Timing-Invariant Imaging of Collateral Vessels in Acute Ischemic Stroke

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Background and Purpose—Although collateral vessels have been shown to be an important prognostic factor in acute ischemic stroke, patients with lack of collaterals on standard imaging techniques may still have good clinical outcome. We postulate that in these cases collateral vessels are present though not visible on standard imaging techniques that are based on a single time frame.

Methods—This study included 40 consecutive patients with acute ischemic stroke with a large-vessel occlusion. Standard computed tomography angiography (CTA, single time frame) and CT perfusion (multiple time frames) were obtained at admission and timing-invariant (TI)-CTA was created from the CT perfusion data. Clinical outcome data (modified Rankin Scale) were assessed at 3-month follow-up. Four experienced observers independently assessed collateral status twice on both standard CTA and TI-CTA in an independent, blinded, randomized manner. Collateral status was rated as good if ≥50% and poor if <50% of collaterals were present compared with the contralateral hemisphere.

Results—Collateral status was rated higher on TI-CTA (good in 84%) compared with standard CTA (good in 49%; P<0.001). Thirty-one percent of patients with poor collateral status on standard CTA still had good clinical outcome. All of those patients, however, showed good collaterals on TI-CTA. All cases with poor collateral status rated on TI-CTA had poor clinical outcome.

Conclusions—Collateral vessels may not always be visible on standard single time-frame CTA because of delayed contrast arrival. Future prognostic studies in acute stroke should consider delay-insensitive techniques, such as TI-CTA, instead of standard single time-frame imaging, such as standard CTA. (Stroke. 2013;44:2194-2199.)

Key Words: CT ■ CT angiography ■ collateral ■ perfusion imaging ■ stroke

In acute ischemic stroke, cerebral blood supply is regionally challenged, typically as a result of arterial occlusion. In a subgroup of patients, however, sufficient blood supply may still be available to these challenged regions via collateral vascular pathways.1,2 This collateral blood supply, in particular via the leptomeningeal route, is an important and independent prognostic factor for patient outcome.1,3–5 Collateral blood flow is also an independent prognostic factor for successful thrombolytic therapy.6,7 Imaging of collateral blood supply can be divided in 2 main approaches: visualization of the collateral vessels directly or assessment of the effectiveness of collateral perfusion.8 Visualization of collateral vessels is typically performed using digital subtraction angiography, MR angiography, or computed tomography angiography (CTA). The effectiveness of collateral blood supply can be assessed using MR perfusion and CT perfusion techniques.9,10 From systematic review, it was concluded that imaging of collateral blood supply is still challenging, and that the most promising approach for routine assessment seems a multimodal CT or MR approach combining both vessel imaging and perfusion imaging.5,8

Collateral grading on CTA has been shown to be a strong and independent prognostic factor for clinical outcome after acute stroke.4,6,11 In particular, the absence of leptomeningeal collaterals, also referred to as a malignant collateral profile, has been shown to be highly predictive for poor clinical outcome.12 Surprisingly, however, patients with lack of collaterals could still have favorable clinical outcome in these studies. This indicates that either the current paradigm of collateral blood supply is not comprehensive or that collateral vessels are present but not visible on standard imaging techniques. The latter may be the case if contrast material has not yet arrived in the collateral vessels at the time of CTA or MR angiography acquisitions because of delayed contrast arrival via the collateral pathway. In contrast to these single time-frame angiographic imaging techniques, multiple low-dose scans are performed in CT perfusion after intravenous injection of contrast material. Generally, the CT perfusion source images are used to derive perfusion maps, such as the cerebral blood flow, cerebral blood volume, and mean transit time, but these images also contain information about the cerebral vasculature. Recently, a method...
was presented to obtain CTA images from the CT perfusion source data that are insensitive to timing of contrast arrival. This technique is referred to as timing-invariant (TI)-CTA and displays maximal contrast enhancement over time. Because the CT perfusion source images cover the whole period from contrast inflow to outflow, collaterals should be visible on TI-CTA if present. TI-CTA, therefore, has the potential to display collateral vessels that are not yet visible on single time-frame imaging techniques, and may be a better predictor of clinical patient outcome.

The purpose of this study is to compare standard single time-frame CTA with TI-CTA for assessment of collateral vessels in acute ischemic stroke in correlation with clinical outcome.

