Multimodal 3 Tesla MRI Confirms Intact Arterial Wall in Acute Stroke Patients After Stent-Retriever Thrombectomy

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Background and Purpose—The aim of this prospective study was to assess vascular integrity after stent-retriever thrombectomy.

Methods—Dissection, contrast medium extravasation, and vasospasm were evaluated in 23 patients after thrombectomy with biplane or 3-D-digital subtraction angiography and 3-Tesla vessel wall MRI.

Results—Vasospasm was detected angiographically in 10 patients, necessitating intra-arterial nimodipine in 2 of them. Contrast extravasation, intramural hemorrhage, or iatrogenic dissection were not detected on multimodal MRI in any patient even after Y-double stent-retriever technique.

Conclusions—Our findings suggest that clinically relevant vessel wall injuries occur rarely after stent-retriever thrombectomy. (Stroke. 2014;45:3430-3432.)

Key Words: magnetic resonance imaging ■ stroke ■ thrombectomy

Stent-retriever mechanical thrombectomy has emerged as a valuable armamentarium for acute ischemic stroke treatment.1–3 However, concerns over possible vessel wall injury during withdrawal of an unfolded stent, inherently causing considerable vasospasm, have been raised.4 To date, black-blood vessel wall MRI was used to investigate intracranial atherosclerosis, dissection, aneurysmal wall, and vasculitis.5,6 The objective of this study was to assess the vessel walls after thrombectomy noninvasively with 3-Tesla high-resolution multimodal vessel wall MRI.

Methods

Patient Selection
From August 2012 to November 2013, 1268 acute ischemic stroke patients were referred to our stroke center, and 144 of them were treated with thrombectomy. As part of an ongoing quality control study, 3-Tesla MRI was performed in 23 of them within 1 week after successful recanalization. In 11 patients, thrombectomy was performed after intravenous thrombolysis and in 3 after additional stent angioplasty of a proximal stenosis in the access site. A neurologist assessed National Institutes of Health Stroke Scale (NIHSS) score. The study was performed in accordance with the ethical guidelines and permission of our university hospital.

Thrombectomy and Digital Subtraction Angiography Assessment
Treatment was performed under general anesthesia (n=17) or conscious sedation (n=6). The Solitaire 4/20 mm and 6/30 mm stent-retrievers were used in 17 and 6 patients, respectively, with previously described retrieval maneuvers.2,7 Recanalization was classified according to the thrombolysis in cerebral infarction grading system criteria.8

MRI Assessment
Patients were examined in a 3-Tesla Scanner within 1 week after thrombectomy. Our post-thrombectomy MRI quality control protocol includes routinely 3-dimensional time-of-flight MR angiography, susceptibility-weighted imaging, fluid-attenuated inversion recovery, and fat-suppressed T1-weighted imaging.

High-Resolution Vessel Wall MRI
Black-blood, double inversion recovery, 2-dimensional turbo spin echo sequences were acquired in axial planes with peripheral pulse gating. Acquisition window of 859 ms was set during systole; slice thickness, 2 mm; gap, 0.2 mm; number of slices, 5; field of view, 140x140 mm; matrix size, 205x256; flip angle, 180°; number of excitations, 2; and fat saturation was done with SPAIR. For T1-weighting, TR/TE is 700/13 ms and echo train length is 28; and for T2-weighting, TR/TE is 775/82 ms and echo train length is 14.

Statistical Analysis
Binary logistic regression was used to calculate odds ratios (OR), 95% confidence intervals (CI), and P values with a commercial software (IBM SPSS Version 20, Armonk, NY). Statistical significance was assumed with P≤0.05.

Results
Presumed stroke pathogenesis was large vessel disease (n=7), cardio-embolic (n=8), and undetermined (n=8) according to Trial of ORG 10172 in Acute Stroke Treatment (TOAST)
The NIHSS score at admission was 14.4±5.2. Time from symptom onset to intervention lasted 234.4±150.2 minutes, and time needed for recanalization took 49.3±30.6 minutes. The modified Rankin score at the 3-months follow-up was 1.1±1.3 (mean±SD). The vessel occlusions, categorized as previously described, were as follows: 15 middle cerebral artery, 4 terminal internal carotid artery, 1 basilar artery, and 3 middle cerebral artery and internal carotid artery termed as tandem occlusion. Passes of stent-retriever maneuvers (median, 1; 1, n=12; 2, n=7; 4, n=4) required to achieve TICI 2b (n=8) and TICI 3 (n=15) recanalization were comparable to the whole collective of 227 patients treated with this technique, as reported earlier.7

