Extent of Hypoattenuation on CT Angiography Source Images in Basilar Artery Occlusion

Prognostic Value in the Basilar Artery International Cooperation Study

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Background and Purpose—The posterior circulation Acute Stroke Prognosis Early CT Score (pc-ASPECTS) quantifies the extent of early ischemic changes in the posterior circulation with a 10-point grading system. We hypothesized that pc-ASPECTS applied to CT angiography source images predicts functional outcome of patients in the Basilar Artery International Cooperation Study (BASICS).

Methods—BASICS was a prospective, observational registry of consecutive patients with acute symptomatic basilar artery occlusion. Functional outcome was assessed at 1 month. We applied pc-ASPECTS to CT angiography source images of patients with CT angiography for confirmation of basilar artery occlusion. We calculated unadjusted and adjusted risk ratios (RRs) of pc-ASPECTS dichotomized at ≥8 versus <8. Primary outcome measure was favorable outcome (modified Rankin Scale scores 0–3). Secondary outcome measures were mortality and functional independence (modified Rankin Scale scores 0–2).

Results—Of 158 patients included, 78 patients had a CT angiography source images pc-ASPECTS ≥8. Patients with a pc-ASPECTS ≥8 more often had a favorable outcome than patients with a pc-ASPECTS <8 (crude RR, 1.7; 95% CI, 0.98–3.0). After adjustment for age, baseline National Institutes of Health Stroke Scale score, and thrombolysis, pc-ASPECTS ≥8 was not related to favorable outcome (RR, 1.3; 95% CI, 0.8–2.2), but it was related to reduced mortality (RR, 0.7; 95% CI, 0.5–0.98) and functional independence (RR, 2.0; 95% CI, 1.1–3.8). In post hoc analysis, pc-ASPECTS dichotomized at ≥6 versus <6 predicted a favorable outcome (adjusted RR, 3.1; 95% CI, 1.2–7.5).

Conclusions—pc-ASPECTS on CT angiography source images independently predicted death and functional independence at 1 month in the CT angiography subgroup of patients in the BASICS registry. (Stroke. 2011;42:00-00.)

Key Words: acute ■ basilar artery ■ CT angiography ■ prognosis ■ stroke

Despite recent advances in the treatment of patients with acute ischemic stroke, the rate of death or disability associated with basilar artery occlusion (BAO) remains high.1 If treated conventionally, nearly 80% of patients die or survive with severe disability.2 Because of this poor prognosis, treating physicians are tempted to use the most aggressive treatment approach available. Intravenous (IV) thrombolysis, IV thrombolysis, followed by intra-arterial (IA) therapy, or IA therapy alone are the most frequently used recanalization strategies. However, predicting a treatment benefit from such therapies is difficult. Up to 75% of patients with BAO have a poor functional outcome despite the use of recanalization therapies.1,3

In patients with an acute ischemic stroke in the anterior circulation, the extent of early ischemic changes on pretreat-
ment noncontrast CT or diffusion-weighted MRI predicts functional outcome and treatment response to IV and IA thrombolysis.4–7 Compared with noncontrast CT, CT angiography (CTA) source images (CTA-SI) are more accurate in predicting the final extent of infarction and clinical outcome.8–11 Recent studies have suggested that the extent of hypointensity on CTA-SI, quantified with the posterior circulation Acute Stroke Prognosis Early CT Score (pc-ASPECTS) or the Pons–midbrain-index, predicts functional outcome of patients with BAO.12,13 Patients with extensive CTA-SI hypointensity (pc-ASPECTS <8 or Pons-midbrain-index ≥3) were unlikely to achieve a favorable outcome despite IA thrombolysis or recanalization of the basilar artery, respectively.

The Basilar Artery International Cooperative Study (BASICS) was a prospective international observational registry of consecutive patients with radiologically confirmed acute symptomatic BAO.1 We hypothesized that the extent of hypointensity on CTA-SI predicts functional outcome of patients in the BASICS registry.

Methods

Patients
The BASICS registry opened in November 2002 and closed in October 2007. Patients were eligible if they presented with symptoms or signs attributable to posterior circulation ischemia and had BAO confirmed by CTA, MR angiography, or conventional digital subtraction angiography. Treatments were allocated at the discretion of the treating physician. Details of the registry protocol have been described previously.1,14

Inclusion criterion for the present study was confirmation of BAO by CTA. To ensure CTA experience, we limited participation to BASICS centers who used CTA in ≥10 patients in the registry. Patients who had been treated with IV thrombolysis in peripheral hospitals in a “drip and ship” approach were included if they had persistent BAO on CTA on arrival at the BASICS center.15 We excluded patients in whom CTA images were not available electronically, were of inadequate technical quality, or if additional imaging findings (eg, tumor, hemorrhage) with influence on functional outcome were present.