Materials and Methods

Patients

Approval by the review board of the University Medical Center Utrecht was obtained. In our hospital, all patients who are admitted under the clinical suspicion of acute ischemic stroke undergo noncontrast CT, standard CTA, and CT perfusion imaging if they fulfill the following criteria: (1) admission at <9 hours after onset of neurological deficit (including patients who awaken with stroke symptoms if the time between going to sleep and admission is <9 hours) and (b) National Institutes of Health Stroke Scale score of ≥2. Patients with known contrast allergy or kidney failure undergo only noncontrast CT scanning. For this study, we selected the records of all consecutive patients who underwent scanning at our center for the indication of stroke between July 2009 and October 2010. The inclusion criteria were as follows: acute occlusion of the middle cerebral artery or internal carotid artery (intracranial or extracranial part, including the bifurcation), and the availability of both CTA and thin-section CT perfusion images from the same study. The exclusion criteria were as follows: scans were performed on a scanner with <128 detector rows (for coverage in CT perfusion). Radiological assessment was made in consensus by experienced neuroradiology staff using noncontrast CT, standard CTA, and CT perfusion images. Follow-up modified Rankin Scale data at 3 months were collected for all patients by trained neurology staff. Good clinical outcome was defined as modified Rankin Scale ≤2 (independence in daily activities) and poor clinical outcome as modified Rankin Scale ≥3 (dependence in daily activities or death).

Imaging Protocol

All patients underwent standard CTA and CT perfusion imaging at admission, and TI-CTA was automatically derived from the CT perfusion data. All scans were performed on a 128 detector-row scanner (Philips ICT, Cleveland OH) using a previously described protocol. For CT perfusion, 40 mL of nonionic contrast material was injected into the antecubital vein. Scans were performed every 2 seconds during a total time period of 48 seconds and were started together with contrast material injection. For standard CTA, 50 mL of nonionic contrast material was injected into the antecubital vein. Timing of the CTA acquisition to the arterial phase was based on peak arterial contrast enhancement in the CT perfusion images. For the purpose of this study, the volume of CTA was manually clipped to the volume of the CT perfusion data. The TI-CTA images were automatically reconstructed from the CT perfusion source images on a research workstation (iX Viewer; Image Sciences Institute, Utrecht, The Netherlands). TI-CTA provides angiography by displaying maximal enhancement over time with an additional noise-reducing filter in the temporal domain. The temporal filter ensures reduction of image noise at no loss of spatial resolution. Because of the choice of the temporal maximum this technique is timing invariant, which means that the maximal enhancement of a vessel is displayed independent of its contrast arrival time. Therefore, TI-CTA is not sensitive to delayed contrast material arrival in collateral vessels and thus should display collateral vessels if present. Typically, the time for reconstruction of TI-CTA from CT perfusion data is 24 seconds on a standard personal computer.

Visual Assessment of Collateral Status

Four radiological observers (2 radiologists and 2 radiology residents with 11 (E.J.V.), 9 (I.C.v.d.S.), 5 (J.W.D.), and 3 (T.v.S.) years of experience in evaluating CTA examinations, respectively) visually assessed collateral status on all standard CTA and TI-CTA images. The observers were individually presented with a random sequence of images and were blinded with respect to patient information and imaging technique. To determine intraobserver variability, all images were evaluated twice by all observers in 2 separate sessions and after a 1-week interval. All 8 sequences (4 observers, 2 sessions each) were presented with different randomization.

Images were scored for the presence of collaterals in the territory of the middle cerebral artery compared with the contralateral hemisphere on a 4-point grading scale: (1) absent (0%), (2) >0% but <50%, (3) ≥50% but <100%, (4) normal (100%). In addition, collateral grades were dichotomized to poor collateral status (<50% collaterals) and good collateral status (≥50% collaterals). Observers were provided with visual reference images from literature, and the side of artery occlusion was presented alongside every scan.

Statistical Analysis

We compared collateral grades rated on standard CTA and TI-CTA images. Because it is our aim to investigate potential differences in visualization of collateral vessels between these CTA techniques, and because collateral grading is generally performed for outcome prediction, collateral grades were also related to clinical outcome.

