachel C. Bush, BA; Edwin M. Nemoto, PhD

**Background and Purpose**—Recently, we showed that decreasing cerebral perfusion pressure (CPP) from 70 mm Hg to 50 mm Hg and 30 mm Hg by increasing intracranial pressure (ICP) with a fluid reservoir induces a transition from capillary (CAP) to microvascular shunt (MVS) flow in the uninjured rat brain. This transition was associated with tissue hypoxia, increased blood–brain barrier (BBB) permeability, and brain edema. Our aim was to determine whether an increase in CPP would attenuate the transition to MVS flow at high ICP.

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**Conclusions**—Increasing CPP at high ICP attenuates the transition from CAP to MVS flow, development of tissue hypoxia, and increased BBB permeability. (Stroke. 2013;44:177-181.)

**Key Words:** blood–brain barrier ■ cerebral blood flow ■ cerebral perfusion pressure ■ hypoxia ■ intracranial pressure ■ microvascular shunts
Methods

Animals and Surgical Procedures
Protocol #100916 was approved by the Institutional Animal Care and Use Committee (IACUC) of the University of New Mexico Health Sciences Center. Acclimated male Sprague-Dawley rats were used (300–350 g, n=28; Harlan Laboratories, Indianapolis, IN). Anesthesia was induced with 4% isoflurane/70% nitrous oxide and 30% oxygen. The rats were intubated with a 14-G x 1.9-inch catheter and mechanically ventilated (Harvard Apparatus) on 2% isoflurane/30% oxygen/70% nitrous oxide with tidal volume of 2.0 to 2.5 mL at a rate of 55 to 65 per minute. Rrectal temperature was kept at 37±0.5ºC by a heated water blanket. Atropine (0.2 mg intraperitoneally) was used to reduce mucous secretions. Femoral artery catheters (PE-50) were used to monitor arterial blood pressure and blood sampling (0.3 mL each). Double-lumen femoral vein catheters (BrainTree Scientific) were used for dopamine infusion, fluid replacement (lactated Ringers, 1 mL/hour), and fluorescein-dextran injection. The rats were placed in a stereotaxic head frame ( Kopf Instruments). A catheter (PE-50) was inserted into the cisterna magna and glued in place to monitor and manipulate ICP by a reservoir of artificial cerebrospinal fluid. A craniotomy (5 mm diameter) over the left parietal cortex was filled with 1.5% agarose in saline and a cover glass slip over the craniotomy was glued to the skull. A cranial temperature probe was used to monitor brain temperature.

Experimental Paradigm
The animals were studied in 4 groups (n=7). CPP was maintained at 50 mmHg, 60 mmHg, 70 mmHg, and 80 mmHg (Table). In each group, ICP was sequentially increased from 10 to 30, 40, and 60 mmHg by raising the artificial cerebrospinal fluid reservoir while CPP was manipulated by titrated intravenous dopamine (1 mg/mL) infusion with a Syringe Pump (Harvard Apparatus). The dopamine dose infused ranged from 67±16 to 400±70 µg/kg per minute (mean±SEM). The average time to achieve a stable elevation in CPP was 7.4±5.2 min. Thirty minutes at each CPP was sufficient for stabilization of physiological variables and completion of the measurements.

Dopamine was chosen as the vasopressor because norepinephrine and phenylephrine induced severe arterial acidosis that was difficult to control with intravenous sodium bicarbonate. Arterial acidosis with dopamine was minimal and easily controlled by intravenous sodium bicarbonate infusion (Supplementary Table I). Measured variables were as follows: microvascular red blood cell (RBC) flow velocity, NADH autofluorescence, BBB permeability, and cortical Doppler flux. Rectal and temporal muscle temperatures were continuously monitored. Arterial pressure, ICP, and CBF were continuously recorded using Biopac preamplifiers and software. Arterial blood gases, hemoglobin, hematocrit, pH, glucose, and electrolytes were measured at each ICP using a CG8+ cartridge (iSTAT; ABAXIS).

