Stroke is a leading cause of long-term disability worldwide.1 Because most patients with stroke go to hospitals at hours or days after the initial event, tissue-type plasminogen activator as the only Food and Drug Administration–approved treatment for ischemic stroke is applied to ≈2% to 5% of patients with stroke.1 For the chronic recovery stage of stroke, few therapeutic options are available although vigorous research has been performed including stem cell treatment.1,2 Recently, some preclinical studies demonstrated that hyperbaric oxygen (HBO) promoted neurogenesis3,4 and neurofunctional recovery,5,6 possibly by the initial neuroprotective action in the treatment of acute stroke.7–9 However, in reality, HBO is applied mostly to patients with chronic stroke not to reduce infarction but to improve long-term neurological and neurobehavioral functions. The potential therapeutic effects of delayed and multiple HBO, as a clinical modality for stroke treatment, on neurogenesis and its mechanisms during stroke recovery stage have not been investigated. The aim of the current study is to evaluate the effects of delayed HBO therapy on neurogenesis and its potential mechanisms.

Methods—One hundred eleven male Sprague–Dawley rats that survived for 7 days from 2 hours of middle cerebral artery occlusion and reperfusion were used. Delayed and multiple HBO were administrated beginning at 7 days after middle cerebral artery occlusion and lasting for 42 days with 3 HBO-free intervals (5 days each). Motor sensory deficits were measured by foot-fault test, and learning and memory abilities were evaluated by Morris water maze. Neurogenesis was examined by double immunostaining of bromodeoxyuridine and doublecortin, bromodeoxyuridine and neuronal nuclei at day 42. For mechanism studies, inhibitors for reactive oxygen species (ROS), hypoxia-inducible factor (HIF)-1α, and β-catenin were administrated, and the levels of ROS, HIF-1α, β-catenin, lymphoid enhancer–binding factor-1, T-cell factor-1, neurogenin-1, doublecortin, and synapsin-1 were assessed by ELISA or Western blot at day 14.

Results—Delayed HBO treatment promoted neurogenesis and improved neurofunctional recovery at day 42, and the improvements were reversed by inhibition of ROS and HIF-1α. Delayed HBO significantly increased ROS and HIF-1α, and upregulated the expression of neurogenin-1, doublecortin, and synapsin-1. Inhibition of ROS and HIF-1α removed the effects of delayed HBO.

Conclusions—Delayed HBO enhanced endogenous neurogenesis and improved neurofunctional recovery in the late-chronic phase of stroke possibly mediated by ROS/HIF-1α/β-catenin pathway. Delayed HBO may serve as an alternative treatment to improve long-term recovery of stroke survivors. (Stroke. 2014;45:1807-1814.)

Key Words: hyperbaric oxygenation ▼ neurogenesis ▼ reactive oxygen species
and stabilize HIF-1α. Therefore, we hypothesized that HBO enhances the endogenous neurogenesis and promotes functional recovery through HIF-1α modulation of Wnt/β-catenin signaling.

Methods
All experiments were approved by the Institutional Animal Care and Use Committee of Loma Linda University.

Animal Model and Experimental Protocol
Middle cerebral artery occlusion (MCAO) in rats was performed as reported previously.17 One hundred eleven male (275–325 g) Sprague–Dawley rats (Indianapolis, IN) survived for 7 days from 2 hours of MCAO were used. To examine whether delayed and multiple treatments with HBO promote functional recovery and neurogenesis, 2.5 atmospheres absolutes HBO was administered starting at 7 days after MCAO for 3 sessions (n=7). Each session was 1.5 hours daily for consecutive 7 days followed with 5 days break. Doses of HBO were selected based on previous studies.18 MCAO rats treated with normal baric oxygen (NBO; n=7) were used as controls.

For labeling proliferating cells, bromodeoxyuridine (Sigma Chemical, 50 mg/kg) was injected intraperitoneally 1 hour before each HBO treatment. Neurobehavioral function was evaluated by foot-fault test (at day 1, day 15, day 27, and day 39), and memory and learning abilities were detected by Morris water maze (from day 39 to day 42). All rats were euthanized and perfused at 42 days after stroke for immunohistochemistry.

To examine the mechanisms of HBO on neurogenesis, ROS scavenger N-acetyl cysteine (NAC; Sigma-Aldrich Co, 150 mg/kg, IP), HIF-1α inhibitor 2-methoxyestradiol (2ME2; Tocris Bioscience, 5 mg/kg, IP), and β-catenin antagonist PKF115-584 (Tocris Bioscience, 5 mg/kg, IP) were administered, respectively, 1 hour before each HBO treatment. Neurogenesis, neurological function, and the levels of ROS and proteins were measured at day 42 or day 14.

