Reperfusion Versus Recanalization: The Winner Is…

Jenny P. Tsai, MDCM; Gregory W. Albers, MD

Higher rates of reperfusion than recanalization are not unexpected, because recruitment of collateral circulation can occur rapidly in the setting of an acute vessel obstruction. For example, the Diffusion and Perfusion Imaging Evaluation for Understanding Stroke Evolution Study 2 (DEFUSE 2) demonstrated improvements in reperfusion status in 51% of the patients who did not recanalize. We agree with Cho et al that the higher rates of good outcome in patients with reperfusion without recanalization likely reflect the greater physiological importance of reperfusion. However, each MRI study represents a snapshot of an evolving process. An occluded vessel at a moment in time does not imply that beneficial recanalization did not occur subsequently.

In addition, the relative benefits of reperfusion over recanalization for outcome prediction may in part be accounted for by the strengths and pitfalls of the scores used to classify these outcomes. The vascular grading scores used to assess recanalization and reperfusion have differential sensitivities for proximal versus distal lesions. The lack of correlation between recanalization and good outcomes in MRI or computed tomography–based imaging studies may be the product of artificially imposed thresholds in classifying recanalization status. Cho et al use a dichotomized analysis of the arterial occlusive lesion, which separates patients into 2 groups: those with or without evidence of any distal flow. Therefore, minimal flow across the vascular lesion was classified the same as complete recanalization. Furthermore, because the arterial occlusive lesion is based on observation of flow distal to the occlusion, it is highly dependent on the characteristics of the imaging modality used. This study assesses recanalization with MR angiography, which can overestimate the degree of vessel obstruction. In addition, an unobstructed vessel may appear occluded if there is excessive patient motion during scanning. These considerations may explain why assessment of recanalization on MR angiography failed to correlate with favorable clinical outcomes. Association between angiographic imaging and outcomes might be more apparent using more sensitive imaging modalities.

Cerebral perfusion is also not all-or-none; it is a dynamic and graded phenomenon. Clinical improvement after revascularization does not imply complete normalization of perfusion. Dichotomized reperfusion classifications typically designate tissue that improves to less than a prespecified threshold as being successfully reperfused. Reperfusion of a prespecified proportion of the relevant perfusion lesion (such as >50%) is often used to identify reperfusers to facilitate data analysis. However, this does not exclude the possibility that more moderate perfusion delays may have clinical consequences in individual patients. Multiple studies have demonstrated that the there is a graded association between the amount of tissue reperfused and the degree of clinical benefit.
As a corollary of the dynamic changes that occur in cerebral blood flow, diffusion lesions also evolve dynamically within the first hours after stroke onset. However, some patients experience reperfusion of DWI lesion despite persistent perfusion deficits, and this may influence the amount of reperfusion that occurs, both spontaneously and with therapeutic interventions. CT perfusion imaging can be used to assess treatment efficacy, and diffusion-weighted imaging can be used to assess baseline lesion volume and outcome. A considerable portion of the reversible DWI lesion may evolve into FLAIR (fluid-attenuated inversion recovery sequence) hyper-intensity on follow-up imaging.

MRI diffusion-perfusion profiles likely reflect the degree of functional collaterals. Cho et al found that patients with reperfusion without recanalization had a low hyperperfusion intensity ratio, which indicates a relatively mild prolongation of $T_{max}$. Both the degree of mismatch and the severity of the perfusion deficit influence the amount of reperfusion that occurs, both spontaneously and with therapeutic interventions. For example, in DEFUSE 2 patients treated with endovascular therapy, reperfusion occurred in 85% of patients with the target mismatch profile versus 51% in patients with other profiles. Furthermore, among target mismatch patients in DEFUSE 2 who had complete or near complete (>90%) reperfusion, the favorable clinical outcome rate (Rankin 0–2 at 90 days) was extremely high (75%). These results forecast the results of the recently published Extending the Time for Thrombolysis in Emergency Neurological Deficits–Intra-Arterial (EXTEND-IA) trial that exclusively enrolled patients with target mismatch. EXTEND-IA achieved the highest rates of reperfusion (89% with >90% reperfusion) and favorable outcomes (71%) ever attained in a randomized endovascular trial ($J. Cereb Blood Flow Metab$. 2012;32:50–56. doi: 10.1038/jcbfm.2011.102).

So which measure of revascularization is more important? Optimal stroke therapy should result in both recanalization and reperfusion. But if you must choose one, we agree with Cho et al: the Oscar goes to reperfusion.

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**References**


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