In Vivo 2-Photon Laser Scanning Microscopy of NADH
NADH autofluorescence was measured using 2-photon laser scanning microscopy as described. Fluorescence was emitted by 740-nm center wavelength and filtered at 425 to 475 nm. Thirty planar scans of fluorescence intensity were obtained in 10-µm steps starting at 100 µm from the pia matter at each ICP. In offline analyses, average intensity was calculated from the maximal intensity projection for each ICP.

Cortical Doppler Flux
Relative changes in cortical flow were measured continuously by Doppler flux using a single-fiber 0.8-mm-diameter surface Doppler probe (Moor Instruments) on the temporal bone (burr hole) below the optical window.

Statistical Analysis
Statistical analyses were performed by independent Student t test or Kolgomorov-Smirnov test when appropriate. Differences between groups were determined using 2-way ANOVA for multiple comparisons and post hoc testing using the Mann–Whitney U test. Bonferroni multiple-comparison test was used for post hoc analysis when the effects of different CPPs were compared against each other. Significance level was preset to P<0.05. Data are presented as mean±SEM.

Results
Physiological variables were within normal limits throughout the studies and were not significantly different (Supplementary Table II). However, blood glucose levels were elevated in all groups, likely as a result of the stress of surgery and anesthesia. Variations in blood gases were adjusted by manipulation of the rate and volume of the ventilator. Base deficits less than −5.0 mEq/L were corrected by slow intravenous injection of 8.4% sodium bicarbonate.

<table>
<thead>
<tr>
<th>Time From Start, min</th>
<th>Group I (ICP=50 mmHg)</th>
<th>Group II (ICP=60 mmHg)</th>
<th>Group III (ICP=70 mmHg)</th>
<th>Group IV (ICP=80 mmHg)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>ICP=5 (±3.3)</td>
<td>ICP=6 (±3.5)</td>
<td>ICP=7 (±4.4)</td>
<td>ICP=8 (±5.1)</td>
</tr>
<tr>
<td>0</td>
<td>10.6±2.3</td>
<td>10.8±4.1</td>
<td>11.2±3.4</td>
<td>10.3±2.9</td>
</tr>
<tr>
<td>30</td>
<td>29.8±4.1</td>
<td>30.5±3.6</td>
<td>31.6±4.1</td>
<td>30.2±4.8</td>
</tr>
<tr>
<td>60</td>
<td>40.1±5.2</td>
<td>42.6±5.3</td>
<td>40.4±4.8</td>
<td>41.6±6.1</td>
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<td>90</td>
<td>60.3±4.4</td>
<td>61.3±5.6</td>
<td>63.1±6.7</td>
<td>60.5±7.2</td>
</tr>
</tbody>
</table>

CPP indicates cerebral perfusion pressure; ICP, intracranial pressure; and MAP, mean arterial pressure.

n=7 rats/group, all measurements in mm Hg, mean±SEM.
RBC Flow Velocities

Microvascular blood flow was measured by fluorescein-dextran labeling of plasma to observe RBCs as negatively stained stripes in a background of labeled plasma (Figure 1A). Line scans were performed at each ICP on ≈100 microvessels (3–15 µm diameter) from the regions imaged by 2-photon laser scanning microscopy at several depths (100–300 µm) from the pia mater. A line scan through a microvessel leads to a sequence of alternating bright and dark pixels corresponding to labeled plasma and unlabeled RBCs. The result is diagonal bands in a space–time image as illustrated in Figure 1B. The slope of the stripes inversely reflects RBC velocity.