Brain Residual Volume
The brain residual volume was calculated as previously described.19 The residual volume was measured from Nissl-stained coronal sections, and presented as a volume percentage by the following formula: (ipsilateral volume/contralateral volume)×100%.

Foot-Fault Test
Foot-fault test (day 7, day 15, day 27, and day 39) was measured by an investigator who was blinded to the experimental groups as previously described.18 The number of foot-faults was recorded, and the foot-faults number of left forelimb was used for the statistical analysis.

Morris Water Maze
At 39 days after MCAO, Morris water maze was performed in a blinded setup as previously described.20 In brief, it consisted of 3 trials (cued, spatial, and probe) performed during 4 consecutive days. Spatial learning was measured by the time and distance taken to find the platform in cued and spatial trials, and spatial memory was measured in the probe trial.

Immunohistochemistry
Immunofluorescent staining for brain tissue was performed on fixed ultrathin sections as previously described.21 Primary antibodies used were bromodeoxyuridine (Santa Cruz Biotechnology), neuronal nuclei (Millipore), doublecortin (Santa Cruz Biotechnology), and synapsin-1 (Abcam). Five random microscope fields (×20) in the peri-infarction area of the brain coronal section were imaged by Olympus-BX51. The number of positive cells was calculated as the mean of the numbers obtained from the 5 pictures.

ELISA for ROS
To measure ROS generation, an ROS-horseradish peroxidase (HRP) conjugate ELISA kit (MyBioSource, Inc) was used as described previously.22 The brain samples were collected at 6 hours after the last treatment of consecutive 7-day HBO. The supernatant of the samples was incubated together with ROS-HRP conjugate in precoated plate and then incubated with a substrate for HRP enzyme. Finally, the absorbance was measured spectrophotometrically at 450 nm in a microplate reader (Bio-Rad iMark).

Western Blot Analysis
The brain samples were collected at 24 hours after the last treatment of consecutive 7-day HBO. Western blotting was performed as described previously.22 Primary antibodies used were HIF-1α, T-cell factor-1 (TCF-1; Cell Signaling), lymphoid enhancer–binding factor-1 (LEF-1; Cell Signaling), β-catenin (Abcam), neurogenin-1 (Santa Cruz Biotechnology), synapsin-1, and doublecortin.

Statistical Analysis
Parametric data in different groups were compared using a 1-way ANOVA followed by the Turkey method. The data were presented as mean±SEM. Survival was analyzed by Wilcoxon test. In all statistical analyses, a value of P<0.05 represents statistical significance.

Results
Delayed HBO Had No Effects on Brain Morphology But Improved Neurological Deficits in the Long Term
At 42 days after MCAO, extensive atrophy of the ipsilateral brain tissue was observed in the MCAO group; delayed HBO has no effects on brain morphology and brain tissue loss (Figure 1A and 1B). Delayed HBO did not show improvement on foot-faults at day 15 and day 27 (Figure 1C); however, it significantly decreased the foot-faults at day 39 (Figure 1C). Figure 1D showed delayed HBO-improved spatial learning and memory in Morris water maze by decreasing the latency to reach the platform 6 weeks after MCAO. Delayed HBO had no effects on survival and body weight in the long term (data not shown).

Delayed HBO Improved Neurological Functions Depending on ROS/HIF-1α
The improvement of foot-faults by delayed HBO was reversed by ROS scavenger, NAC, and HIF-1α inhibitor, 2ME2, at day 39 after MCAO (Figure 2A). There were spatial learning and memory deficits at 6 weeks after MCAO. The animals in MCAO group need more time to reach the platform (Figure 2B), had a significantly greater distance moved from the target (Figure 2C), and showed less time in the probe quadrants (Figure 2D). Delayed HBO significantly reduced the latency for reaching the platform (Figure 2B), decreased total distance moved (Figure 2C), and decreased the amount of time in the probe quadrant (Figure 2D), and these improvements were reversed by NAC and 2ME2.

Delayed HBO Promoted Neurogenesis and Synaptogenesis Depending on ROS/HIF-1α After MCAO in the Long Term
In the HBO treatment group, numerous doublecortin-positive (a marker of neuronal precursor cells) cells in the ipsilateral subgranular zone (SGZ) (Figure 3A) were observed at 6
weeks after MCAO, which showed the activation of endogenous neurogenesis. Some doublecortin-positive cells showed the trend of their migration to the infarct region (Figure 3A).

