Paroxysmal atrial fibrillation (PAF) is often difficult to detect in patients with acute ischemic stroke. We aimed to assess the predictive value of a prolonged QT interval corrected for heart rate (QTc) in PAF detection after acute ischemic stroke.

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Results—The poststroke cardiac work-up yielded 69 (9.3%) de novo PAF cases among the 744 patients. The QTc interval was significantly longer in patients with PAF than in those without PAF (436 versus 417 ms; P<0.001). Each 10-ms increase in the QTc interval was associated with an increased risk of PAF after multivariate adjustments (odds ratio, 1.41; 95% confidence interval, 1.24–1.61; P<0.001). The optimal threshold value of QTc interval calculated by a receiver-operating characteristic curve was 438 ms, and the area under the curve was 0.73 in this data set.

Conclusions—The QTc interval prolongation is potentially a strong and useful predictor for poststroke PAF.

Key Words: atrial fibrillation • electrocardiography • stroke

Prolonged QTc Interval Predicts Poststroke Paroxysmal Atrial Fibrillation

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Atrial fibrillation (AF) is a strong risk factor for ischemic stroke and a leading cause of cardioembolic stroke. In particular, patients with AF with previous stroke are at high risk of recurrence. Because anticoagulant therapy can remarkably reduce the risk of recurrence, early identification of AF is crucial for targeted secondary prevention.

Persistent AF is usually easy to diagnose using the standard 12-lead ECG. However, paroxysmal AF (PAF) is often difficult to detect in patients with acute ischemic stroke (AIS) because such patients are frequently asymptomatic or present with sinus rhythm on ECGs, because of which the prevalence of PAF is possibly underestimated and anticoagulants are underused. Repetitive and extended cardiac monitoring, including standard 12-lead ECG, 24-hour Holter ECG, and inpatient telemetry monitoring, are recommended to detect occult PAF in patients with AIS. However, the optimal timing, duration, and method to detect PAF remain to be clarified, and the detection rate of PAF after stroke is limited. Therefore, it would be helpful to determine a factor predicting covert PAF in patients with sinus rhythms on ECGs.

The QT interval corrected for heart rate (QTc)—which represents the ventricular action potential duration—has long been established as a predictor of cardiac morbidity and mortality. Several large population-based studies have recently shown that a prolonged QTc interval is associated with an increased risk of AF development. Moreover, small studies have suggested that patients with congenital long-QT syndrome (LQTS) have a greater risk of developing AF than the general population. Thus, we hypothesized that the QTc interval is potentially a good predictor of occult PAF in patients with AIS. In the present study, we aimed to assess the predictive value of a prolonged QTc interval for the detection of poststroke PAF, using data from our observational stroke registry system.

Methods

The ethics committee at our institution approved the protocol of this study. The Tokyo Women’s Medical University Stroke Registry Retrospective Cohort is an observational study including 1038 consecutive patients with AIS hospitalized at the Department of Neurology, Tokyo Women’s Medical University Hospital, between April 2003 and November 2013. After excluding 66 patients with...
incomplete clinical investigations or missing data. 972 patients were enrolled. Furthermore, we have excluded patients with the following characteristics: (1) AF on the initial 12-lead ECG (n=171); (2) previous PAF diagnosis before stroke (n=47); and (3) the use of cardiac pacemakers (n=10). Of the 972 patients, 744 were eligible for analysis. All patients were of East Asian ethnicity.

All patients with stroke were diagnosed by a board-certified stroke neurologist on the basis of the findings from neurological observations, and MRI or computed tomography. Stroke severity was assessed according to the National Institute of Health Stroke Scale.

Cardiac Evaluations
Baseline resting standard 12-lead ECG was performed at the time of hospital admission. Twelve-lead ECG was recorded using a standard digital recorder (CardiofaxV; Nihon Kohden Co, Tokyo, Japan) at a gain of 10 mm/mV and a speed of 25 mm/s. ECG interpretation was conducted using Electro Cardiograph Analysis Program System 12 (Nihon Kohden Co). Electro Cardiograph Analysis Program System generates an additionally averaged ECG wave form from the beats obtained during a 10-s recording time. The QT interval is then automatically determined in the processed wave form and corrected for heart rate using the following formula: QTc=QT+1000−RR/7, on the basis of linear regression techniques. Electro Cardiograph Analysis Program System correction has been confirmed comparable with other formulae and shows similar tendency to Framingham correction (in-house data by Nihon Kohden Co). The linear regression formulae, including Electro Cardiograph Analysis Program System and Framingham, were reported to correct QT more reliably when compared with the nonlinear formulae, such as Bazett.15,16 Considering the diurnal variation of QTc interval,17 in analyzing QTc, we further divided the subjects into 2 groups according to time of admission: daytime (6:00 AM–6:00 PM; n=518) and nighttime (6:00 PM–6:00 AM; n=226).