As we previously reported,5 at a normal CPP of 70 mm Hg the proportion of low-velocity capillary (<1 mm/sec, 3–7 µm diameter) was 67.2%, which is significantly greater than the 32.8% of high-velocity microvessels (>1 mm/sec, 8–15 µm diameter). CPP reduction to 30 mm Hg decreased the proportion of low-flow microvessels to 48.8% and increased the proportion of high-velocity microvessels to 51.2%. This redistribution was associated with hypoxia, brain edema, and BBB leakage, which is a hallmark of non-nutritive MVS flow.

The capillary/microvascular shunt (MVS) flow ratio we use here (Supplementary Figure I) reflects the relative proportion of capillary to MVS flow (Figure 1C). In all groups at normal ICP of 10 mm Hg, the capillary/MVS ratio was similar to control, with an average value of 2.15±0.29 for all 24 animals. A progressive increase in ICP from 10 mm Hg to 30, 40, and 60 mm Hg at constant CPPs resulted in a progressive increase in the number of microvessels, with flow velocities >1.0 mm/s suggesting a shift from low-velocity capillary to high-velocity MVS flow. At ICP ranging from 30, 40, and 60 mm Hg, and CPP at 50, 60, 70, and 80 mm Hg, the capillary/MVS ratio increased significantly, indicating a reduction in microvascular shunting (Supplementary Table III). Thus, increasing CPP at a given ICP attenuated the transition from capillary to MVS flow.

The increase in Doppler flux with step-wise increase in ICP at a constant maintained CPP reflects the flow shift from low-velocity capillary to high-velocity MVS flow (Supplementary Table III). The increase in Doppler flux with ICP elevation was steeper at lower CPP than at higher CPP, correlating with a higher proportion of MVS flow at any given increased ICP and lower CPP.

Tissue NADH

NADH is an indicator of the status of mitochondrial oxidation. NADH is fluorescent, whereas oxidized NAD+ is not. Thus, increased NADH autofluorescence reflects tissue hypoxia.21,22 At ICP of 10 mm Hg and at CPP of 70 mm Hg, NADH autofluorescence was evenly distributed in a rat parietal cortex (Figure 2A). NADH fluorescence in a tissue more proximal to microvessels was less bright than distal, reflecting better oxygenation resulting from oxygen gradients.21 In controls, NADH autofluorescence was unchanged over 120 min. Progressively increasing ICP resulted in a marked increase in NADH fluorescence, suggesting tissue hypoxia in all 4 experimental groups (Figure 2B and 2C and Supplemental Table IV; P<0.05 and P<0.01). The increase in NADH was less at higher CPP.

BBB Permeability

In intact brain, bright vessels filled with fluorescein-dextran were clearly seen over the dark background of unstained tissue (Figure 3A). Increased BBB permeability leaks fluorescein-dextran out of microvessels into tissue (Figure 3B). The table in Figure 3C demonstrates the number of rats out of 7 for each group showing dye extravasation. In a control group (ICP 10

**Figure 1.** Red blood cell flow velocities were affected by increasing intracranial pressure (ICP) as a function of cerebral perfusion pressure (CPP) maintained by dopamine infusion. **A**, Micrograph showing a region from which microvascular flow was recorded. **B**, Line-scan data of red cell velocities in the 2 microvessels shown in (A) with lower velocity in the first microvessel than in the second. **C**, Changes in capillary/microvascular shunt flow (CAP/MVS) ratio showing that increasing CPP as a function of ICP attenuates the transition to MVS flow (mean±SEM; *P<0.05; n=7).