In 10 patients, vasospasms were detected angiographically after thrombectomy, necessitating intra-arterial nimodipine in 2 of them. Presence and severity of vasospasms were not related to number of passes (OR, 1.3; 95% CI, 0.6–2.78; \( P=0.51 \)), usage of Solitaire 4/20 mm versus 6/30 mm (OR, 1.43; 95% CI, 0.22–9.26; \( P=0.71 \)), usage of intermediate catheter (OR, 0.67; 95% CI, 0.12–3.76; \( P=0.65 \)), or type of anesthesia (OR, 0.56; 95% CI, 0.08–3.94; \( P=0.56 \)). Contrast extravasation or iatrogenic dissection was not noted angiographically.

Two patients suffered symptomatic intracranial hemorrhage. One patient with an initial NIHSS 18 bled into the infarcted basal ganglia and had an unfavorable outcome (modified Rankin score 4) after 3 months. The other patient with an initial NIHSS 7 suffered a symptomatic isolated subarachnoid hemorrhage but had a good clinical outcome (modified Rankin score 0). Contrast extravasation during digital subtraction angiography was not seen, and vessel wall MRI was unremarkable in both patients.

Follow-up MRI revealed asymptomatic high-grade stenosis of the target vessel segment in the middle cerebral artery with thickening of the vessel wall in 2 other patients, proven to be preexisting in 1. De novo occlusions or intramural hemorrhage were not be detected.

Discussion

This study provides high-resolution vessel wall 3-Tesla MRI assessing potential disruption of vascular integrity in 23 patients after successful stent-retriever thrombectomy. We investigated 2D black-blood, double inversion recovery sequences and fat-suppressed T1-weighted images to assess for intramural hematoma. Fluid-attenuated inversion recovery and susceptibility-weighted imaging were applied to detect intracranial blood with high sensitivity.11

Little histopathological data are available from small preclinical trials of mechanical thrombectomy showing endothelial denudation and elastic lamina fractures as most frequent findings.12 Even less data are available in humans. In a post-mortem study, subintimal dissection with resultant occlusion
of the middle cerebral artery was found in 1/5 patient.\textsuperscript{13} Immunohistochemical examinations found endothelial cells in 28/48 thrombi, retrieved by thrombectomy, suggestive for minor intimal damage.\textsuperscript{14}

In our cohort, 2/23 patients suffered symptomatic intracranial hemorrhage. During digital subtraction angiography, no vessel perforation was noted and MRI did not show any signal changes in the vessel wall, suggestive of intramural hema
toma. Also in the 1 patient with simultaneous Y-double stent-retrieval of 2 Solitaire devices for treatment of a terminal internal carotid artery occlusion with thrombus protruding into the M1 and A1 segments (Figures 1 and 2), vessel wall MRI was unremarkable.

We found 2 asymptomatic high-grade stenoses of the target vessel segments, of which 1 was preexisting. Whether the second stenosis was truly de novo remains unclear. Our results are in line with an angiographic long-term follow-up study, which revealed de novo vessel occlusion in 1/116 and de novo stenosis in 4/116 vessel segments without clinical sequelae.\textsuperscript{15}

Although mechanical forces of withdrawing an unfolded stent were sufficient to induce angiographically detectable vasospasm in 10/23 patients, we did not detect any morpho
tological changes of the target vessel segments using dedicated multimodal vessel wall MRI technique as part of our ongoing quality control after thrombectomy.

Conclusions
Vessel wall MRI is a sensitive noninvasive quality control tool. Our preliminary results confirm that clinically significant disruption of vessel integrity after stent-retriever thrombec
tomy is rare.

Disclosures
Dr Mattle reports honoraria from Covidien and is Staff of the SWIFT PRIME Steering Committee. Dr Gralla was PI of the STAR Study and therefore consultant for Covidien. The other authors report no conflicts.

References
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Stroke. 2014;45:3430-3432; originally published online October 7, 2014;
doi: 10.1161/STROKEAHA.114.006665
Stroke is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231
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Print ISSN: 0039-2499. Online ISSN: 1524-4628

The online version of this article, along with updated information and services, is located on the World Wide Web at:
http://stroke.ahajournals.org/content/45/11/3430

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