All patients routinely underwent continuous bedside ECG monitoring for 48 hours immediately after admission, with the monitoring period extended depending on the case. We also routinely performed 24-hour Holter ECG. Therefore, 272 hours of ECG monitoring was conducted on every patient. PAF was defined as a self-terminating sequence of >30 s RR intervals and the presence of fibrillatory P waves. The presence of PAF (or atrial flutter) was determined on the basis of cardiac monitoring by inpatient telemetry and 24-hour Holter ECG. Moreover, each patient underwent transthoracic echocardiography without presuming the cause of stroke. All measurements and calculations were performed in accordance with the recommendations of the Japanese Circulation Society. Independent board-certified cardiologists reported all the 24-hour Holter ECG and transthoracic echocardiography results.

Baseline Risk Factors
Hypertensive patients were defined as those who were receiving antihypertensive treatment at the time of the event or those with consistently high systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg for >1 week after admission. Patients with diabetes mellitus were defined as those who had previously been diagnosed with type 1 or 2 diabetes mellitus, or those with fasting blood glucose levels ≥126 mg/dL or blood glucose levels ≥200 mg/dL based on 2 random measurements. Patients with dyslipidemia were defined as those who had been receiving lipid-lowering treatment at the time of admission or those with a serum low-density lipoprotein cholesterol level ≥40 mg/dL or serum triglyceride level ≥150 mg/dL. An intracranial artery stenosis of ≥50% was considered significant, as determined by MR angiography, 3-dimensional computed tomographic angiography, or digital subtraction angiography. The narrowest diameter of each stenosed vessel was measured and divided by the diameter of the normal vessel just distal to the lesion. If no suitable vessel existed beyond the lesion for measurement, the vessel proximal to it was used. Qualified neurologists checked the carotid artery ultrasounds; percent stenosis was calculated according to the European Carotid Surgery Trial (ECST) criteria,18 and a stenosis of ≥50% was defined as significant. The criteria of absence of vascular cause in this study were based on the absence of both intracranial and carotid artery stenosis.

Statistical Analysis
We compared the clinical parameters of the patients with and without poststroke PAF. Intergroup differences were assessed by using the χ² test for categorical variables, and Student t test or Mann–Whitney U-test for continuous variables. To identify predictors of PAF, we performed multiple logistic regression analysis based on a forward stepwise method adjusted for age, sex, and all clinical variables with P<0.1 in the univariate analysis. Given the multicollinearities, supraventricular/ventricular arrhythmia and left ventricular hypertrophy were excluded from the model. Odds ratios and 95% confidence intervals were calculated. The optimal cutoff value of the QTc interval was calculated on the basis of the receiver-operating characteristic curve. In all analyses, a value of P<0.05 was considered statistically significant.

Results
Of the 744 patients with AIS (mean age, 67.6 years; men, 62.6%, 69 (9.3%) were newly diagnosed with PAF based on the poststroke cardiac work-up. The median latency from hospital admission to PAF detection was 3 days, and in >90% of these patients, PAF was detected within 14 days after admission. Baseline characteristics of the study subjects are shown in Table 1. Patients with and without poststroke PAF showed significant differences in age (73.4 years versus 67.0 years; P<0.001), absence of vascular cause (78.3% versus 54.4%; P<0.001), congestive heart failure (11.6% versus 5.5%; P=0.043), left atrial dilation on transthoracic echocardiography (37.7% versus 16.6%; P<0.001), and admission National Institute of Health Stroke Scale score (10 versus 6; P<0.001). With regard to the initial 12-lead ECG findings, the QTc interval in patients with PAF was significantly longer than in those without PAF (436 versus 417 ms; P<0.001). Even when classified by time of admission, QTc interval was still prolonged in patients with PAF when compared with those without PAF by a significant difference (cases of daytime admission: 439 versus 417 ms; P<0.001; nighttime admission, 432 versus 418 ms; P<0.001). In addition, patients with PAF presented more frequently with AV conduction block (17.4% versus 9.0%; P=0.040) and premature atrial contraction (13.0% versus 3.7%; P=0.003) than those without PAF.