Delayed HBO promoted neurogenesis and synaptogenesis after MCAO in the long term (Figure 3B–3D). Delayed HBO increased numbers of newborn neuronal precursor cells in
both SGZ and subventricular zone (SVZ) compared with the MCAO group (Figure 3B and 3C). There are more newborn neuronal precursor cells observed in SVZ than in SGZ. In the cortex, there were few positive cells of double staining of bromodeoxyuridine (BrdU) and doublecortin (DCX), and low expression of synapsin-1 (a specific marker of synapses) in the peri-infarct region after MCAO (Figure 3C). Delayed HBO increased the newborn neurons and promoted the expression of Synapsin-1 compared with the MCAO group (Figure 3B and 3D). The promotion of neurogenesis and synaptogenesis by HBO was removed by ROS scavenger NAC and HIF-1α inhibitor 2ME2.

**Delayed HBO Activated β-catenin Pathway by Upregulating ROS and HIF-1α**

After the consecutive 7-day HBO treatments, the levels of ROS and HIF-1α significantly increased when compared with MCAO group (Figure 4A and 4B); ROS scavenger NAC effectively removed the ROS produced by HBO and inhibited the upregulation of HIF-1α (Figure 4A and 4B). Delayed HBO increased the accumulation of β-catenin and enhanced the expression of its associated coregulators TCF-1 and LEF-1 after consecutive 7-day HBO exposure in MCAO rats (Figure 5). Administration of NAC and 2ME2 before each HBO remarkably abolished the upregulation of β-catenin, LEF-1, and TCF-1 (Figure 5B–5D).

**Delayed HBO Enhanced Neurogenesis Through ROS/HIF-1α/β-Catenin Signaling Pathway**

To test a role of HIF-1α/β-catenin signaling pathway in cell differentiation after MCAO and HBO, we detected the expression of neurogenin-1 (a gene implicated in neuronal differentiation and one of the downstream transcription factors of β-catenin), doublecortin, and synapsin-1 by Western blot after...
Delayed HBO significantly increased the expression of neurogenin-1, doublecortin, and synapsin-1 (Figure 6). Administration of NAC, PKF, and 2ME2 reversed the effects of HBO (Figure 6).

Discussion
HBO has been tested in animal models of stroke, and neuroprotective effects have been observed. Most of these studies used an application of HBO, and HBO was applied within the consecutive 7-day treatments. Delayed HBO significantly increased the expression of neurogenin-1, doublecortin, and synapsin-1 (Figure 6). Administration of NAC, PKF, and 2ME2 reversed the effects of HBO (Figure 6).
a few hours after acute ischemic stroke. These experimental studies provided important information but were mismatched with clinical HBO modalities that HBO is applied in the delayed phase of stroke, most times days or weeks after the initial stroke, and multiple applications are used for treatment. Therefore, we adapted clinical modality of HBO and started HBO treatment at 7 days after stroke, when acute infarction was stabilized, and multiple HBO treatments were used with several intervals between each group of treatments to prevent oxygen toxicity. Our goals were to test first whether delayed and multiple HBO improved functional recovery without affecting the initial infarction and, second, the potential mechanisms of the delayed HBO on neurogenesis. We observed that delayed HBO amplified neurogenesis significantly, represented by the proliferative responses of neural stem cells in the SVZ and SGZ, and improved the neurological deficits. It seemed that delayed HBO enhanced the endogenous neurogenesis through ROS/HIF-1α/β-catenin signaling pathway and inhibition of ROS/HIF-1α/β-catenin abolished the effect of HBO. This observation indicated that delayed HBO might serve as an alternative therapeutic strategy to improve the quality of life in patients after stroke by promoting neurogenesis. The observations in the present study are consistent with one of our previous observations in a permanent MCAO rat model that delayed HBO therapy improved functional recovery.\textsuperscript{15} In this previous study, HBO was applied either at 3 hours or at 48 hours after occlusion of middle cerebral artery, and the effect of HBO was mediated by cAMP responsive element–binding protein. The present study is a step further that HBO was tested at 7 days after the initial stroke, which is a clinical relevant application.

