Are We Ready to Translate T-Cell Transmigration in Stroke?

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See related article, p 1799.

Changes in the adaptive immune system after focal cerebral ischemia are increasingly recognized to critically influence the outcome after stroke. In particular, T lymphocytes have been implicated as mediators of inflammatory brain tissue damage, but also as modulators of tissue remodeling. In addition, reductions in T-lymphocyte cellularity and function are prominent features of stroke-induced immunodepression and may increase the susceptibility to infection after stroke. Are prominent features of stroke-induced immunodepression and may increase the susceptibility to infection after stroke.2 T cells are, therefore, promising targets for developing novel stroke treatments. Recent experimental studies demonstrated that specific inhibition of T-cell trafficking into the ischemic brain by blockade of very late antigen-4 or vascular cell adhesion molecule-1 improved stroke outcome. These results in rodent stroke models led to the initiation of a phase II trial testing natalizumab in acute ischemic stroke, which is currently recruiting patients. In the present issue of Stroke, Langhauser et al present experimental data that question the concept of blocking integrin α4 in stroke. In this study, which was conducted and reported in accordance with the Animal Research: Reporting In Vivo Experiments guidelines, the authors report that a monoclonal antibody directed against CD49d on T lymphocytes (the murine equivalent of natalizumab) does not alter infarct size or neurological deficits on day 1 and day 7 after transient or permanent middle cerebral artery occlusion in mice. Although CD49d antibody had no effect on outcome, it reduced the amount of invading immune cells on day 5 after stroke and downregulated the expression of vascular adhesion molecule 1. These results directly contradict the findings from a previous mouse study by Liesz et al. In this study, the identical antibody clone moderately reduced infarct volumes (+15%) and improved neurological outcome at day 7 poststroke, whereas no effect was seen on day 1. Importantly, earlier studies in healthy adult and spontaneous hypertensive rats reported larger (±50% protection) effects when blocking integrin α4. These studies, however, do not meet the current quality standards in experimental stroke research: Neither randomization nor blinding procedures were reported, and attrition rates or prespecified sample size calculations were not declared. Of note, Liesz et al reported blocking of investigators in functional outcome assessment and immunohistochemistry (but not for infarct volume quantification).

Stroke research is plagued by failed bench to bedside translation—hundreds of agents that protected rodent brains were not effective when tested in clinical trials. Low reproducibility and predictiveness seem to be hallmarks of preclinical studies in many fields of medicine. It is becoming increasingly clear that, at least partially, low internal and external validity (lack of randomization and blinding, young animals lacking comorbidities), lack of power (small sample sizes), and negative publication bias are to be blamed, because they lead to inflated effect sizes or false-positive results. In the context of the many failures of neuroprotection trials in stroke, it is surprising on how little evidence the ongoing natalizumab stroke trial is based. The negative results of the study by Langhauser et al add further doubt concerning the robustness of this treatment strategy.

It is clear that individual laboratories do not have the resources or incentives to replicate their own or other’s data and to preclinically test novel treatments with the required sample sizes and portfolio of models. This can only be done by international consortia of researchers, acting in a concerted fashion. Some methodological aspects of such preclinical phase III studies can be borrowed from clinical trials; others still need to be developed (eg, European Union–funded Multicenter Preclinical Animal Research Team; http://www.multi-part.org). It is interesting to note that an international consortium coordinated by Arthur Liesz (Munich, Germany) is currently conducting such a preclinical phase III trial for the CD49d antibody, involving laboratories from Germany, France, Italy, and Spain. Results of this trial will be available soon and hopefully help to resolve the issue whether T-cell transmigration is ready for translation. We sincerely hope that natalizumab will not join the list of drugs for which experimental studies delivered ex post evidence why the clinical trial had failed (eg, the German erythropoietin [EPO] trial, the Abciximab Emergent Stroke Treatment [ABESST] II trial, the elimolumab trial).

Disclosures

None.

References


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