The Figure shows the prevalence of patients with poststroke PAF stratified by QTc interval. The prevalence of PAF was significantly higher in patients with QTc ≥450 and >440 ms than in those with ≤450 and ≤440 ms, respectively (34.5% versus 7.1%; P<0.001 and 27.5% versus 5.8%, P<0.001, respectively). A trend of slight increase in the prevalence of PAF was found in the short QTc interval subgroup; however, the difference was not statistically significant.

According to the multiple logistic regression analysis, the prolonged QTc interval was an independent predictor for PAF (QTc per 10 ms increase; odds ratio, 1.41; 95% confidence interval, 1.24–1.61; P<0.001; Table 2). The optimal threshold value of the QTc interval calculated by a receiver-operating characteristic curve was 438 ms (sensitivity, 59.4%; specificity, 83.7%), and the area under the curve was 0.73.
Discussion

The present study showed that patients with AIS and a prolonged QTc interval on the initial 12-lead ECG had an increased risk of poststroke PAF. This relationship persisted after multivariable adjustment for possible confounding factors. According to the receiver-operating characteristic analysis, QTc interval seems to be an acceptable screening test at an early time point for detecting PAF in patients with AIS. QTc prolongation was still associated with PAF based on analysis, including the patients with premorbid PAF (Figure I in the online-only Data Supplement). Our findings suggest that QTc prolongation might be a rapid, inexpensive, and useful marker for improving the detection rate of poststroke PAF.

Previous population-based studies have shown that individuals with a prolonged QTc interval have a high risk of developing PAF. Mandyam et al reported a hazard ratio of 1.11 per 10-ms increase of QTc interval for incident PAF. An increased risk of developing PAF has also been demonstrated in patients with congenital LQTS. These findings seem consistent with our results. In addition, Nielsen et al showed the possibility of a higher risk of PAF in patients with shorter QTc interval, a similar tendency was also seen among our cohort.

The association of QTc interval prolongation with PAF may suggest that the duration of the ventricular action potential represents an easily identifiable marker of PAF, which may provide insights into the pathophysiology of this arrhythmia.
Cardiac ion channels in healthy human hearts and found that the mRNA expressions of several representative panels of cardiac ion channels are commonly abundant between the atrial and ventricular tissues. Given that the expression level of the ion channel subunit-encoding mRNA is closely related to the electrophysiological behavior in the cardiac tissues, the duration of the atrial and ventricular repolarizations is potentially related. As discussed by Nielsen et al, the association between the QTc prolongation and AF may be explained by a mechanism of atrial torsades de pointes, which has been first recognized in the congenital LQTS—characterized by a susceptibility to ventricular tachyarrhythmias known as torsades de pointes. Apparently, disordered repolarization is not confined to the ventricular myocardium because it also affects the atrial myocardium. In patients with LQTS, the duration of monophasic atrial action potentials was found to be prolonged; furthermore, after depolarizations in the atrium, similar to ventricular torsade de pointes, preceded the polymorphic atrial tachyarrhythmias. Moreover, the murine LQTS model study showed that prolongation of the duration of the atrial action potential secondary to increased Na⁺ current, caused by an impaired inactivation of the gate function, is sufficient to provoke early after depolarizations, which promote AF.

Interestingly, the QTc interval prolongation is associated with an increased risk of stroke, as well as the poststroke short- and long-term prognosis. However, the mechanism for these associations remains unclear. We speculated that this may be because of a higher prevalence of occult PAF in patients with a prolonged QTc interval and the higher likelihood of a severe or fatal cardioembolic stroke in patients with AF than in those without AF.

Limitations
It is important to acknowledge several limitations in our study mainly related to the retrospective design, generalizability, and low statistical power. Although the baseline ECGs were retrospectively collected, they were analyzed digitally using clinically validated software, to avoid any intraobserver or interobserver variability. With regard to the measurement of carotid artery stenosis by ultrasound, ECST criteria were adopted in our stroke registry system. Because ECST methodology tends to overestimate the degree of stenosis, the number of patients with true absence of vascular cause might be higher than shown in Table 1.