For the BASICS registry, detailed data were recorded with a web-based data entry form that included information on baseline characteristics, stroke risk factors, estimated time of BAO, prodromal minor stroke, location of occlusion, type and timing of treatment, neurological deficits at the time of treatment as assessed with the National Institutes of Health Stroke Scale (NIHSS) score, and functional outcome at 1 month as assessed with the modified Rankin Scale (mRS) score.1

The BASICS protocol was approved by the ethics committee of the University Medical Center Utrecht, Utrecht, The Netherlands. The requirement for additional local ethical approval differed between participating countries and was obtained if required. Verbal or written informed consent was obtained from the patient or patient’s representative as required by national and local guidelines.

Image Collection
We requested all available CTA images of patients who fulfilled the inclusion criteria from the BASICS sites. Digital Imaging and Communications in Medicine format images were transferred to Dresden University Stroke Center for central interpretation. CTAs were performed according to the local protocols of the participating BASICS sites.

Image Analysis
We reviewed axial Digital Imaging and Communications in Medicine format CTA images with 0.8-mm to 6.0-mm slice thickness on a high-resolution monitor. We adjusted window and level individually to allow maximum contrast differentiation on CTA-SI. Regions of relatively diminished contrast enhancement were scored as abnormal. Images were analyzed in a 3-readers consensus setting by stroke neurologists experienced in the interpretation of CTA-SI in acute ischemic stroke (A.M.D., I.D., V.P.).12–16 Readers were blinded to clinical information. We graded hypodense areas in posterior circulation territories with the pc-ASPECTS score and the Pons-midbrain-index as described before (Figure 1).12,13 pc-ASPECTS allot the posterior circulation 10 points. One point each is subtracted for hypodense area on CTA-SI in any part of the midbrain or pons. A pc-ASPECTS of 10 indicates absence of visible posterior circulation ischemia, and a score of 0 indicates hypodensity in all pc-ASPECTS territories. For the Pons-midbrain-index, CTA-SIs were analyzed for hypodensity bilaterally in the pons and midbrain. Each side was graded as: 0, no hypodensity; 1, ≤50% hypodensity; or 2, >50% hypodensity. A Pons-midbrain-index of 0 indicates absence of CTA-SI hypodensity in the midbrain and pons, and a score of 8 indicates >50% hypodense area bilaterally in these brain stem territories.

Outcome Measures
The primary outcome measure was favorable outcome, defined as an mRS score of 0 to 3, at 1 month. Secondary outcome measures were functional independence (mRS score of 0–2) and death.

Hypothesis
Our primary hypothesis was that the CTA-SI pc-ASPECTS score, dichotomized at ≥8 versus <8, predicted primary and secondary outcome measures of patients in the BASICS registry.12 As a secondary hypothesis we assessed whether the Pons-midbrain-index dichotomized at <3 versus ≥3 predicted these outcome measures.13

Statistical Analysis
Data are reported using standard descriptive statistics. We calculated unadjusted and adjusted risk ratios (RRs) of the imaging variables (pc-ASPECTS and Pons-midbrain-index) for primary and secondary outcome measures of patients in the BASICS registry.12,16 Readers were blinded to clinical information. We graded hypodense areas in posterior circulation territories with the pc-ASPECTS score and the Pons-midbrain-index as described before (Figure 1).12,13 pc-ASPECTS allot the posterior circulation 10 points. One point each is subtracted for hypodense area on CTA-SI in any part of the midbrain or pons. A pc-ASPECTS of 10 indicates absence of visible posterior circulation ischemia, and a score of 0 indicates hypodensity in all pc-ASPECTS territories. For the Pons-midbrain-index, CTA-SIs were analyzed for hypodense area bilaterally in the pons and midbrain. Each side was graded as: 0, no hypodensity; 1, ≤50% hypodensity; or 2, >50% hypodensity. A Pons-midbrain-index of 0 indicates absence of CTA-SI hypodensity in the midbrain and pons, and a score of 8 indicates >50% hypodensity bilaterally in these brain stem territories.

Results

Patients
Of 619 patients who were registered in the BASICS registry, 27 patients were excluded from the analysis because they did
not receive any antithrombotic or thrombolytic therapy. Of the remaining 592 patients who were analyzed in the BASICS registry, 259 patients were registered by centers with ≥10 patients in the registry and had CTA confirmation of BAO (Figure 2). Of these, Digital Imaging and Communications in Medicine format CTA images were available from 161 patients. Three further patients were excluded because CTA images did not cover sufficient brain structures to determine pc-ASPECTS (n=2) or showed subdural hematoma (n=1).

The final analysis included 158 patients from 12 BASICS centers. The mean age was 65±15 years, 64% were men, and the median baseline NIHSS score was 25 (interquartile range, 24). CTAs were performed after a median time of 234 minutes (interquartile range, 349) since the estimated time of BAO. Overall, 62 patients (39%) were treated with antithrombotic therapies, 15 patients (9%) with IV thrombolysis, 53 patients (34%) with chemical or mechanical IA thrombolysis, and 28 patients (18%) with combined IV–IA treatment regimens. Three patients had been treated with IV thrombolysis before confirmation of BAO.

At 1 month, 40 patients (25%) had a favorable outcome (mRS scores 0–3), 49 patients (31%) survived with an unfavorable outcome (mRS scores 4–5), and 69 patients (44%) had died. The overall median pc-ASPECTS on CTA-SI was 7 (interquartile range, 4) and the median Pons-midbrain-index on CTA-SI was 2 (interquartile range, 4).