To evaluate whether collateral grades are different for TI-CTA and standard CTA, we determined average collateral grades per CTA technique, and expressed these as the overall average with the range between observers (ie, range of the 8 observations of the 4 observers). A higher collateral grade indicates that more collateral arteries are visible on that CTA technique. Statistical equivalence was tested with a Wilcoxon signed-rank test for paired scores in the same patient (2 tailed, per observation). Inter- and intraobserver agreement were determined for both the 4-point grading and dichotomized collateral status by using $\kappa$ statistics. We calculated interobserver $\kappa$ values for each observer pair (24 $\kappa$ values) and intraobserver $\kappa$ values for each observer individually (4 $\kappa$ values). Inter- and intraobserver agreement were expressed as mean $\kappa$ values with the range between observers. We used nonweighted $\kappa$ statistics because the 4-point grading scale is asymmetrical (pointwise) and scores have very different clinical meaning (ie, poor: 0, 0–50; good: 50–100, 100%). A $\kappa$ value of 0.81 to 1.00 indicated very good agreement; a $\kappa$ value of 0.61 to 0.80, good agreement; a $\kappa$ value of 0.41 to 0.60, moderate agreement; a $\kappa$ value of 0.21 to 0.40, fair agreement; and a $\kappa$ value of 0.20 or lower, poor agreement.

To assess whether collateral grading on standard CTA or TI-CTA better correlates with clinical outcome, we calculated the odds ratios of collateral status for clinical outcome. These values were expressed as overall odd ratios with its 95% confidence interval (CI). Because the absence of collaterals has previously been shown to be predictive of poor clinical outcome, we also compared the predictive value of absent (score 0%) and poor collaterals (score <50%) for poor clinical outcome (negative predictive value). In addition, we compared the predictive value of good collaterals for good clinical outcome.
Visual Assessment of Collateral Status

Tables 2 and 3 show the results of collateral grading. Overall, all observers rated collateral grades significantly higher with TI-CTA than with standard CTA in all scoring sessions (all P<0.001). On a case-by-case basis, TI-CTA was rated with higher collateral grades in 63% of cases (range between observers, 53%–75%), equal in 34% of cases (range, 25%–45%), and lower in 4% of cases (range, 0%–8%) compared with standard CTA. Collateral status was rated good in 84% of cases (range, 78%–90%) on TI-CTA compared with only 49% of cases (range, 35%–60%) on standard CTA (P<0.001). Of those patients rated with poor collateral status on standard CTA, 31% of cases still had good clinical outcome. All of these patients (negative predictive value, 0.69 [95% CI, 0.61–0.76; range observers, 0.64–0.75]) had poor clinical outcome (lower, P<0.05). In other words, with poor collateral status on standard CTA, however, only 69% of patients (negative predictive value, 0.69 [95% CI, 0.61–0.76; range observers, 0.64–0.75]) had poor clinical outcome (lower, P<0.05). In other words, with poor collateral status on standard CTA, 31% of cases still had good clinical outcome. All of these cases showed good collaterals on TI-CTA. Good collaterals, however, were a weak univariate predictor for good clinical outcome for both standard CTA and TI-CTA with positive predictive values of 0.64 (95% CI, 0.61–0.76; range observers, 0.59–0.71) and 0.56 (95% CI, 0.50–0.62; range observers, 0.53–0.61), respectively (similar, P>0.05). Figure 2 shows an example of poor collateral status on standard CTA and good collateral status on TI-CTA in a patient with good clinical outcome. Figure 3 shows an example of poor collateral status on both CTA techniques in a patient with poor clinical outcome.

Discussion

Although collateral grading on standard CTA previously has been shown to be a strong and independent prognostic
factor for clinical outcome after acute ischemic stroke, surprisingly, patients with lack of collaterals could still have favorable clinical outcome.\cite{4,6,11} We hypothesized that in these patients collateral vessels should be present but may not always be visualized by standard single time-frame imaging techniques as a result of delayed contrast arrival. We tested this hypothesis in patients with acute stroke with large-vessel occlusion using TI-CTA, a technique based on multi–time-frame CT data, which is insensitive to delayed contrast arrival. We found that good collateral supply was indeed present in patients with good outcome, even if not visualized by standard CTA. Our study showed that standard single time-frame imaging techniques, such as standard CTA, are not adequately able to assess the presence of sufficient collateral supply: nearly one third of patients with poor collaterals on standard CTA had good clinical outcome.