It should be noted that QTc interval can be modulated by several factors, such as the circadian rhythm, meals, smoking, physical activities, serum electrolytes, and medication. Even at the same time of the day, the parasympathetic and sympathetic nervous system modulate QTc interval to different degrees. To complicate matters further, AIS itself, particularly in the right insula or posterior circulation regions, may prolong QTc interval. Although intravital individual QTc variability should have compensated to avoid possible bias, it was difficult to determine the relative influence of all above-mentioned factors. Furthermore, there is also considerable ethnic variability in QTc interval. However, bias because of ethnic variability is perceived to be small in the current study because we included only East Asian subjects.

The procedure for the poststroke cardiac work-up might also have some limitations. In the present study, all patients underwent 24-hour Holter ECG monitoring and continuous bedside monitoring for ≥48 hours. The duration of the bedside monitoring was further extended depending on the case, particularly in cases of cryptogenic stroke; it was not consistent among studied patients. This is potentially a vital bias because of the retrospective settings and might also lessen the comparability

### Table 2. Multiple Logistic Regression Analysis for Poststroke Paroxysmal Atrial Fibrillation

<table>
<thead>
<tr>
<th>Variable</th>
<th>OR (95% CI)</th>
<th>P Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, y</td>
<td>1.02 (0.99–1.04)</td>
<td>0.13</td>
</tr>
<tr>
<td>Men</td>
<td>0.91 (0.68–1.23)</td>
<td>0.55</td>
</tr>
<tr>
<td>Dyslipidemia</td>
<td>0.83 (0.62–1.11)</td>
<td>0.23</td>
</tr>
<tr>
<td>Absence of vascular cause</td>
<td>2.20 (1.59–3.14)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Congestive heart failure</td>
<td>0.86 (0.50–1.39)</td>
<td>0.57</td>
</tr>
<tr>
<td>LAD dilation on TTE</td>
<td>1.98 (1.43–2.74)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Admission NIHSS per 1-point increase</td>
<td>1.12 (1.08–1.17)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>AV conduction block</td>
<td>1.25 (0.82–1.86)</td>
<td>0.29</td>
</tr>
<tr>
<td>QTc interval per 10-ms increase</td>
<td>1.41 (1.24–1.61)</td>
<td>&lt;0.001</td>
</tr>
</tbody>
</table>

CI indicates confidence interval; LAD, left atrial dimension; NIHSS, National Institute of Health Stroke Scale; OR, odds ratio; and TTE, transthoracic echocardiography.
with relevant past reports. In a future prospective study, we plan to set a more standardized protocol of cardiac tests.

As mentioned above, we conducted 272 hours of ECG monitoring on every patient. According to a previous review, 24-hour Holter ECG monitoring, which is the most widely used screening test, led to the identification of PAF in only ≈5% of patients with AIS.42 Seventy-two-hour ECG monitoring improved the PAF detection when compared with standard 24-hour Holter ECG; the number of patients in whom PAF was detected nearly doubled.35 More recent evidence revealed that weeks 36 and years 37 of extended ECG monitoring yield much better results. Although a standard protocol for ECG monitoring with longer period would have been useful to avoid a possible bias of results, a complete cardiac evaluation helps predict PAF in patients with stroke.38 It has also been comprehensively considered in a future study. To avoid a possible bias of results, a complete cardiac evaluation might be comprehensively considered in a future study.

Conclusions

We showed the possibility of using QTc interval on initial 12-lead ECG for poststroke PAF prediction. The present study may provide an important and useful information for the management of cryptogenic stroke and guide future prospective studies with larger multicenter cohorts aimed at validating our findings.

Disclosures

None.

References


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Prolonged QTc Interval Predicts Poststroke Paroxysmal Atrial Fibrillation

Takao Hoshino, MD, PhD; Takehiko Nagao, MD, PhD; Tsuyoshi Shiga, MD, PhD, et al.

