A Paradoxical Cerebral Hemodynamic Effect of Hydralazine

BY JØRN OVERGAARD, M.D.,* AND ERIK SKINHØJ, M.D.†

Abstract:
Cerebral Hemodynamic Effect of Hydralazine

Hydralazine is shown to have a very complex cerebral hemodynamic effect. It raises the intracranial pressure which, together with its effect upon systemic blood pressure, reduces the cerebral perfusion pressure. In spite of this and a concomitantly induced hyperventilation by hydralazine, CBF increases with some delay. The conclusion is that hydralazine is a cerebral vasodilator acting immediately upon cerebral capacitance vessels but later upon the resistance vessels as well.

Additional Key Words
- regional cerebral blood flow
- intracranial pressure
- cerebral capacitance vessels
- cerebral resistance vessels

Hydralazine has a widespread use in treatment of arterial hypertension and especially in treatment of acute hypertensive encephalopathy. Little is known about the cerebral hemodynamic effect of the drug and nothing about its effect upon intracranial pressure, which probably plays an important role in the pathogenesis of acute hypertensive encephalopathy.

On this background we studied the effect of hydralazine in a series of patients where monitoring of the intraventricular pressure (MIVP) was clinically indicated.

Methods
Regional cerebral blood flow (rCBF) was measured in 35 areas of the hemisphere by the 133Xe intra-arterial injection method. During each measurement an arterial blood sample was drawn for determination of carbon dioxide tension (Paco2) using a Severinghaus electrode. The arterial blood pressure (MABP) was measured intrathecally using an electromanometer connected to the carotid catheter. The logarithmically displayed clearance curves were used for evaluation of regional differences in flow. In the normal brain these curves are linear and it is then possible to calculate rCBF quantitatively. In damaged brain tissue the two-minute curves are often nicked, and, if so, a more quantitative estimation of flow values is impossible by this method. As this situation occurred in most of the patients in the present series, we preferred to calculate flow from the linearly recorded clearance curves averaging all 35 detectors over ten minutes. The calculation was done by the height over area method. These are the figures given in table 1 and figure 1. The reproducibility by this method is about 5% expressed as the coefficient of variation.

The intraventricular pressure was measured through a Seletz cannula inserted into a lateral ventricle through a precoronal burr hole. The cannula was connected to an electromanometer (Elema 35) and recorded continuously on a paper writer. Recording included amplitude as well as mean intraventricular pressure (MIVP). Mean arterial pressure (MABP) and MIVP were recorded simultaneously and both registrations were calibrated to the same water column.

Autoregulation was tested either by increasing MABP by intravenous (I.V.) infusion of synthetic angiotensin (Hypertensin®), thereby inducing a short augmentation of MABP, or by I.V. infusion of trimethaphan (Arfonad®), effecting a short-lived decrease of MABP.

Case Reports
PATIENT NO. 1
A 62-year-old woman with arterial hypertension was treated during the last ten years. One month before the actual study she had a stroke. Angiography revealed an intracerebral hematoma in the right parietal region which was evacuated on the eleventh day. The postoperative condition was unchanged with somnolence and a pronounced left hemiplegia. Blood pressure in this period was about 250/145 mm Hg and monitored MIVP about 30 mm Hg at a slight hypocapnia (Paco2 31 to 34 torr). Following hydralazine (6.5 mg I.V.), blood pressure decreased to 190/90 mm Hg but MIVP rose to 50 mm Hg. The CBF study was done 19 days after operation. The autoregulation was tested before hydralazine was given and was found impaired. One minute after infusion of 12.5 mg hydralazine I.V. the intracranial pressure began to rise, and after another five minutes, a plateau was reached. Simultaneous to the change of MIVP the amplitude was doubled. The plateau continued the next 14 minutes until it promptly decreased when Paco2 was lowered to 24 torr by artificial hyperventilation. The MABP decreased at a slower rate than the MIVP rose, and not until seven minutes after the injection did it reach the lowest value.

PATIENT NO. 2
A 16-year-old boy was admitted nine hours after a traffic accident. A huge epidural hematoma was evacuated and the clinical condition was, on the whole, unchanged for the next weeks, i.e., coma and decerebrate rigidity. The first CBF study was performed on the fourth day. The autoregulation was impaired. Half a minute following infusion of hydralazine (12.5 mg I.V.), the intracranial pressure began to rise and also the amplitude to three times the resting value. Repeated infusion of 6.5 mg and again 6.5 mg hydralazine did not induce any further change of this intracranial pressure pattern. MABP started to decrease 90 seconds after the first 12.5 mg infusion of hydralazine, but...
The lowest value was reached two minutes later and kept nearly constant for the following 24 minutes. The second CBF study was done on the tenth day, when the patient was still comatose with atypical decerebrate rigidity. Autoregulation was tested with trimethaphan. Both blood pressure and intracranial pressure decreased during this test and autoregulation was impaired. Following 12.5 mg of hydralazine I.V., intracranial pressure started to rise two minutes later. During slow injection of another 8.5 mg of hydralazine, MIVP slowly rose to 33 mm Hg within the next ten minutes and the amplitude of the intracranial pressure was more than doubled. The first infusion of 12.5 mg of hydralazine was not followed by any change of MABP, but on completion of the last 8.5 mg infusion, MABP fell within two minutes by 20%. Blood pressure and intracranial pressure were steady for the next hour and the increase of CBF was reached 50 minutes after hydralazine infusion.