<table>
<thead>
<tr>
<th>Collateral Grades</th>
<th>Four-Point Grading Scale</th>
<th>Dichotomized Collateral Status</th>
<th>Clinical Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Death</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Standard CTA</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Absent (0%)</td>
<td>26 (2–5)</td>
<td>0 (0–0)</td>
<td>8 (1–1)</td>
</tr>
<tr>
<td>&lt;50%</td>
<td>23 (1–5)</td>
<td>0 (0–0)</td>
<td>15 (1–3)</td>
</tr>
<tr>
<td>≥50%</td>
<td>12 (0–3)</td>
<td>0 (0–0)</td>
<td>24 (1–4)</td>
</tr>
<tr>
<td>Normal (100%)</td>
<td>3 (0–1)</td>
<td>0 (0–0)</td>
<td>1 (0–1)</td>
</tr>
</tbody>
</table>

TI-CTA

<table>
<thead>
<tr>
<th>Collateral Grades</th>
<th>Four-Point Grading Scale</th>
<th>Dichotomized Collateral Status</th>
<th>Clinical Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Death</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Absent (0%)</td>
<td>10 (0–4)</td>
<td>0 (0–0)</td>
<td>0 (0–0)</td>
</tr>
<tr>
<td>&lt;50%</td>
<td>15 (0–4)</td>
<td>0 (0–0)</td>
<td>9 (0–3)</td>
</tr>
<tr>
<td>≥50%</td>
<td>30 (3–6)</td>
<td>0 (0–0)</td>
<td>20 (1–5)</td>
</tr>
<tr>
<td>Normal (100%)</td>
<td>9 (0–2)</td>
<td>0 (0–0)</td>
<td>19 (0–4)</td>
</tr>
</tbody>
</table>

The right part (dichotomized collateral status) shows the dichotomized scores and outcome of the left part (4-point grading scale). Collateral status: poor=absent or <50%, good ≥50% or normal; clinical outcome: poor=modified Rankin Scale >2, good=modified Rankin Scale ≤2. Data are reported as cumulative number of scores. Data in parentheses are ranges among observers. Four observers scored 40 cases twice, which resulted in 320 scores per CTA technique. TI-CTA indicates timing-invariant computed tomography angiography.

Figure 1. Delayed contrast material arrival in standard computed tomography angiography (CTA) and timing-invariant (TI)-CTA. Example of collateral vessels that are poorly visible on standard CTA (single time frame) because of delayed enhancement, but are well visible on timing-invariant CTA (maximum of multiple time frames) in a patient with acute left middle cerebral artery (MCA) occlusion and good clinical outcome (modified Rankin Scale=1). A, Standard CTA shows poor collateral status (arrow). B, TI-CTA shows collateral filling in the distal part of the left MCA (arrow). C, Time-attenuation curves show that contrast is delayed in the distal part of the left MCA and arrives after standard CTA acquisition (gray bar).
All of these patients, however, showed good collaterals on TI-CTA. We also found, in our small patient group, that all patients rated with poor collateral status on TI-CTA had poor clinical outcome at 3-month follow-up. Future prognostic studies in acute stroke should, therefore, consider multiframe techniques, such as TI-CTA, instead of standard single time-frame imaging, such as standard CTA.

This study intended to explore a potential weakness of current CT imaging techniques for collateral assessment in acute stroke and to provide a potential solution. We could show that TI-CTA was not only significantly superior for detecting collaterals, but also found that poor collateral status on TI-CTA had a high predictive value for poor clinical outcome. These results complement the previous finding that the absence of collaterals on standard CTA is highly predictive for poor clinical outcome.\cite{12} Because the primary purpose of our study was to compare CTA imaging techniques, rather than a prognostic study to determine the absolute predictive values for clinical outcome, potential confounding factors, such as duration of symptoms or treatment, were not specifically assessed in a multivariate analysis. In addition, we did not correlate our findings to other imaging techniques, such as perfusion imaging, which has already been demonstrated to have strong association with favorable outcome.\cite{10} Collateral vessel imaging may provide a different representation of the same pathological substrate. The predictive values found in this study should not be interpreted as absolute predictive values, but serve as a comparison of CTA techniques and may provide a direction for future research.