1 Department of Neurology; and 2 Department of Cardiology, Tokyo Women’s Medical University, Tokyo, Japan.

脳卒中後の発作性心房細動を予測する

背景および目的：発作性心房細動（PAF）の発症は、急性虚血性脳卒中患者ではしばしば困難である。本研究では、急性虚血性脳卒中後のPAFの発症における心拍数で補正したQTc（QTc）間隔延長の的中率を評価した。

方法：本研究には我々の脳卒中診療登録システムから連続的に抽出した急性虚血性脳卒中患者972例を対象とした。除外基準は、（1）1回目の12誘導心電図（ECG）における心房細動（AF）（n = 171）、（2）過去のPAFの診断（n = 47）、および（3）心臓ベーカメールの使用（n = 10）とした。972例中744例（平均年齢67.6歳、男性：62.6%）を解析対象とした。PAF患者と非PAF患者で臨床的特徴と12誘導ECG所見を比較し、多重ロジスティック回帰分析を行い脳卒中後のPAFの予測因子を同定した。

結果：脳卒中後の心房の精密検査により、744例中69例（9.3%）の新規PAF症例が明らかになった。QTc間隔はPAF患者の方が非PAF患者よりも有意に長かった（436 ms対417 ms；p < 0.001）。多重変数分析では、QTc間隔の10 msの増加がPAFのリスク増加と関連していた（オッズ比 = 1.41；95%信頼区間：1.24 ～ 1.61；p < 0.001）。このデータセットでは、受信者動作特性曲線で計算したQTc間隔の最適閾値は438 msで、曲線下面積は0.73であった。

結論：QTc間隔延長は、脳卒中後のPAF発症の強力かつ有益な予測因子と考えられる。

Stroke. 2015; 46:71-76. DOI: 10.1161/STROKEAHA.114.006612.

表2 脳卒中後の発作性心房細動の多重ロジスティック回帰分析

<table>
<thead>
<tr>
<th></th>
<th>OR (95%CI)</th>
<th>p値</th>
</tr>
</thead>
<tbody>
<tr>
<td>年齢（歳）</td>
<td>1.02 (0.99-1.04)</td>
<td>0.13</td>
</tr>
<tr>
<td>性別</td>
<td>0.91 (0.88-1.23)</td>
<td>0.55</td>
</tr>
<tr>
<td>脳性心不全</td>
<td>0.83 (0.62-1.11)</td>
<td>0.23</td>
</tr>
<tr>
<td>血管性の原因なし</td>
<td>2.20 (1.59-3.14)</td>
<td>&lt; 0.001</td>
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<td>うっ血性心不全</td>
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</tr>
<tr>
<td>TTEで認められた左房径拡大</td>
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<td>QTc間隔の10ms増加</td>
<td>1.41 (1.24-1.61)</td>
<td>&lt; 0.001</td>
</tr>
</tbody>
</table>

CI：信頼区間、LAD：左房径、NIHSS：米国国立衛生研究所発症スケール、OR：オッズ比、TTE：超音波心エコー。

図 QTc間隔で層別化した発作性心房細動（PAF）患者と非PAF患者の分布。棒グラフ内の数値はPAF患者（黒）と非PAF患者（灰色）の数。*p < 0.001。
Abstract 3

Prolonged QTc Interval Predicts Poststroke Paroxysmal Atrial Fibrillation

Takao Hosih I, MD, PhD; Takehiko Nagao, MD, PhD; Tsuyoshi Shiga, MD, PhD; Kenji Maruyama, MD, PhD; Sono Toi, MD, PhD; Satoko Mizuno, MD; Kentaro Ishizuka, MD; Satoru Shimizu, MD, PhD; Shinichro Uchiyama, MD, PhD; Kazuo Kitaragawa, MD, PhD

(Stroke, 2015;46:71-76.)

Key Words: atrial fibrillation ■ electrocardiography ■ stroke

배경과 목적

발작성 심방세동(paroxysmal atrial fibrillation, PAF)은 급성 허혈뇌졸중 환자에서 때때로 발견하기 어렵다. 이 연구는 심박수로 보정한 QT 간격(QT interval corrected for heart rate, QTc interval) 연장의 급성허혈뇌졸중 이후 PAF 발생에 대한 예측도 (predictive value)를 평가하는 것을 목표로 하였다.

방법

관찰 허혈뇌졸중 환자등록자료로부터 연속적으로 추출한 972명의 급성허혈뇌졸중 환자를 등록하였다. 대상기간은 다음과 같았다: (1) 초기 12-시자심전도에서 AF (n=171); (2) 이전에 진단된 PAF (n=47); (3) 심장박동조음기 사용(n=10). 환자 972명 중 744명(평균 연령, 67.6세; 남성, 62.6%)을 본격 대상으로 하였다. 환자의 임상적 특징 및 심전도에서 PAF 유무에 따른 12-시자심전도 결과를 비교하여, 허혈뇌졸중 이후 PAF의 예측 인자를 판별하기 위한 다중 로지스틱 회귀분석을 시행하였다.