When adult rodents are subjected to MCAO, the resulting infarction injury stimulates a low level of endogenous neurogenesis in the SVZ and SGZ of the affected side.\textsuperscript{23–25} The newly generated cells then migrate toward the ischemic boundary and differentiate into neurons, which may subsequently improve neurological outcomes. In this study, we observed that delayed and multiple HBO treatments enhanced the differentiation of neural stem progenitor cells to neuronal precursor cells in SVZ and SGZ, which may develop to mature neurons in the ischemic cortex and promote synaptogenesis. We also observed that delayed and multiple HBO improved the sensory-motor deficits, spatial memory, and learning abilities at 6 weeks after the initial ischemic stroke. It may be the increased neurons and synapses, which underlie changes in N-methyl-D-aspartate receptor level and affect long-term potentiation that we did not detect, play an important role in neurobehavioral recovery after multiple HBO treatment in MCAO rats. Because HBO was administered at 7 days after the acute stroke, and HBO did not reduce infarction and nor did it improve the brain morphology, our results suggest that delayed HBO may improve neurological outcomes by promoting neurogenesis. This observation is consistent with a recent study that the human brain undergoes postischemic neurogenesis.\textsuperscript{26}

The potential effect of HBO on neurogenesis was investigated by using inhibitors for ROS/HIF-1α/β-catenin pathways. HBO has been reported to enhance the production of ROS

![Figure 6.](http://stroke.ahajournals.org/)

**Figure 6.** Representative Western blots (A) and quantitative analysis of neurogenin-1 (B), doublecortin (DCX; C), and synapsin-1 (D) after consecutive 7-day hyperbaric oxygen (HBO) treatments. HBO upregulated the expression of neurogenin-1, DCX, and synapsin-1, and these effects were abolished by reactive oxygen species (ROS)/hypoxia-inducible factor (HIF)-1α/β-catenin inhibitors N-acetyl cysteine (NAC), 2-methoxyestradiol (2ME2), and PKF115-584. n=6 for each group. \#P<0.05 vs middle cerebral artery occlusion (MCAO); and \&P<0.05 vs MCAO+HBO.
through mitochondrial respiration,27 which is consistent with this study that a significantly enhanced production of ROS was observed after consecutive 7-day HBO treatments in MCAO rats. It was also noticed that sublethal elevation of ROS influenced multiple aspects of neural differentiation and function, and ROS has been shown to be essential for the nerve growth factor–induced differentiation of pheochromocytoma (PC) 12 cells.28 In hippocampal neurons, high levels of superoxide modulated neuronal plasticity.29 ROS has also been shown to modulate differentiation of mesencephalic precursors30 and neural crest stem cells.31 The mechanisms of ROS affecting differentiation of mammalian neural stem progenitor cells are not well understood. There are evidences that elevated ROS production promoted the inactivation of prolyl-hydroxylase domain–containing enzyme and stabilized HIF-1α,32,33 which plays a central role in regulating the balance between self-renewal and differentiation of neural stem progenitor cells under nonhypoxic conditions and stroke.34-36 There is a report that suggested HIF-1α activated Wnt/β-catenin signaling in embryonic and neural stem cells, and its deletion reduced proliferation and neurogenesis in the dentate gyrus of the hippocampus.12 The results indicated that HIF-1α modulated Wnt/β-catenin signaling by enhancing β-catenin activation and directly increasing the transcription of LEF-1/TCF-1 genes. In another study, activation of Wnt/β-catenin signaling increased the expression of neurogenin-1, a gene implicated in neuronal differentiation, and enhanced neurogenesis.35 In the present study, we observed that HBO stabilized HIF-1α and increased the level of β-catenin, LEF-1, and TCF-1, which upregulated the expression of neurogenin-1, doublecortin, and synapsin-1. Scavenging ROS and inhibition of HIF-1α or β-catenin prevented the neurogenesis effects of HBO.

In conclusion, delayed and multiple HBO treatments starting at 7 days after MCAO improved motor function, spatial learning, and memory, evaluated by foot-fault test and Morris water maze. This novel observation suggests that delayed and multiple HBO in a clinical relevant modality may have potentials to improve long-term outcome, and this action seems related to neurogenesis mediated by ROS/HIF-1α/β-catenin signaling pathway.

Sources of Funding

This study was supported partially by a grant from the National Institutes of Health NS43338 to J.H. Zhang.

Disclosures

None.

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Delayed Hyperbaric Oxygen Therapy Promotes Neurogenesis Through Reactive Oxygen Species/Hypoxia-Inducible Factor-1 α/β-Catenin Pathway in Middle Cerebral Artery Occlusion Rats
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Stroke. 2014;45:1807-1814; originally published online April 22, 2014;
doi: 10.1161/STROKEAHA.114.005116
Stroke is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231
Copyright © 2014 American Heart Association, Inc. All rights reserved.
Print ISSN: 0039-2499. Online ISSN: 1524-4628

The online version of this article, along with updated information and services, is located on the World Wide Web at:
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