Our study compared standard CTA that is acquired during one time frame with TI-CTA, which integrates information over multiple time frames. In general, any technique that integrates information over multiple time frames can be expected to yield superior results to standard single time-frame techniques. The conclusion is likely also valid for contrast-enhanced MRI because it uses the same principle as CTA: acquisition of a single time-frame MR angiography data set is prone to miss collaterals with delayed enhancement, whereas information derived from multiple time frames should be superior.

Many grading scales are available for collateral status assessment in ischemic stroke.\cite{5} Recently, a systematic review of literature on collateral status assessment described 7 grading scales for CTA alone.\cite{5} In this study, we used collateral grading to compare CTA techniques and, therefore, chose a commonly used grading scale.\cite{11,15,16} Observer agreement of collateral grading scales is frequently not assessed or interobserver agreement is determined for 2 observers only.\cite{3,11,15} We calculated inter- and intraobserver agreement for 4 observers who scored all
Outcome Prediction Between Standard CTA and TI-CTA

<table>
<thead>
<tr>
<th></th>
<th>Standard CTA</th>
<th>TI-CTA</th>
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</thead>
<tbody>
<tr>
<td>NPV</td>
<td>0.69 (0.61–0.76)</td>
<td>1.00 (0.91–1.00)</td>
</tr>
<tr>
<td>PPV</td>
<td>0.64 (0.56–0.72)</td>
<td>0.56 (0.50–0.62)</td>
</tr>
<tr>
<td>Odds ratio</td>
<td>4.0 (2.5–6.3)</td>
<td>63.1 (8.6–463.8)*</td>
</tr>
</tbody>
</table>

Data in parentheses are 95% confidence intervals. NPV indicates negative predictive value; PPV, positive predictive value; and TI-CTA, timing-invariant computed tomography angiography.

*Estimated odds ratio calculated as if one patient rated with poor collateral status had good clinical outcome.

images twice, and found that, in particular, agreement among observers was low for the used 4-point scale. After dichotomizing to good or poor collateral status, in accordance with the literature, overall observer agreement became good. Therefore, we used dichotomized collateral status for the comparison of prognostic values between standard CTA and TI-CTA. Future prognostic studies should determine which grading scale provides the best prognostic value with good observer agreement for reliable use in clinical practice. In addition, future studies should compare the observer agreement of collateral grading to the observer agreement of other imaging techniques, such as perfusion imaging, to determine which imaging features are reliable for use in the general stroke population.

Our study had limitations. First, our study population was large enough to show significant differences between standard CTA and TI-CTA, but the number of patients was too small to establish CIs for outcome prediction using TI-CTA. Therefore, additional studies are required to determine whether the findings can be applied to the general stroke population. For instance, our study population included patients with large-vessel occlusion only and a relatively high proportion of patients received intravenous thrombolysis. In the general stroke population, there may well be patients with good clinical outcome but poor collaterals on TI-CTA. Second, our study population was not large enough to include perfusion imaging in the analysis. As several studies have previously compared perfusion imaging with collateral grading on standard CTA, we focused on the comparison of single time-frame CTA with TI-CTA. Future studies should investigate the correlation between collaterals on TI-CTA, CT perfusion imaging, and noncontrast CT imaging. Third, we could not compare our results with digital subtraction angiography, which is the reference standard for visualization of collateral vessels. Because collateral grading is generally used for prognostic research we evaluated collateral grading in relation to clinical outcome. Fourth, we calculated the observer agreement of collateral grading to demonstrate the reliability of our results, but could not assess its effect on outcome prediction in individual patients with stroke. High observer agreement is important for reliable outcome prediction in individual patients, and other imaging techniques may provide higher observer agreement particularly in small-vessel occlusions. Fifth, TI-CTA is currently not commercially available but can easily be implemented in commercial or research workstations.

In conclusion, collateral vessels in patients with acute ischemic stroke may not always be visible on standard CTA because of delayed contrast arrival. TI-CTA displays collateral vessels that are not visible on standard CTA. Poor collaterals status on TI-CTA has a strong correlation with poor clinical outcome in patients with acute stroke with large-vessel occlusion. Future prognostic studies in acute stroke should consider multiframe techniques, such as TI-CTA, instead of standard single time-frame imaging, such as standard CTA.

Disclosures

None.

References

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