Association of Imaging Findings With Functional Outcome

Primary Hypothesis: pc-ASPECTS Dichotomized at ≥8 Versus <8

Seventy-eight patients had a CTA-SI pc-ASPECTS ≥8. Baseline clinical data according to categorized CTA-SI pc-ASPECTS groups are summarized in Table 1. Compared with patients with a CTA-SI pc-ASPECTS ≥8, patients with a score <8 were less likely to receive IV or IA thrombolysis.

Compared with patients with a CTA-SI pc-ASPECTS <8, patients with a CTA-SI pc-ASPECTS ≥8 tended to have more often a favorable outcome (RR, 1.7; 95% CI, 0.98–3.0), were more likely to be functionally independent (RR, 2.1;
Our study demonstrates that pc-ASPECTS on CTA-SI, dichotomized at ≥8 versus <8, predicts functional independence (mRS scores 0–2) and death at 1 month in the CTA subgroup of the BASICS registry population. Furthermore, pc-ASPECTS dichotomized at ≥6 versus <6 was an independent predictor of favorable outcome (mRS scores 0–3) in this population.
In BASICS, nearly 70% of patients had a poor functional outcome despite the initiation of IV or IA recanalization therapies. The present study confirms that the extent of hypoattenuation on CTA-SI is independently related to the functional outcome of patients with BAO. Whereas dichotomization of the pc-ASPECTS score at ≥8 versus <8 predicted a favorable outcome (mRS scores 0–3) in the pc-ASPECTS study, dichotomization at lower pc-ASPECTS scores (≥6 versus <6) predicted favorable outcome in the present study. Potential explanations for the lower pc-ASPECTS threshold in the BASICS registry are the absence of time window exclusion criteria and the inclusion of patients with prodromal minor stroke.

MRI with diffusion-weighted imaging sequences is the diagnostic “gold standard” in patients with posterior circulation stroke. A recent study has confirmed the prognostic value of pc-ASPECTS if applied to diffusion-weighted imaging of patients with posterior circulation stroke. However, the feasibility of MRI acquisition is limited in these frequently unstable patients. We have recently demonstrated that CTA-SIs increase the sensitivity for early ischemic changes in the posterior circulation compared with noncontrast CT. Compared with CTA-SI, perfusion CT techniques may provide additional diagnostic and prognostic information in patients with acute posterior circulation stroke. The comparison of CTA, perfusion CT, and multimodal MRI to predict functional outcome and treatment response in patients with BAO could be the subject of future studies.

We have applied 2 semiquantitative scores to assess the extent of CTA-SI hypoattenuation: the pc-ASPECTS score and the Pons-midbrain-index. Both scores were related with functional outcome in our study. Although both scores emphasize ischemic changes in the brain stem, pc-ASPECTS assesses ischemic changes in additional posterior circulation territories with prognostic relevance. Future studies should assess whether 1 score provides superior prognostic information in a subgroup of patients with BAO.

The optimal treatment regimen for patients with BAO is unknown. A recent meta-analysis has demonstrated that IA compared with IV thrombolysis is not associated with improved functional outcome in patients with BAO. In line with these results, the BASICS registry did not identify an overall treatment benefit of IA therapies compared with IV thrombolysis or antithrombotic treatment regimens. We could not demonstrate a pc-ASPECTS by thrombolysis interaction in our study. Our data therefore do not support withholding thrombolytic therapies in patients with basilar artery occlusion and extensive CTA-SI hypoattenuation. However, this analysis has low power due to small numbers. Therefore, failure to show a statistical interaction effect could be due to a Type 2 error. The BASICS trial will randomize patients with BAO to IV thrombolysis or a combined IV–IA treatment approach. We plan to test for a pc-ASPECTS by treatment–category interaction as a prespecified imaging substudy in the BASICS trial. The demonstration of such an interaction may have implications for the clinical management of patients with BAO.

We were not able to collect all CTAs of patients in the BASICS registry. Our results may therefore be influenced by selection bias. Because BASICS had no time window exclusion criteria, we may have misinterpreted subacute ischemic changes as early ischemic changes in our study. Because follow-up images were not available, we cannot comment on the accuracy of CTA-SI to predict infarction in the present study. Patients in the BASICS registry were not treated under a treatment protocol and different treatment regimens may have influenced the importance of imaging findings on functional outcomes in our study. Because the functional status of patients with BAO may still improve after 1 month, the assessment of functional outcomes after a longer rehabilitation period may have caused different results. Moreover, this imaging substudy was not prospectively designed as part of the BASICS registry. However, images were prospectively and blindly analyzed with prespecified imaging criteria and prespecified imaging hypotheses based on the results of published literature.

In summary, our study confirms the prognostic relevance of early ischemic changes on CTA-SI in patients with acute symptomatic BAO. Patients with BAO and extensive hypoattenuation on CTA-SI were unlikely to achieve a favorable functional outcome. A potential pc-ASPECTS-by-treatment-category interaction will be prospectively analyzed as an imaging substudy in the BASICS trial.

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Disclosures

None.

References

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