The third CBF study was done one month after injury. His clinical condition had improved — he was no longer unconscious. Autoregulation tested before hydralazine study was intact. Hydralazine (12.5 mg) was given I.V. and MIVP began to rise slowly 30 seconds later, but the plateau was not reached until 14 minutes after the drug had been given. This plateau was unchanged for the next hour, as was the doubling of the amplitude. MABP was unchanged for the first four minutes after administration of the drug, and then slowly decreased during the next 12 minutes and afterward stayed at that level for the next hour. CBF did not change until 48 minutes after hydralazine infusion.

A PARADOXICAL CEREBRAL HEMODYNAMIC EFFECT OF HYDRALAZINE

### TABLE 1

<table>
<thead>
<tr>
<th>Case</th>
<th>MABP (mm Hg)</th>
<th>MIVP (mm Hg)</th>
<th>Paco2 (torr)</th>
<th>CBF10 (ml/100 gm/min)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>196</td>
<td>180</td>
<td>22</td>
<td>43</td>
</tr>
<tr>
<td>2</td>
<td>144</td>
<td>115</td>
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<td>40</td>
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<td>100</td>
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</tr>
<tr>
<td>6</td>
<td>120</td>
<td>98</td>
<td>23</td>
<td>33</td>
</tr>
</tbody>
</table>

The lowest value was reached two minutes later and kept nearly constant for the following 24 minutes. The second CBF study was done on the tenth day, when the patient was still comatose with atypical decerebrate rigidity. Autoregulation was tested with trimethaphan. Both blood pressure and intracranial pressure decreased during this test and autoregulation was impaired. Following 12.5 mg of hydralazine I.V., intracranial pressure started to rise two minutes later. During slow injection of another 8.5 mg of hydralazine, MIVP slowly rose to 33 mm Hg within the next ten minutes and the amplitude of the intracranial pressure was more than doubled. The first infusion of 12.5 mg of hydralazine was not followed by any change of MABP, but on completion of the last 8.5 mg infusion, MABP fell within two minutes by 20%. Blood pressure and intracranial pressure were steady for the next hour and the increase of CBF was reached 50 minutes after hydralazine infusion.

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### RESULTS

Table 1 and figure 1 illustrate the well-known effect of hydralazine (12.5 to 18.5 mg I.V.) upon systemic blood pressure with an average reduction of 20%. From the continuous monitoring it appears that the decrease in blood pressure does not start until two to four minutes after the injection.

At the same time the intracranial pressure is raised about 110% and it is worth mentioning that this increase has a shorter delay after the administration of hydralazine, as it is manifest already about one minute after the injection. Not only is intracranial pressure increased, but the amplitude as well, up to two to three times the values at rest as illustrated in figure 2.

CBF increases within the same time, with an average of 8% in all cases but one. Taking into account that the Paco decreases between the measurements of CBF in an average of 2.3 torr, the expected CBF values (all other conditions unchanged) should have decreased about 10%.

Because of remaining activity of the isotope in the tissue repeated CBF studies can be done only every 15 to 20 minutes. Therefore, it is impossible to judge exactly the time interval from the injection of hydralazine and the effect upon CBF, but it is our impression that it is even more delayed than the effect upon blood pressure. Especially the maximal effect upon CBF is delayed for 45 minutes.

### Discussion

In the present series the most striking effect of hydralazine was the increased intracranial pressure, in
in MABP leaving a perfusion pressure as low as 46 mm Hg.

Concerning the early and persistent raise in intracranial pressure in spite of hyperventilation, the explanation must be that hydralazine initially has a more pronounced effect upon capacitance vessels than upon cerebral resistance vessels. A discrepancy of this kind is known from a few other drugs: histamine,\textsuperscript{4,9} isoprenaline,\textsuperscript{9} and hydergine.\textsuperscript{7} The clinical significance of these phenomena is difficult to evaluate. It may explain the headache which is a known side effect during the use of hydralazine. Later, hydralazine affects the resistance vessels as well, and to an even higher degree as CBF increases in spite of the decreased perfusion pressure.

In the pathogenesis of acute hypertensive encephalopathy an increased intracranial pressure plays a certain role. We have good evidence to believe that the first step in acute hypertensive encephalopathy is the breakthrough of cerebral autoregulation with a sudden all-over increase in CBF and with a raise in intracranial pressure of nearly the same proportion.\textsuperscript{9} A persistent hyperperfusion results in extravasation of albumin and water, i.e., a cerebral edema with increased pressure, reduced CBF, and ischemia.\textsuperscript{8} From this model it seems logical to presume that drugs increasing intracranial pressure should be avoided, but when on the other hand hydralazine improves CBF in spite of the increased intracranial pressure, the evaluation of this drug against others, e.g., certain sympatholytica which have been proved not to affect cerebral hemodynamics,\textsuperscript{10} can be based only upon clinical series.

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