**Figure 2.** Tissue oxygenation by reduced nicotinamide adenine dinucleotide (NADH) autofluorescence with increasing intracranial pressure (ICP) and cerebral perfusion pressure (CPP) maintained by dopamine infusion. **A**, Micrograph of NADH fluorescence at normal ICP (10 mm Hg) and CPP (70 mm Hg). **B**, Micrograph of the same area at an ICP of 60 mm Hg showing increased NADH fluorescence and tissue hypoxia. **C**, Graph showing progression of tissue hypoxia with increasing ICP and constant CPP. Data were normalized as a percent of an averaged initial levels at normal CPP (70 mm Hg) and ICP* (10 mm Hg; mean±SEM; n=7; *P<0.05, **P<0.01 between groups; arrowheads show first significant difference within the group).
fuse the infracted tissue without nutrient and gas exchange.23,24 Capillary rarefaction in infarcted tissue observed histologically, lary beds. These distinctions are supported by observations of range in diameter from 5 to 12 μm. Larger-diameter microvessels from 8 μm to 45 μm diameter. Important distinctions are to be made regarding the cerebral microvasculature. Capillaries are distinguished from shunts by their size (3–7 μm diameter), branching, and tortuosity.6–9,11,19

Increased BBB permeability as a result of the increase in capillary pressure also would lead to the initiation of inflammatory mediators such as cytokines and tumor necrosis factor-α from endothelial cells, pericytes, mast cells, and neurons, and from the migration of neutrophils, macrophages, and microglia into the brain parenchyma.26,27 However, the specific sequence of events in these inflammatory processes requires further investigation.

The use of dopamine to increase CPP may affect MVS flow not only by the increase in CPP but also through vasoactive effects. Dopamine has both β2-adrenergic chronotropic and inotropic effects on the heart and also β2-adrenergic vasodilatory and α1-adrenergic vasoconstrictive effects on cerebral blood vessels.28,29 At low doses, dopamine induces a vasoconstrictive α1-adrenergic effect, whereas at higher doses it induces a vasodilatory β2-adrenergic vasodilatory effect. In unanesthetized monkeys, we reported a 20% to 30% increase in CBF and cerebral metabolic rate for oxygen with dopamine infusion at 100 μg/kg per minute.30 The extent to which these effects of dopamine on the cerebrovasculature affected MVS flow remains to be determined.

This study is our first attempt to use the transition from capillary to MVS flow to study the interaction of CPP and ICP in the uninjured brain. The results show that increasing CPP at high ICP from 10 to 60 mm Hg progressively attenuates the transition from capillary to MVS flow. The range of ICP studied is higher than that tolerated clinically but shows that at high ICP, the effects of increasing CPP on the capillary/MVS ratio is continuous and monophasic.

Determination of an optimal CPP in patients with elevated ICP is complex. It is multifactorial in causation and varies with magnitude of injury severity and the increase in edema and cerebral blood volume. This study is an extension of previous studies1–4 showing that increased ICP results in a decrease in cerebral blood volume. This study is an extension of previous studies1–4 showing that increased ICP results in a decrease in cerebral blood volume.

Table 3 shows the average of fluorescein iso-thiocyanate fluorescence in brain tissue in absolute units (a.u.) at CPP of 50, 60, 70, and 80 mm Hg during gradual increase of ICP. Data normalized to normal ICP and presented as means±SEM (n=7). *P<0.05, **P<0.01 between groups; arrowheads show first significant difference within the group.
The transition from capillary to MVS flow secondary to increased ICP likely is caused by an increase in cerebral venous back pressure attributable to the increase in CSF pressure. Increased venous pressure decreases the transcapillary pressure gradient, resulting in decreased capillary flow and arteriolar dilation, thereby increasing the transcapillary pressure gradient to restore capillary flow at a higher capillary hydrostatic pressure. The higher capillary hydrostatic pressure promotes the development of brain edema and increased capillary resistance, which ultimately redirect flow through lower resistance microvascular shunts resulting in capillary rarefaction and non-nutritive hyperemia. Elevated CPP with high ICP should promote flow through high-resistance capillaries and reduce flow through MVS.

In summary, our studies show that increased CPP at high ICP attenuates the transition from capillary to MVS flow. The question remains as to when it is safe to increase CPP. CPP cannot be increased in a patient with high ICP and loss of CBF autoregulation, but patients with high ICP and intact CBF autoregulation may benefit; however, that remains to be determined.

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Disclosures
None.

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