결과

허혈뇌졸중 이후 심장 조사로 환자 744명 중 69명(9.3%)에서 새로운 PAF 증례를 발견할 수 있었다. QTc 간격은 PAF가 있는 환자에서 PAF가 없는 환자에 비하여 유의하게 길었다(436 대 417 ms).

Figure 3. Relationship between different antithrombotic therapies and the annual risk of intracranial hemorrhage in Chinese patients with atrial fibrillation. Q1: Time in therapeutic range (TTR) at first quartile; Q2: TTR at second quartile; Q3: TTR at third quartile; and Q4: TTR at fourth quartile.
表 1. Baseline Characteristics of Patients With and Without PAF

<table>
<thead>
<tr>
<th></th>
<th>Overall (n=744)</th>
<th>PAF (n=69)</th>
<th>No PAF (n=675)</th>
<th>P Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, y, mean (SD)</td>
<td>67.6 (14.1)</td>
<td>73.4 (12.3)</td>
<td>67.0 (14.1)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Men</td>
<td>466 (62.6)</td>
<td>40 (58.0)</td>
<td>426 (63.1)</td>
<td>0.40</td>
</tr>
<tr>
<td>Hypertension</td>
<td>508 (68.3)</td>
<td>51 (73.9)</td>
<td>457 (67.7)</td>
<td>0.28</td>
</tr>
<tr>
<td>Diabetes mellitus</td>
<td>299 (40.8)</td>
<td>25 (36.2)</td>
<td>274 (40.0)</td>
<td>0.48</td>
</tr>
<tr>
<td>Dyslipidemia</td>
<td>363 (48.8)</td>
<td>26 (37.7)</td>
<td>337 (49.9)</td>
<td>0.051</td>
</tr>
<tr>
<td>Chronic kidney disease</td>
<td>200 (26.9)</td>
<td>17 (24.6)</td>
<td>183 (27.1)</td>
<td>0.66</td>
</tr>
<tr>
<td>Absence of vascular cause</td>
<td>421 (56.7)</td>
<td>54 (78.3)</td>
<td>367 (54.5)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Congestive heart failure</td>
<td>45 (6.0)</td>
<td>8 (11.6)</td>
<td>37 (5.5)</td>
<td>0.43</td>
</tr>
<tr>
<td>Previous coronary artery disease</td>
<td>133 (16.8)</td>
<td>10 (14.5)</td>
<td>111 (16.4)</td>
<td>0.64</td>
</tr>
<tr>
<td>LAD dilation on TTE</td>
<td>138 (18.5)</td>
<td>26 (37.7)</td>
<td>112 (16.6)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Previous medications</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ACEIs or ARBs</td>
<td>232 (31.2)</td>
<td>23 (33.3)</td>
<td>209 (31.0)</td>
<td>0.69</td>
</tr>
<tr>
<td>Calcium channel blockers</td>
<td>209 (28.1)</td>
<td>24 (34.8)</td>
<td>185 (27.4)</td>
<td>0.20</td>
</tr>
<tr>
<td>β-blockers</td>
<td>96 (12.9)</td>
<td>7 (10.1)</td>
<td>89 (13.2)</td>
<td>0.46</td>
</tr>
<tr>
<td>Dipsos</td>
<td>4 (0.5)</td>
<td>0 (0)</td>
<td>4 (0.6)</td>
<td>0.38</td>
</tr>
<tr>
<td>Admission NIHSS, median (QR)</td>
<td>6 (3–10)</td>
<td>10 (4.5–19)</td>
<td>6 (3–9)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Heart rate, bpm, mean (SD)</td>
<td>72.5 (14.1)</td>
<td>72.0 (19.1)</td>
<td>72.5 (13.5)</td>
<td>0.77</td>
</tr>
<tr>
<td>QTc interval, ms, mean (SD)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Overall patients</td>
<td>419 (21.9)</td>
<td>436 (26.8)</td>
<td>417 (20.5)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Patients admitted in the daytime*</td>
<td>419 (21.9)</td>
<td>439 (28.8)</td>
<td>417 (21.3)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Patients admitted in the nighttime†</td>
<td>418 (22.9)</td>
<td>439 (28.8)</td>
<td>417 (21.3)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Pathological ECG findings</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>AV conduction block</td>
<td>73 (9.8)</td>
<td>12 (17.4)</td>
<td>61 (9.0)</td>
<td>0.040</td>
</tr>
<tr>
<td>Q wave</td>
<td>57 (7.7)</td>
<td>7 (10.1)</td>
<td>50 (7.4)</td>
<td>0.43</td>
</tr>
<tr>
<td>ST segment</td>
<td>90 (12.1)</td>
<td>11 (15.9)</td>
<td>79 (11.7)</td>
<td>0.32</td>
</tr>
<tr>
<td>T wave</td>
<td>90 (12.1)</td>
<td>11 (15.9)</td>
<td>79 (11.7)</td>
<td>0.32</td>
</tr>
<tr>
<td>Right bundle branch block</td>
<td>49 (6.6)</td>
<td>6 (8.7)</td>
<td>43 (6.4)</td>
<td>0.48</td>
</tr>
<tr>
<td>Left bundle branch block</td>
<td>18 (2.4)</td>
<td>3 (4.4)</td>
<td>15 (2.2)</td>
<td>0.32</td>
</tr>
<tr>
<td>Left ventricular hypertrophy</td>
<td>52 (7.0)</td>
<td>9 (13.0)</td>
<td>43 (6.4)</td>
<td>0.050</td>
</tr>
<tr>
<td>Premature atrial contraction</td>
<td>34 (4.6)</td>
<td>9 (13.0)</td>
<td>25 (3.7)</td>
<td>0.003</td>
</tr>
<tr>
<td>Premature ventricular contraction</td>
<td>40 (5.4)</td>
<td>7 (10.1)</td>
<td>33 (4.9)</td>
<td>0.004</td>
</tr>
</tbody>
</table>

*Unless otherwise indicated, figures are expressed as n (%). ACEI indicates angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; IQR, interquartile range; LAD, left atrial dimension; NIHSS, National Institute of Health Stroke Scale; PAF, paroxysmal atrial fibrillation; and TTE, transthoracic echocardiography.

Abstract 4

무증상 경동맥 협착 환자에서 시행한 경동맥 스템트 삽입술 및 동맥내막절제술 이후 조기 결과

Early Outcomes After Carotid Artery Stenting Compared With Endarterectomy for Asymptomatic Carotid Stenosis

Jay Chol Choi, MD; S. Claiborne Johnston, MD, PhD; Anthony S. Kim, MD, MAS

(Stroke. 2015;46:120-125.)

Key Words: carotid stenosis ■ endarterectomy, carotid ■ propensity score ■ stents ■ stroke

배경과 목적

무증상 경동맥 협착에 대한 경동맥 스템트 삽입술(carotid artery stenting, CAS)과 경동맥내막절제술(carotid endarterectomy, CEA) 사이의 상호 비교 효과에 대하여 결론을 내릴 수 있는 무작위당 일상 시험 결과가 현재로서는 발표되지 않았다. 그러나 CAS는 점차 널리 확산되고 있어서, 미국의 일부 지역에서는 CEA를 사상상 대체하고 있다.

방법

University HealthSystem Consortium에 참여하는 모든 수련 병원의 협력자들을 조사하여, 2010년 1월부터 2012년 12월까지 무증 상 경동맥 협착으로 CEA 혹은 CAS를 받은 환자의 기타를 수집하였다. CAS 및 CEA 이후의 원내 사망 및 추적 후 뇌졸중 발생률을 다변수 로지스틱 회귀분석, 성향 점수 매칭 및 다수변 혼합 효과 모형(multilevel mixed-effect model)을 이용하여 해당 시험을 받은 환자의 기초적 특성을 영향을 보정하였다.

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P<0.001), QTc 간격의 매 10-ms 연장은 다변량 보정 이후에도 PAF의 위험증가와 관련이 있었다(OR, 1.41; 95% CI, 1.24–1.61; P<0.001). 수신자효과적(reciever–operating characteristics, ROC) 곡선에 의해 계산된 QTc 간격의 최적 임계 값(optimal threshold value)은 438 ms이었고, 곡선 아래면적(area under the curve)은 이 데이터 세트에서 0.73이었다.

결론

QTc 간격 연장은 잡종증 이후 PAF의 강력하고 유용한 예측 인자이다.